



Rolling Hills

Community Services Region

Governance Board Meeting

March 22, 2023 at 2:30 p.m.

Cobblestone Inn and Suites, 2011 Indorf Ave. Holstein

Face to Face Meeting attendance available for the public. Zoom link available below for anyone who wishes to attend via Zoom.

Agenda

1) Call to Order –Chairman, Paul Merten

2) Roll Call of Counties

Buena Vista: Paul Merten

Calhoun: Scott Jacobs

Carroll: Gene Meiners

Cherokee: Cheryl Ellis

Crawford: Jean Heiden

Humboldt: Sandy Loney

Ida: Creston Schubert (absent)

Pocahontas: Clarence Siepkner

Sac: Mike Fischer

Woodbury: Matthew Ung – via Zoom

Joan Hansen – via Zoom

Joleen Schmit – via Zoom

Jamaine Wamburg – via Zoom

Kim Keleher, PAMHC (nonvoting member) – via Zoom

Steve Kremer, Juvenile Court Services (nonvoting member) – via Zoom

Regional Staff: Dawn Mentzer, CEO; Kelsey Allen, Administrative Assistant; Caylyn Bishop (via Zoom), Lisa Bringle, Leisa Mayer, Theresa Jochum, Coordinators.

Guests: Sheila Martin, Nicolle Eaton (via Zoom), SMHC; Adam Lybarger, Camp Autumn, Dan Ries, Seasons Center; Ashley Miller, Melissa Drey, PAMHC; Deidra Brown, Clay Adams, Wesco; Rob Aiken, HHS; Taylor Wadsworth, Darren Shull, ITP; Kim Scorza, Crittenton Center; Todd Lange, Amerigroup; Mindi Rotert, St. Anthony's; Elizabeth Stanek, Partnerships for Families; Amanda Weber, Howard

Center; Diana Ossman, Trivium; Rachel Charlotte, U of I.

3) Minutes of Previous Meeting

A motion to approve the January 25, 2023, minutes as presented by Sandy Loney. Second Clarence Siepker. Discussion: None. Motion carried unanimously.

4) Approval of Agenda

Changes/additions: None.

A motion to approve the agenda as presented by Jean Heiden. Second Joan Hansen. Discussion: None. Motion carried unanimously.

5) Comments from the Public: Everyone will have an opportunity to speak. Therefore, comments may be limited to three minutes on any one item.

6) Unfinished Business

a) December 2022 & January/February 2023 Financial Reports -Action

Dawn Mentzer presented the December 2022 and January/February 2023 financial report as summarized:

Beginning balance as of 2/1/23	\$7,769,266.66
Expenditures	\$74,764.91
Revenues	<u>\$473,277.65</u>
Ending balance as of 2/28/23	\$7,370,753.92

Revenue from 2/1/23 – 2/28/23 was \$6,211,431.59. Expenditures from 2/1/23 – 2/28/23 was \$4,938,914.10 (47% remaining). FY’23 budget of \$9,319,032.00, currently under by \$1,300,000.00 because of the \$1,425,000.00 placeholder. Projecting to end FY’23 with \$411,000.00 reduction for next fiscal year, could be higher because of placeholder. Any request today will be able to be fulfilled, if we do not fulfill them the state will reduce us by more next fiscal year. This is our opportunity to invest in some good programs.

Mike Fischer asked when the state reductions will begin. Dawn Mentzer shared the region is already seeing reductions. The state allocation of \$8,300,000.00, reduced the 3rd and 4th quarters by \$3,000,000.00.

A motion to approve the December 2022 and January/February 2023 financial report as presented by Gene Meiners. Second Jean Heiden. Discussion: None. Motion carried unanimously.

Siouxland Mental Health Center Child/Adolescent Contribution Request – Action

Sheila Martin presented a funding request that was previously discussed in the January 11, 2023, board meeting. Purchased the old Pier One building for a child/adolescent clinic with therapists and psychologists. This is a core service and currently 85% of clients are from Rolling

Hills. Region does not pay for out of state patients, does not supplement any of that. The roof and framing will be done this week, HVAC has been replaced, estimated completion date of July or August 2023. Asking for 2.5% funding from the region. Sandy Loney asked about the usage by other counties within the region. Sheila Martin stated that Buena Vista County has the highest usage but significantly decreases with other counties. Woodbury County is the highest overall as a lot of patients walk in off the street. Mike Fischer asked if SMHC has considered placing a facility in Buena Vista County. Sheila Martin stated that is always a consideration but need to look out for PAMHC as well. A clinic has been opened in Menville as well. Dawn Mentzer stated that \$100,000.00 is being asked. We do not see a lot of requests for kids, this would be a good investment for the region and child services, as there are a lot of child mental health needs. Recommendation to approve. Matthew Ung stated the Woodbury County board supports this request. Mike Fischer said that he would support this request and would like SMHC to keep looking into opening something more East. Sheila Martin stated she would with respect to PAMHC.

A motion to approve the one-time request of \$100,000.00 as presented by Scott Jacobs. Second Matthew Ung. Discussion: None. Motion carried unanimously.

