



Rolling Hills
Community Services Region
Governance Board Meeting
May 24, 2023 at 2:30 p.m.
Cobblestone Inn and Suites, 2011 Indorf Ave. Holstein

Minutes

1) Call to Order –Chairman, Paul Merten

2) Roll Call of Counties

Buena Vista: Paul Merten

Calhoun: Scott Jacobs

Carroll: Gene Meiners

Cherokee: Cheryl Ellis – via Zoom

Crawford: Jean Heiden – via Zoom

Humboldt: Sandy Loney (absent)

Ida: Creston Schubert

Pocahontas: Clarence Siepker

Sac: Mike Fischer

Woodbury: Matthew Ung (absent)

Joan Hansen – via Zoom

Joleen Schmit – via Zoom

Jamaine Wamburg – via Zoom

Kim Keleher, PAMHC (nonvoting member)

Steve Kremer, Juvenile Court Services (nonvoting member)

Regional Staff: Dawn Mentzer, CEO; Kelsey Allen, Administrative Assistant; Caylyn Bishop, Lisa Bringle, Leisa Mayer, Theresa Jochum (via Zoom), Alison Hauser (via Zoom), Coordinators.

Guests: Ashley Miller, Melissa Drey, Heidi Lohff (via Zoom), PAMHC; Brian Flikeid, Marcus/Aurelia Chief of Police; Jennifer Pullen, Berryhill Center; Kim Scorza (via Zoom), Crittenton Center; Deidra Brown, Clay Adams, Tara Trierweiler, Wesco (via Zoom); Rob Aiken, HHS (via Zoom); Mindi Rotert, St. Anthony's (via Zoom); Amanda Weber, Howard Center (via Zoom); Sheila Martin, Nicolle Eaton, Jessi Maxwell, SMHC (via Zoom); Cindy Wilde, Goodwill (via Zoom).

3) Minutes of Previous Meeting

A motion to approve the March 22, 2023, minutes as presented by Scott Jacobs. Second Gene Meiners. Discussion: None. Motion carried unanimously.

4) Approval of Agenda

Changes/additions: Dawn Mentzer would like to add the Wesco contract under the FY'24 Provider Contracts. The printed agenda is missing the PAMHC presentation and will be added as c-1. The emailed agenda needs to table the Crittenton Center request.

A motion to approve the agenda as amended by Clarence Siepker. Second Joan Hansen. Discussion: None. Motion carried unanimously.

5) Comments from the Public: Everyone will have an opportunity to speak. Therefore, comments may be limited to three minutes on any one item.

None.

6) Unfinished Business

a) March & April 2023 Financial Reports -Action

Dawn Mentzer presented the March & April 2023 financial report as summarized:

Beginning balance as of 4/1/23	\$7,704,527.25
Expenditures	\$78,043.16
Revenues	<u>\$199,973.27</u>
Ending balance as of 4/30/23	\$7,582,597.14

Revenue from 7/1/22 – 4/30/23 was \$6,915,546.27. Expenditures from 7/1/22– 4/30/23 was \$5,511,151.18 (40.86% remaining). FY'23 budget of \$9,319,032.00. We are currently under by a good amount; however, block grants were paid out in April and we will see a significant decrease.

A motion to approve the March & April 2023 Financial Reports as presented by Creston Schubert. Second Jean Heiden. Discussion: None. Motion carried unanimously.

b) Turning Point & Siouxland Mental Health Crisis Center Update – Melissa Drey & Nicolle Eaton

Melissa Drey shared the data for April which included 12 admissions for crisis stabilization, 117 after-hours calls, 12 business hours calls, four MCAT calls. May has already received eight MCAT calls. The jails have started using crisis calls, with three calls being received in May. Melissa Drey spent time in Crawford County with Caylyn Bishop for marketing, Melissa will visit Buena Vista and Calhoun counties in June. Attending to these calls allowed 75% of clients to stay out of hospitals.

Ashley Miller shared the date for Turning Point which included 18 admissions in March, 12 in April and seven in May so far with two referrals coming today or tomorrow. There has been an

uptake in crisis calls; afterhours calls included 104 in March, 117 in April, and 95 in May as of today. Some will admit to Turning Point after calls. Previously averaged 30-50 calls per month. Many calls are previous PAMHC clients, that they are able to help keep them on track and get them the correct services. Jean Heiden is very pleased on getting the word out, "KUDOS". Heidi Lohff shared that clinicians are so short and crisis services has helped stop backing up the clinicians.

Nicolle Eaton shared the data from January to April which included one client in 23-hour observation, 42 in CSRS, one adult and one child in CSCBS, one in subacute, 40 MCAT calls, and 329 crisis triage calls. The counties being served are mostly Carroll and Woodbury, also other regions. The majority are SMHC patients, and are able to connect deeper and provide them with the proper care they need. There have been seven denials, typically due to needing a higher level of care, being a non-resident, or they already have an ACT team in place. SMHC began taking over noncompliant court orders in Woodbury in April, this is an effort to help prior to hospitalization or jail, 28 court orders since beginning. Nicolle shared that she attended a council in Los Angeles in May and she is really proud of Rolling Hills as we are far ahead of the game in implementing changes compared to many other states. They have been collaborating with other regions, Sioux Rivers and Care Connections, and providers to work together. Jean Heiden asked where they send the denials that need a higher level of care. Nicolle Eaton stated that most will go to inpatient hospitalization.

New Business

a) FY'24 Provider Contracts

Dawn Mentzer shared that all contracts for FY'24 have no changes. Gene Meiners would like to pull the YES Center and take separate motion due to being on their board. Joan Hansen would like to pull the Counseling Services, LLC and take separate motion due to being on their board.

