



Rolling Hills

Community Services Region

Governance Board Meeting

Rolling Hills Regional Office, 605 Cayuga St. Storm Lake

October 25, 2023 at 2:30 p.m.

Minutes

- 1) **Call to Order –Chairman, Paul Merten**
- 2) **Roll Call of Governance Board Members**

Buena Vista: Paul Merten

Calhoun: Scott Jacobs

Carroll: Gene Meiners (Zoom)

Cherokee: Cheryl Ellis (absent)

Pocahontas: Clarence Siepker (Zoom)

Woodbury: Matthew Ung (Zoom)

Education System: Joan Hansen (Zoom)

Calhoun County (Family Representative): Joleen Schmit, Calhoun County Public Health (absent)

Woodbury County (Family Representative): Jamaine Wamburg (Zoom)

Plains Area Mental Health (Provider Representative): Kim Keleher (Zoom)

Juvenile Court Services: Steve Kremer (Zoom)

Law Enforcement Representative: Brian Flikeid (Zoom)

Children's Provider Representative: Kim Scorza (Zoom)

Regional Staff: Dawn Mentzer, CEO; Kelsey Allen, Administrative Assistant; Caylyn Bishop, Theresa Jochum, Lisa Bringle, Leisa Mayer, Coordinators (Zoom).

Guests: Nicolle Eaton, Morgan Haskell, SMHC; Ashley Miller, Tracy Delao, PAMHC; Clay Adams, Deidra Brown, Tara Trierweiler, Wesco; Jean Heiden, Crawford County; Mindi Rotert, St. Anthony's; Stacey Warner, Trivium; Cindy Wilde, Goodwill; Sandy Loney, Humboldt County; Dan Ries, Seasons Center; Sheri Porter, Simple Life.

- 3) **Minutes of Previous Meeting – Action**

A motion to approve the August 30, 2023, minutes as presented by Gene Meiners. Second Clarence Siepker. Discussion: None. Motion carried unanimously.

4) Approval of Agenda – Action

Changes/additions: Dawn Mentzer stated that items 7-b and 7-d need to be Action items.

A motion to approve the agenda as amended by Kim Scorza. Second Joan Hansen. Discussion: None. Motion carried unanimously.

5) Comments from the Public: Everyone will have an opportunity to speak. Therefore, comments may be limited to three minutes on any one item.

None.

6) Unfinished Business

a) August & September 2023 Financial Report -Action

Dawn Mentzer presented the August and September 2023 financial report as summarized:

Beginning balance as of 9/1/23	\$6,463,674.07
Expenditures	\$527,193.46
Revenues	<u>\$2,497,346.93</u>
Ending balance as of 9/30/23	\$8,433,827.54

Revenue from 7/1/23 – 9/30/23 was \$4,493,724.20. Expenditures from 7/1/23 – 9/30/23 were \$1,538,635.94 (82.21% remaining). FY'24 budget of \$8,650,277.00.

A motion to approve the August & September 2023 Financial Reports as presented by Jamaine Wamburg. Second Kim Keleher. Discussion: None. Motion carried unanimously.

7) New Business

a) Conflict of Interest Policy/Statement - Action

Dawn Mentzer discussed the policy created by Gary Jones for all board members to sign, this will need to be done annually which would be best done in January when we are assigning the Chairman. Dawn requested that all board members sign a copy and return it to her. Paul Merten believes this will help clear up any issues. Paul asked if the board members should wait until January to sign. Dawn Mentzer states that everyone will need to sign now and again in January. Paul Merten asked if there are any issues with the policy. Kim Scorza believes it is very well written.

A motion to approve the Conflict of Interest Policy/Statement as presented by Clarence Siepker. Second Scott Jacobs. Discussion: None. Motion carried unanimously.

b) FY'23 Annual Report – Dawn Mentzer

Dawn Mentzer gave a brief summary of the FY'23 Annual Report which included the following: Individuals Served by Diagnostic category and Unduplicated Counts of Persons Served; Designation of Intensive Mental Health Services – IRSH, Access Center, Subacute and ACT; Financials - Expenditures were \$7,613,177.18. Revenues were \$6,974,460.85. Total Funds Available for FY'23 of \$12,946,469.85; Ending Fund Balance of \$5,333,292.67. The last section contains Outcomes/Regional Accomplishments including data from our Mental Health Centers on services

provided, Stepping Stones and ITP. The provider reports are at the end. The Advisory Board approved this on Monday, October 23, 2023, and it is due on December 1, 2023. If approved today, Dawn will send it to HHS.

