

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Humboldt * Ida *
Pocahontas * Sac * Woodbury

Regional Adult / Children Advisory Board Minutes
Meeting will be held via Zoom
Monday, September 26, 2023
1:00 p.m.

1. Call to Order / Welcome and Introductions- Kim Keleher, Chair

Dawn Mentzer, CEO; Kelsey Allen, Administrative Assistant; Lisa Bringle, Theresa Jochum, Leisa Mayer, Caylyn Bishop, Coordinators; Kim Keleher, Tracy Delao, Ashley Miller, PAMHC; Joan Hansen, Prairie Lakes AEA; Clay Adams, Deidra Brown, Wesco; Joleen Schmit, Calhoun County Public Health; Nicolle Eaton, SMHC; Christy Jenkins, Amber Schon, Chad Jensen, New Opportunities; Anita Schlender, Imagine the Possibilities; Stacey Warner, Michelle Schaller, Trivium; Jamaine Wamberg, Woodbury County Family Representative; Steve Kremer, Juvenile Court Services; Karen Rosengreen, Seasons Center; Karla Manternach, Counseling Services, LLC; Darci Peterson, Stewart Memorial; Mindi Rotert, St. Anthony's.

2. Crisis Services Referral Process – Nicolle Eaton

Nicolle Eaton shared that SMHC, PAMHC, and Season's Center have been working with regional CEO's and the CEOs of each provider to get a universal referral form out. Seasons Center is opening a new location in Spencer, the new referral form will go out after the opening. Stacey Warner and Michelle Schaller agree this is a great collaboration.

Karen Rosengreen shared that the new location for Seasons Center is hoping to open mid-November. There have been a few construction delays, however, the location should open prior to Thanksgiving. Schaller stated that she will email Dawn information on the open house to disperse to everyone.

3. Siouxland Mental Health Center Child/Adolescent Center Virtual Tour – Morgan Haskell

Dawn Mentzer explained that Morgan Haskell cannot attend today, however, she will be showing the Governance Board a virtual tour at the next meeting. Paul Merten and Gene Meiners attended the ribbon cutting ceremony on September 8th. This is a very impressive building with state-of-the-art level therapy. Stacey Warner also attended the ribbon cutting ceremony and shared that it is very beautifully done, it was clearly designed with kids in mind which is reflected with the bright wall colors. All the spaces for different modalitys were amazing.

4. IRSH Update – Stacey Warner/Michelle Schaler, Trivium

Michelle Schaler shared that Trivium has opened their second home for men on August 1, 2023. There are currently two clients with a third and fourth preparing to join at the end of September. The waitlist currently has three people. Dawn Mentzer asked if the men are from Rolling Hills. Michelle Schaller stated two of them came from Cherokee MHI. Caylyn Bishop stated that Trivium accepted one of her clients from Stepping Stones, this was the first IRSH referral and it was a smooth process. She received positive feedback from her client and Stepping Stones. Michelle Schaller stated they began video interviewing during the application process and that has helped get more questions answered and helps clients feel more comfortable with the staff. Kim Keleher is excited to see their success continue. Stacey Warner shared they are still finalizing the IRSH agreement with Molina as an MCO.

5. Advanced De-escalation Training Results/Provider Training Funding Recommendation -Action Dawn Mentzer discussed the trainings that are provided by the regions which can be located on the Iowa MHDS website and also on the Rolling Hills website. Advanced De-Escalation Training was held September $6^{th}-8^{th}$ in Storm Lake. There was a limit of 20 attendees and we had 18 people registered but only 16 showed up. We received a lot of positive feedback from attendees.

Dawn Mentzer shared that Kim Keleher has suggested there be \$50,000.00 designated in each fiscal year's budget for provider training. Kim Keleher believes this would be great and easily accessible instead of waiting for the Governance Board's approval.

A motion to approve the recommendation to the Governance Board for \$50,000.00 earmarked in the budget for provider trainings to be approved by Dawn Mentzer as presented by Karla Manternach. Second Anita Schlender. Discussion: None. Motion carried unanimously.

6. Health and Human Services CCBHC Grant Process – Kim Keleher Kim Keleher discussed updates on the CCBHC grant process and stated they are waiting for the Request for Proposal (RFP) to come out. The state applied for and was awarded a development planning grant, they have held many stakeholder committee groups and now the next step in the process is to get the RFP and designate CCBHC's. They have split the state into nine CCBHC Catchment Areas, with 22 counties in our region, and want to designate one provider in each of the nine regions. There is a state process for becoming CCBHC certified. The biggest issue is the size of the regions, if you are designated as the CCBHC you must provide 51% of services. A DCO agreement would be necessary between the main CCBHC and all other providers, all money would flow through one and disperse to the others. They have cancelled the September stakeholder meeting with the next one being in October. Kim stated they are unaware of any requirements, which means they can't begin collaborating with any other providers. Chad Jensen is a part of the stakeholder committee and he shared that everything has been presented to them, however, not much has happened with the recommendations and concerns. Kim Keleher is hopeful the RFP will come out this week. They will probably want providers to apply within 30 days. Dawn Mentzer asked when they canceled the meeting for this week. Chad Jensen stated they canceled it two weeks ago with no reason. Kim Keleher stated the potential regional map could be inaccurate as the stakeholder meetings show something else. She believes our state is doing something completely different than others by making us compete against other providers for the head CCBHC role. Dawn Mentzer believes the Governance Board needs to have a better understanding of the CCBHC. Stacey Warner asked if anyone is on the committees for learning about the CCBHCs and if they would recommend joining. Kim Keleher responded yes to both.

7. Provider Updates?

Stacey Warner shared they have just released a podcast called "Talks With Trivium" with Michelle Schaller as host. It is available on Apple Podcasts, Spotify and Prime.

Clay Adams shared they had a client get accepted into the men's IRSH home and it went very well. Stepping Stones is currently full and has been full all summer. Wesco is looking for more support staff for Tara.

Tracy Delao shared that the dates for ASIST training in 2024 will be sent out soon.

8. Next Meeting: October 23, 2023 1:00p.m.