



# Rolling Hills

## Community Services Region

Buena Vista \* Calhoun \* Carroll \* Cherokee \* Crawford \* Humboldt \* Ida \*  
Pocahontas \* Sac \* Woodbury

### Regional Adult / Children Advisory Board Minutes

Meeting will be held via Zoom

Monday, May 22, 2023

1:00 p.m.

#### 1. Call to Order / Welcome and Introductions– Dawn Mentzer, Chair

Dawn Mentzer, CEO; Kelsey Allen, Administrative Assistant; Caylyn Bishop, Alison Hauser, Lisa Bringle, Leisa Mayer, Theresa Jochum, Coordinators; Melissa Drey, PAMHC; Nicolle Eaton, Jessi Maxwell, SMHC; Cindy Wilde, Goodwill; Darci Peterson, Stewart Memorial; Brian Flikeid, Marcus/Aurelia Chief of Police; Michelle Schaller, Bill Flynn, Trivium; Joan Hansen, Courtney Cook, Prairie Lakes AEA; Jenna Brown, New Hope Village; Jolene Schmit, Calhoun County Public Health; Jessica Barnes, Jennifer Jackson, Heartland Counseling; Teresa Magnussen, Anita Schlender, Imagine the Possibilities; Deidra Brown, Wesco.

#### 2. Turning Point/Siouxland Mental Health Crisis Services Update – Melissa Drey/Nicolle Eaton

Melissa Drey shared the data for April which included 12 admissions for crisis stabilization, 117 after-hours calls, 12 business hours calls, four MCAT calls. May has already received eight MCAT calls. The jails have started using crisis calls, with three calls being received in May. Melissa Drey will be leaving July 21<sup>st</sup>, 2023. She will be training and transitioning someone to her position and bringing him/her to meetings.

Caylyn Bishop has received good feedback from Denison police officers using MCAT. Marketing is paying off.

Nicolle Eaton share the data for April which included ten admissions for crisis stabilization, one in subacute since February, one person in transitional living, however, this is a private contract, and 11 MCAT calls. Siouxland MH started making court-ordered calls in which they seek the individual and try and reconnect them to services before the court hearing which saves time and money, in two months

they have completed 42 calls. Subacute services are gaining traction, thanks to Caylyn Bishop. They have been doing marketing with Theresa Jochum and have met with Sioux City FD/PD/Comm Center/Moville chief of police. Nicole is estimating 5-10 people from those agencies are going to de-escalation training. A marketing meeting is set up for May 23<sup>rd</sup> with rural fire & rescue.

Both Melissa and Nicole feel that ongoing, regular retraining and education regarding crisis services is needed with all agencies. Both PAMHC and SMHC are making an effort to work with Seasons Center, taking into consideration the future of regions/services.

### **3. IRSH Update – Michelle Schaller, Trivium**

Michelle Schaller shared they have hired Bill Flynn as the new IRSH manager of the current IRSH home and resides in Sioux City. Trivium is still planning on opening another IRSH home for four males sometime around August 1, 2023. Michelle says she will start taking referrals now for the male home. The female home is completely full right now but looking at one client discharging around July 1, 2023.

### **4. Permanent Supportive Housing - Jennifer Jackson/Jessica Barnes, Heartland Counseling Services**

Jennifer Jackson and Jessica Barnes shared that they have 34 scattered apartments in Woodbury and Dakota counties. They have two full-time case managers. HUD pays their rent their entire life but must meet certain criteria. The goal is to get them off of HUD and into Section 8 housing/funding by getting them services and possibly jobs. Individuals have to be homeless for a year and have a disability. Dawn Mentzer asked if they are following the SAMSHA model and if they meet fidelity based. Jennifer Jackson has reviewed SAMSHA and feels there is probably additional data collection that they need to do and one piece of clinical documentation, i.e., treatment plans, stood out as a “need to do”. Dawn Mentzer shared that if there is any agency interested in providing PSH or if Heartland has interest in expanding beyond Woodbury County the region is able to help with funding/training for expansion. Counties for expansion were mentioned, Ida, Cherokee and Buena Vista. Jennifer Jackson thought Storm Lake might be a good fit. The question was asked by Leisa Mayer if they can take clients from other counties and Jennifer Jackson stated that all referrals must go through HUD and the “coordinated entry” process.

### **5. Advanced De-escalation Training – Dawn Mentzer**

Dawn Mentzer shared that the region is paying for SolutionPoint+ training in our area. The location is Storm Lake and the dates are September 6, 2023 through September 8, 2023. Dawn has set up a committee to work on the details of this training. The regional website has the link for the training and you can also visit [iowamhdsregions.org](http://iowamhdsregions.org).

### **6. SF471 Written Recommendation to Governance Board for upcoming changes upon Legislation passage – Action**

Dawn Mentzer discussed SF471 was passed during the 2023 Legislative Session and is awaiting signature by the Governor, which will be done by July 1, 2023. This Advisory board PASSED a motion agreeing with

the changing of the composition of the RHCS Regional Governance Board; it will result in losing four County Board of Supervisor Representatives and adding two positions which are for Law Enforcement filled by Brian Flikeid and the Judicial System filled by Steve Kremer. This recommendation will go before the Governance Board this Wednesday, May 24, 2023.

*A motion to approve the SF471 Written Recommendation to Governance Board pending the Governor's signature as amended by Melissa Drey. Second Joan Hansen. Discussion: None. Motion carried unanimously.*

## **7. Provider Updates?**

Melissa Drey shared the upcoming trainings for ASIST have been released and are posted on the Plains Area Mental Health website and the Regional website.

Darci Peterson shared the Calhoun County mental health walk was held this past Thursday, May 18, 2023. It had a very good turnout with 50+ people attending. They are hoping to have this be an annual event.

**8. Next Meeting: June 26, 2023 1:00 pm**