



**Rolling Hills
Community Services Region
Governance Board Meeting
Rolling Hills Regional Office, 605 Cayuga St. Storm Lake
August 30, 2023 at 2:30 p.m.**

Minutes

- 1) Call to Order –Chairman, Paul Merten**
- 2) Roll Call of Governance Board Members**

Buena Vista: Paul Merten

Calhoun: Scott Jacobs (absent)

Carroll: Gene Meiners

Cherokee: Cheryl Ellis (absent)

Pocahontas: Clarence Siepker

Woodbury: Matthew Ung (Zoom)

Education System: Joan Hansen (Zoom)

Calhoun County (Family Representative) - Joleen Schmit, Calhoun County Public Health (Zoom)

Woodbury County (Family Representative) - Jamaine Wamburg (Zoom)

Plains Area Mental Health: Kim Keleher, ex-officio member

Juvenile Court Services: Steve Kremer (Zoom)

Law Enforcement Representative: Brian Flikeid (Zoom)

Children’s Provider Representative: Kim Scorza

Regional Staff: Dawn Mentzer, CEO; Kelsey Allen, Administrative Assistant; Caylyn Bishop, Theresa Jochum (Zoom), Alison Hauser (Zoom), Leisa Mayer (Zoom), Coordinators.

Guests: Jean Heiden (Zoom), Crawford County; Sandy Loney, Humboldt County; Ashley Miller, Heidi Lohff, Tracy Delao, PAMHC; Nicolle Eaton, Amy Schlotman, SMHC; Adam Lybarger, Camp Autumn; Taya Vonnahme (Zoom), Manning Recovery Center; Clay Adams (Zoom), Wesco; Cindy Wilde (Zoom), Goodwill; Rob Aiken (Zoom), HHS; Mindi Rotert (Zoom), St. Anthony’s; Stacey Warner (Zoom), Trivium. (Zoom)

- 3) Minutes of Previous Meeting – Action**

A motion to approve the July 18, 2023, minutes as presented by Gene Meiners. Second Kim Keleher. Discussion: None. Motion carried unanimously.

4) Approval of Agenda - Action

Changes/additions: Dawn Mentzer would like to add the Regional Management Plan, changes need to be approved for the September meeting, add as D under unfinished business.

A motion to approve the agenda as amended by Clarence Siepker. Second Kim Scorza. Discussion: None. Motion carried unanimously.

5) Unfinished Business

a) July 2023 Financial Report - Action

Dawn Mentzer presented the July 2023 financial report as summarized:

Beginning balance as of 7/1/23	\$5,337,965.24
Expenditures	\$332,507.02
Revenues	<u>\$2,423,631.48</u>
Ending balance as of 7/31/23	\$7,429,089.70

A motion to approve the July 2023 Financial Report as presented by Jamaine Wamburg. Second Kim Scorza. Discussion: None. Motion carried unanimously.

b) Revised 28E Update

Dawn Mentzer gave an overview of the changes to the 28E that were approved at the July 18, 2023, meeting. It was approved by HHS on August 14, 2023, and filed on August 21, 2023. All county auditors have a copy. Sandy Loney asked if the board of supervisors still needs to approve this. Dawn Mentzer stated that they do not need to take any action as it was decided to pass it by resolution with the existing county signatures. Gene Meiners stated we did it this way because of the timeframe. Dawn Mentzer shared that it had to be to HHS by August 1, 2023. Our attorney instructed to do it this way.

c) Crisis Services Update – Nicole Eaton, Siouxland Mental Health Center/Ashley Miller, Plains Area Mental Health Center

Nicolle Eaton shared the data from May to July which included four clients in 23-hour observation, 31 in CSRS, one adult in CSCBS, six in subacute, 18 MCAT calls, 240 crisis triage calls, and 88 non-compliant court order assist. Dawn Mentzer asks Nicolle Eaton to speak on the referral process. Nicolle Eaton discussed how the three regions are intermixed amongst SMHC, PAMHC, and Seasons Center. One referral form can be filled out and sent to all three providers, which will help with care coordination, they are hoping to roll it out within the next couple of months.