New Business

a) Seasons Center Respite Funding Request – Action

Adam Lybarger presented a one-time funding request of \$21,570.00 for Camp Autumn which occurs for nine weeks in the summer. Last year in March, the region approved a one-time funding request of \$21,383.00 for respite services. Last year the camp was limited to 35 kids a week due to staff, looking to do better at staffing for a total of 45-50 kids a week. Every week bringing in kids within an hour around Sutherland, IA. Jean Heiden would like to know if any Crawford County kids attend and how to send in a referral. Adam Lybarger replied there were none last summer and unsure if there will be any this summer but something to look at and where is a need. There is a general inquiry form online, they receive referrals from all over. Respite dollars will go to Calhoun clients mostly, but we see other counties as well when transportation isn't an issue. Working with families and kids to get funding so families do not have to pay out of pocket. There are qualifications to enter, diagnosis for behavioral or mental health and if they are currently working with Seasons Center or another company they will be easily entered. Adam Lybarger will send a link for Camp Autumn to be put on our website. Leisa Mayer stated that Calhoun County has a lot of usage because of the school therapist and social worker, they are great working with Seasons. Scott Jacobs stated there are very few programs in Calhoun County, this one has helped out. Cheryl Ellis wanted to say thank you from the foster care and adoptive world.

A motion to approve the one-time request of \$21,570.00 as presented by Jean Heiden. Second Sandy Loney. Discussion: None. Motion carried unanimously.

b) 2023-2024 ICAP Insurance Renewal – Action

Dawn Mentzer presented the renewal request from Stille, Pierce & Pertzborn Insurance Services. The region must submit so they can send a quote for insurance next year. Paul Merten

asked if there has been a change in the rate premium. They will quote us a premium in May or June, typically \$5,000.00-7,000.00 a year. Need to authorize the application.

*A motion to approve the ICAP Insurance Renewal application as presented by Mike Fischer.
Second Jean Heiden. Discussion: None. Motion carried unanimously.*

c) MOU with Easter Seals – Action

Dawn Mentzer presented the MOU that will be used to establish services with Easter Seals, however, the actual MOU will be with Polk County MHDS as they already hold a contract with Easter Seals. Rosecrance Jackson closed their doors so we need another service provider, this MOU with Polk County MHDS covers everything we need. Lisa Bringle shared her experience of getting a client referred to as being the easiest and within an hour they were on their way to Easter Seals. Dawn Mentzer stated that the only program we currently have is a two-bed unit in Fort Dodge, Youth Shelter Care of North Central Iowa. This opens up more opportunities for services. Jean Heiden asked what ages are being accepted. Dawn Mentzer stated that all ages of children to 18. This will be revisited and renewed annually and will take effect on April 1, 2023.

A motion to approve the MOU with Polk County MHDS as presented by Gene Meiners. Second Clarence Siepkner. Discussion: None. Motion carried unanimously.

d) Service Coordination Presentation – Regional Staff

Caylyn Bishop, Theresa Jochum, Lisa Bringle, Leisa Mayer, all Regional Coordinators for Rolling Hills, shared what their typical day can look like. Each Coordinator has the same goals and process in their counties, however, they each also have their own specialties and are more than willing to step in to help each other out.

Dawn Mentzer shared that Alison Hauser is unable to be at this meeting as she is covering the HHS meeting. Joan Hansen expressed that Leisa Mayer has been extremely helpful for the South Central Calhoun community.

e) FY'24 Annual Service and Budget Plan – Action

Dawn Mentzer presented the FY'24 Annual Service and Budget Plan. The budget is the same as what was approved in the January meeting. Just adding numbers into the template. This needs to be to DHS by April 1, 2023.

*A motion to approve the FY'24 Annual Service and Budget Plan as presented by Sandy Loney.
Second Cheryl Ellis. Discussion: None. Motion carried unanimously.*

f) House File 471 – Discussion

Dawn Mentzer presented House File 471 which was passed out of the House on March 7, 2023, unanimously. Still waiting at the Senate, however, HHS expects it to pass. County supervisor representatives must be under 49% for the Governance Board, staff suggested an idea of supervisors with employees in the region as they have the most stake in the game. Currently, there are two non-

voting and three voting members, we would need to add a law enforcement and a judicial representative. Steve Kremer could flip to voting as the judicial representative and Brian Flikeid as the law enforcement representative. Rob Aiken shared that Rolling Hills is the first region to be proactive and come up with a solution. Dawn Mentzer believes the counties receiving state dollars and employing staff should have a vote on the board, unless we can come up with something else. The only way to get to 49% while keeping all the current supervisors would be to add six more representatives. Sandy Loney believes it is not right to have providers voting on their own needs. Dawn Mentzer stated that a conflict-of-interest provision will be necessary. Counties of employee of record should remain, we will need to amend the current 28E if this shall pass. Dawn Mentzer reminded everyone that this has been a regional board for almost 11 years, we cannot think county by county. She has never felt the representatives or supervisors have only invested in their own county but for the region as a whole. Sandy Loney would like to know if the state is going to rearrange the regions now that they are becoming more involved. Rob Aiken believes it will not happen in this legislation; the goal is to have a better balance among the state. Gene Meiners believes this gives providers more control.

f) Schedule next meeting – May 24, 2023 at 2:30 p.m.

A motion to approve the next meeting for May 24, 2023 at 2:30pm by Clarence Siepker. Second Scott Jacobs. Discussion: None. Motion carried unanimously.

Adjourn

A motion to adjourn by Jean Heiden. Second Sandy Loney. Discussion: None. Motion carried unanimously.

Minutes recorded by Kelsey Allen, Administrative Assistant.