

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Humboldt * Ida *
Pocahontas * Sac * Woodbury

Regional Adult / Children Advisory Board Minutes

Meeting will be held via Zoom

Monday, February 26, 2024 at 1:00 p.m.

1. Call to Order / Welcome and Introductions – Kim Keleher, Chair

Dawn Mentzer, CEO; Kelsey Allen, Administrative Assistant; Theresa Jochum, Caylyn Bishop, Lisa Bringle, Alison Hauser, Coordinators; Kathy Erickson, MHA; Ashley Miller, PAMHC; Clay Adams, Deidra Brown, Wesco; Joleen Schmit, Calhoun County Public Health; Nicolle Eaton, Jessi Maxwell, SMHC; Teresa Magnussen, Anita Schlender, Imagine the Possibilities; Robert Fritz, Juvenile Court Services; Karla Manternach, Counseling Services, LLC; Darci Peterson, Stewart Memorial; Jenna Brown, New Hope Village; Becky Shelton, ITP; Stacey Warner, Michelle Schaller, Trivium; Cindy Wilde, Goodwill; Sheri Porter, Simple Life; Amber Schon, Chad Jensen, New Opportunities; Jean Heiden, Crawford County Supervisor; Kevin Grieme, Siouxland District Health.

2. FY'25 Annual Service and Budget Plan

Dawn Mentzer discussed the FY'25 ASBP which is due to the State by April 1, 2024. Please see FY'25 Annual Service and Budget Plan attached at the end of the minutes for detailed information.

Dawn believes the region should utilize the fund balance; we will receive lower payments from the State but we will not be required to return any monies. Any funds the region has left after FY'25 will go back to the State for the new Behavioral Health Districts. Once approved by the Advisory Board, the budget will go to the Governance Board on Wednesday, February 28, 2024, then to the State.

A motion to approve the FY'25 Annual Service and Budget Plan as presented by Teresa Magnussen. Second Jean Heiden. Discussion: None. Motion carried unanimously.

3. Governor's Behavioral Health Alignment Legislation

Dawn Mentzer mentioned the many meetings she has attended about the upcoming alignment.

Please see HHS Behavioral Health Bill attached at the end of the minutes for detailed information.

ASO's must achieve the outcomes shown to receive money going forward. There will be no regions as of July 1, 2025. Disability services will align with Aging. The current 13 Mental Health Regions and 19 Substance Use Regions will align to become seven districts with one ASO per district, however, one ASO can cover more than one district. There will no longer be any governance boards, only an advisory board for each district consisting of nine members, which will be overseen by HHS. There will be an elimination of certain code sections including select sections of Chapter 125 and the entirety of chapters 142A, 225C, 227, 230A, and 347B.

Effective July 1, 2024, renames 231 to Aging and Disability Services and repeals sections 225C.35-225C.42 & 225C.45.

Effective July 1, 2025, moves disability services section from 225c to 231.

Deidra Brown asks if there is any indication for non-core services, such as transitional living. Dawn Mentzer states there is nothing for non-core services, however, it does not contain anything about core services continuing either, that could possibly be taken care of through contracts. At this point there is no mention.

Chad Jensen believes the change is going to be difficult and will look very different. The speed is very uncomfortable as we have all have spent years getting to where we are now and now things are being turned upside down. Chad is a believer in change and transition but the right speed is needed for our patients and clients. He encouraged everyone to have a voice and speak to legislatures.

Dawn Mentzer shared that the power point does not show that they are limiting administrative costs to 7%, which could be concerning depending on the size of the district and number of staff, our area is 19 counties. The RFP will not be released until November or December 2024.

Teresa Magnussen asks if HHS is tweaking any geographic areas.

Dawn Mentzer shared there has been discussion on that, some regions are going to be losing and/or gaining counties so that may require some modifications. Dawn does not foresee any changes to the map.

Dawn Mentzer shared that she has been in discussion with other regions to form a proposal for the RFP to HHS but feels the need to wait for the RFP to come out. She is having many conversations as we cannot do this on our own, we need partnership with providers. Dawn feels comfortable sharing that we are not sitting idle and we are moving forward. Multiple regions have reached out to merge together to form a district and she is working hard to get the best outcome for everyone involved. Dawn is relying on everyone for expertise in their areas.

Kevin Grieme shared his opinion from a public health administrator. The State would determine regions while allowing input from locals. He is fearful they will force public health to follow suit. ISAC is still undecided.

Stacey Warner shared that she has incredibly valued the nature of working with the region and how we have run the system. She has a lot of respect for the work of the region. Nicole Eaton claps in agreement.

Dawn will keep everyone informed with any updates or changes and would appreciate it if anyone receives anything to please pass it on.

4. Provider Updates?

Caylyn Bishop explained how the counties that Leisa Mayer left when she retired have been dispersed; Lisa Bringle covers Sac County, Alison Hauser covers Calhoun County, and Caylyn Bishop covers Carroll County.

Clay Adams shared they are looking for a new home for their day habilitation program as their current lease is up in May 2024. Tara Trierweiler stepped away from her position as coordinator and they are looking for a replacement. There is a grant to build a new HCBS Waiver Home with only four beds allowed, hoping for some five-bed exceptions.

Deidra Brown shared they are currently full with seven clients and five on the waiting list. They had 1,344 bed days from July 2023 through January 2024. Deidra expressed her gratitude to the region; it has been easy working with everyone within the region and she greatly appreciates everything we have done and continue to do for them.

Michelle Schaller shared that they are the only IRSH program with 8-beds in the State of Iowa.

Teresa Magnussen shared they still have five 4-bed homes. Nothing else to share.

5. Next Meeting: March 25, 2024 1:00

A motion to schedule the next meeting for March 25, 2024, at 1:00pm by Clay Adams. Second Karla Manternach. Discussion: None. Motion carried unanimously.

6. Adjourn

A motion to adjourn by Jean Heiden. Second Clay Adams. Discussion: None. Motion carried unanimously.

Minutes recorded by Kelsey Allen, Administrative Assistant.