Ashley Miller shared the data for Turning Point from May to July which included 29 admissions and 436 after-hours crisis calls. September starts trauma yoga and mindfulness which was provided by a grant, it will be available twice a month for clients and staff currently in the home.

Kim Scorza asked if there is a way to breakdown the data by age and the outcomes of where

they are going. Nicolle Eaton stated that they track all of it and create a monthly regional report. At this time, providers do not have a way to pull reports out of CSN but they can request one. Brian Flikeid stated that law enforcement already has a referral form. Nicolle Eaton would like law enforcement to use the new referral form that will be provided within a couple of months. Mobile crisis can also be the referral source. Ashley Miller and Nicolle Eaton continue to meet up once a month to discuss referrals and denials, it has helped to bounce challenges and ideas off each other.

Caylyn Bishop expressed her gratitude to both SMHC and PAMHC for their continued efforts to treat clients referred by our coordinators, they may not receive exactly what you're looking for but they always find a space for a client.

d) Regional Management Plan

Dawn Mentzer discussed that the changes that were added to our 28E were also added to this, including the composition of the advisory and governance boards and old code references that no longer exist were transferred to 225 Iowa Code. A conflict-of-interest policy was also added which will be discussed at the next meeting. If a matter comes to a vote of which a board member has a conflict of interest, it must be disclosed and documented in the minutes. Outpatient competency restoration is available for our region but hasn't been established yet. If the Management Plan is approved, it will go before the commission in September. Paul Merten asked if this would be approved or if there would be an issue. Dawn Mentzer states there should be no issue. Kim Keleher asked if there is a time frame for outpatient competency restoration. Dawn Mentzer believes it is about a year out for development and wasn't going to budget for it until FY'25. Polk County Region has been tasked to be up and running by November 1st, 85% that would need the service and be eligible would be out of Polk County. Nicolle Eaton asked what percentage of clients would be from Rolling Hills. Dawn Mentzer states maybe 1%. There is a lot of unknowns with this project but the regions will have to start paying for things we didn't used to pay for.

A motion to approve the Regional Management Plan as presented by Kim Scorza. Second Brian Flikeid. Discussion: None. Motion carried unanimously.

7) New Business

a) Seasons Center Respite Request – Christina Eggink-Postma, Seasons Center – Action

Adam Lybarger expressed his gratitude to the board for the previously granted respite dollars of \$14,000.00 which provided 20 kids the opportunity to join. Camp Autumn saw 68 kids from Rolling Hills, which included nine out of the ten counties, no Humboldt County residents this summer. Three children did not qualify for financial support, which is where the request of \$2,400.00 would help. Dawn Mentzer stated that the region does little funding for kids overall and recommends we support this.

A motion to approve the request of \$2,400.00 for "Respite" as presented by Clarence Siepker. Second

Gene Meiners. Discussion: None. Motion carried unanimously.

b) Enhanced Therapeutic Housing and Services Request – Kim Scorza, Crittenton Center – Action