- * **Horn Memorial Hospital**
- * **Plains Area Mental Health, Inc.**
- * **Siouxland Mental Health Center**
- * **Crawford County Memorial Hospital**
- * **Center for Siouxland**
- * **Goodwill of the Great Plains**
- * **The ARC of Woodbury County**
- * **Counseling Services, LLC**
- * **Loring Hospital**
- * **Family Resource Center**
- * **New Perspectives, Inc.**
- * **YES Center**
- * **Stewart Memorial Hospital**
- * **Imagine the Possibilities**
- * **Sanford Center**

- * **Mid Step Services**
- * **Pocahontas Community Hospital**
- * **Cherokee Regional Medical Center**
- * **Midwest Compliance Associates**
- * **BVRMC**
- * **HHS Rolling Hills**
- * **Counseling Services, LLC**
- * **Wesco (added)**

A motion to approve all contracts except the YES Center and Counseling Services, LLC as presented and authorize the Chairman to sign the contracts by Gene Meiners. Second Jean Heiden. Discussion: None. Abstentions: Gene Meiners. Motion carried.

A motion to approve the YES Center and Counseling Services, LLC contracts as presented and authorize the Chairman to sign the by Mike Fischer. Second Scott Jacobs. Discussion: None. Abstentions: Joan Hansen. Motion carried.

c) Berryhill Request for Increase to FY'24 Contract

Dawn Mentzer stated that the Berryhill Center is requesting an additional \$17,661.24 for consultation and education services in the Pocahontas Community School District for FY'24. We have additional funds to use to pay for this and the amount they are asking for is appropriate for all the work they do.

Jennifer Pullen, Berryhill Center, shared the last few years have operated with one therapist working one day a week, they now have a full-time therapist. These are consultation services that cannot be reimbursed. This gives the therapist chances to connect with more students and teachers. They also have a therapist in the Calhoun Community School District.

A motion to approve the increase to FY'24 contract as presented and authorize the Chairman to sign by Clarence Siepker. Second Scott Jacobs. Discussion: None. Motion carried.

d) Crittenton Center Funding Request – Kim Scorza

Tabled until a later date.

e) Crisis Services Presentation – Kim Keleher & Sheila Martin

Kim Keleher gave an overview of Plains Area Mental Health. During March they served 250 new clients. FY'21/22 consisted of 166 total employees. FY'22 served 8,120 unduplicated clients while FY'23 has served 8,117 unduplicated clients through March. ASIST trainings have been set for the next year, they are a two-day events which helps persons understand how to recognize and help someone dealing with a mental health crisis, this is available on the region's website. Outcome data for clients involved with CCBHC showed positive effects with over 80% able to avoid a trip to the hospital or emergency room visit, 83% experiencing an improvement in living

life, 56% experiencing a decrease in their stressful feelings and 47% experiencing an improvement in feeling healthy. Dawn Mentzer and Paul Merten shared their support and believe their outcomes are very impressive.

f) HF471 / Rolling Hills Advisory Recommendation to Governance Board – Kim Keleher, Advisory Board Chair

Dawn Mentzer gave a refresher of HF471, the biggest update being that 49% of the governance board can be county supervisors and all members on the board will have a vote. Governor Reynolds has not signed this yet but HHS believes she will, she has until June 8th to sign and if she does, it will go into effect July 1, 2023.

Kim Keleher shared that the Advisory Board approved these designations and recommendations during the May 22, 2023 meeting; Joan Hansen as the Educational Representative, Kim Keleher as the Adult Service Provider Representative, Joleen Schmit as the Adult Family Representative, Kim Scorza as the Children’s Behavioral Health Provider Representative with Deidre Brown as an Alternate, Jamaine Wamberg as the Parent of a child using services Representative, Brian Flikeid as the Law Enforcement Representative, and Steve Kremer as the Judicial Representative. The Advisory Board also recommended that the County Supervisors retained on the Governance Board should be the county employer of record for Regional Coordinators which include Buena Vista, Calhoun, Cherokee, Pocahontas and Woodbury, with Carroll being the at-large county due to their higher population, need for a southern county to even out the geography and multiple service providers including an inpatient behavioral health unit.

There was discussion amongst the board members regarding changes to the 28E and MOU, involvement of the County Supervisors that would no longer have a voting role and what happens if an employee moves out of their county employer of record. Dawn Mentzer will contact Gary Jones about the 28E and MOU. Dawn shared that the current 28E states the county of record shall be where the employee currently resides, however, if they move they will retain the original county of record. Kim Keleher suggested the county supervisors without a voting role could become members of the Advisory Board which would allow them to have direct input to the Governance Board. Gene Meiners believes nonvoting members would be a good option. Paul Merten believes the Advisory Board did a very good job with designations and recommendations.

A motion to accept the recommendation from the Advisory Board pending the signature of the Governor as presented by Scott Jacobs. Second Clarence Siepker. Ayes: Paul Merten, Scott Jacobs, Gene Meiners, Clarence Siepker, Joan Hansen, Joleen Schmitt, Jamaine Wamberg. Nays: Jean Heiden, Creston Schubert, Mike Fischer. Motion carried.

g) Schedule next meeting – June 28, 2023 at 2:30 p.m.

A motion to schedule the next meeting for June 28, 2023 at 2:30pm by Gene Meiners. Second

Scott Jacobs. Discussion: None. Motion carried unanimously.

Adjourn

A motion to adjourn by Creston Schubert. Second Clarence Siepker. Discussion: None. Motion carried unanimously.

Minutes recorded by Kelsey Allen, Administrative Assistant.