Maggie Martinez asked if it is possible to determine what county the people being served at the Access Center are from. Nicolle Eaton stated they served almost every county in the region but she is unsure of Ida County. Maggie Martinez is looking for percentages and will call Nicolle Eaton for percentages.

A motion to approve the FY'23 Annual Report as presented by Gene Meiners. Second Steve Kremer. Discussion: None. Motion carried unanimously.

c) Advisory Board Update – Kim Keleher, Plains Area Mental Health Center

Kim Keleher shared that the Advisory board met in September and again on Monday, October 23, 2023. September consisted of a crisis services update; a new referral process should be rolling out soon for the three regions; an IRSH update; a discussion of the Advanced De-Escalation Training hosted by the region; establishing money for provider trainings; and the CCBHC grant process. October consisted of a crisis services update; SMHC gave a virtual tour of their child/adolescent center; there was no one available for an IRSH update; the annual report was approved; several providers shared future trainings.

d) Provider Training Needs Recommendation, Kim Keleher, Plains Area Mental Health Center

Kim Keleher stated that the Advisory Board approved this recommendation at the September meeting, establishing a \$50,000.00 budget that Dawn Mentzer can approve as training requests come across her desk. This is easier than waiting for another board meeting to wait for approval as we would have the money in the budget to do so. Paul Merten stated this was discussed at the last meeting as well. Kim Scorza supports this recommendation as she trusts Dawn's decision. Gene Meiners also believes that Dawn will know what to approve and when to say no. Kim Keleher stated the training needs have to support the Region's mission and must be related training for mental health or behavioral health.

A motion to approve the authorization of up to \$50,000.00 for training needs to be distributed by Dawn Mentzer as presented by Gene Meiners. Second Kim Scorza. Discussion: None. Motion carried unanimously.

e) Certified Community Behavioral Health Clinic Grant, Kim Keleher, Plains Area Mental Health Center

Kim Keleher stated the RFP did not come out in September as predicted and now anyone is eligible to apply as long as they are accredited under Chapter 24 and licensed as a substance use provider. The state wanted to split Iowa into nine regions which meant that ours would have 22 counties. An applicant has to choose at least three counties and those counties must have a population of 12,000 or more MEDICAID enrolled persons, currently we have Woodbury and Calhoun. If you want to apply, you must submit it by November 3, 2023, and meet the required nine services. There are several providers applying in this area. The state will make an announcement on December 5, 2023, and must choose at least two providers in this round. Providers must then be state certified by March 2024, they will then establish a prospective payment and negotiate rates with chosen CCBHC's. Kim believes this is a good thing, it is just a little bumpy moving through it. Paul Merten asked if the state only wants two CCBHC's. Kim Keleher stated there will be more but the state must choose at least two in order to apply to be a demonstration state, basically becoming a CCBHC state that is Medicaid reimbursed. They could choose ten or 20, it is up to the state.

f) Virtual Tour SMHC Child/Adolescent Center – Morgan Haskell, Siouxland Mental Health Center

Morgan Haskell shared a virtual tour of the SMHC Child and Adolescent Center. Paul Merten shared that Gene Meiners, Dawn Mentzer and himself were present for the ribbon cutting and were very impressed with the community turn out and the building. Morgan Haskell thanked the Region for the support they've given, it is greatly appreciated.

g) Schedule next meeting: December 20, 2023, 2:30pm

A motion to schedule the next meeting for December 20, 2023, at 2:30pm by Joan Hansen. Second Kim Keleher. Discussion: None. Motion carried unanimously.

h) Adjourn

A motion to adjourn by Clarence Siepker. Second Scott Jacobs. Discussion: None. Motion carried unanimously.

Minutes recorded by Kelsey Allen, Administrative Assistant.