Kim Scorza shared that the Crittenton Center started with 20 beds and is now licensed for 24 beds. The kids at the center have nowhere else to go and all have mental health issues, they partner with PAMHC, SMHC, and Seasons Center to give the kids the best help possible. When the kids get to be around 16 years old, they begin to discuss what is the next step if they cannot go home, most of which have nowhere to go so they go to supervised apartment living. Multiple kids are being sent out of state because we do not have spaces for them to go, it is easier and better to maintain them at Crittenton Center. The kids are allowed to stay until they reach 21. This request is for six tiny homes to be built which will hold two kids in each home; the kids will continue receiving all treatment on-site 24/7-365. They are asking for \$100,000.00 for this \$1,200,000.00 project. Nicolle Eaton expressed the need for this as she experiences this on a daily basis. Kim Keleher asked where the rest of the money is coming from. Kim Scorza stated that a lot of the funds are being donated, volunteered, or pledged, blending of a lot of different monies together. There is also space for an additional six homes if needed in the future. This is one of the few shelters in the state that needed to increase beds. Dawn Mentzer brought this request to HHS for their stance and was told we need to focus on the mental health and the EBP aspect of this. HHS gave a thumbs up of approval. The furnishings are all being supplied by donations. Dawn Mentzer asked if there will be coordination with the regional coordinators. Kim Scorza said yes and also with IHH workers. Kim Scorza said there will always be an adult on campus. The state requires one staff for every five kids, but they typically have one staff for every one or three kids. They will have their own home but constant supervision along with video and audio recordings except bedrooms and bathrooms. The kids are allowed to leave the program whenever they please, but this rarely happens. There is also an on-site school. Paul Merten asked if the 24 beds include tiny homes. Kim Scorza said it does not, that is just for therapeutic.

A motion to approve the request of \$100,000.00 for Enhanced Therapeutic Housing and Services as presented by Kim Keleher. Second Gene Meiners. Discussion: None. Abstentions: Kim Scorza. Motion carried unanimously.

c) Play Therapy Request for Funding – Taya Vonnahme, Manning Regional Healthcare Center – Action

Taya Vonnahme shared they are receiving more referrals for children and would like to increase services by adding more opportunities for play therapy. Paul Merten asked if the region has had requests like this before. Dawn Mentzer said we would get these requests with CARES dollars. The only concern is that play therapy is currently offered by PAMHC and SMHC, with PAMHC covering Crawford County. Manning Regional Healthcare Center is a private provider. Taya Vonnahme stated they have attempted to refer patients there, but there are multiple reasons why that does not work including gas, travel or they cannot get in quick enough. Dawn Mentzer asked Mindi Rotert if St. Anthony's provides this. Mindi Rotert said she does not believe so, only medication management.

A motion to approve the request of \$2,244.19 for Play Therapy items as presented by Gene Meiners. Second Steve Kremer. Discussion: Dawn Mentzer asked if they will be billing Medicaid and others for services. Taya Vonnahme said yes. Dawn Mentzer stated that these are start-up costs. Motion carried unanimously. Abstentions: Kim Keleher.

d) Siouxland Mental Health Center Landscaping Request – Action

Dawn Mentzer briefly discussed the landscaping request from the June meeting. Nicolle Eaton shared the updated proposal. The bushes have become so overgrown they now cover the fence and retaining wall which is going to cause structural issues. This request is half the bid of the original quote but does not include seeding. There is a \$1,000.00 safety grant provided by ICAP that could help. Paul Merten stated that when this was originally discussed there were talks about taking the fence out. Nicolle Eaton said they are not taking fence out as the bushes are so intertwined, they would damage the retaining wall. T&T does the everyday landscaping so they originally went to them but they do not have all the equipment so they would need to rent it, which increased the cost. Paul Merten asked who will be responsible for seeding. Nicolle Eaton said that SMHC will handle that along with on-going maintenance within their budget. Seeding will probably be done sometime in October. Dawn Mentzer stated there is also a request for \$1,000.00 for incidentals or other issues that may occur when uncovering roots and weeds.

A motion to approve the request \$2,290.00 plus up to an additional \$1,000.00 for contingencies for landscaping as presented by Gene Meiners. Second Kim Scorza. Discussion: None. Motion carried unanimously.

e) Schedule next meeting: September 27, 2023 2:30 pm

A motion to schedule the next meeting for September 27, 2023 at 2:30pm by Kim Keleher. Second Joan Hansen. Discussion: None. Motion carried unanimously.

f) Adjourn

A motion to adjourn by Clarence Siepker. Second Jamaine Wamburg. Discussion: None. Motion carried unanimously.

Minutes recorded by Kelsey Allen, Administrative Assistant.