



Rolling Hills

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Humboldt * Ida *
Pocahontas * Sac * Woodbury

Regional Adult / Children Advisory Board Agenda

Meeting will be held via Zoom

Monday, February 27, 2023

1:00 p.m.

1. Call to Order / Welcome and Introductions– Kim Keleher, Chair

Dawn Mentzer, CEO; Kelsey Allen, Administrative Assistant; Caylyn Bishop, Alison Hauser, Lisa Bringle, Leisa Mayer, Theresa Jochum, Coordinators; Kim Keleher, Melissa Drey, Ashley Miller, PAMHC; Deidra Brown, Wesco; Darren Shull, ITP; Nicolle Eaton, SMHC; Cindy Wilde, Goodwill; Mindi Rotert, St. Anthony's; Karla Manternach, Counseling Services, LLC; Anita Schlender, Theresa Magnussen, Imagine the Possibilities; Steve Kremer, Juvenile Court Services; Darci Peterson, Stewart Memorial; Brian Flikeid, Marcus/Aurelia Chief of Police; Amy Ortiz, Iowa Peer Network; Stacey Warner, Michelle Schaller, Trivium; Kristin Nierring, Home Care Options; Tony Raymer, Easter Seals; Kerri Hall, SHIP; Courtney Cook, Prairie Lakes AEA

2. Crisis Stabilization Residential Services for Children/Tony Raymer, Easter Seals

Tony Raymer, Easter Seals, discussed the background and eligibility for their program. They have 5-6 beds between their Des Moines and Ankeny locations, kids under 5 must have a parent present, they cannot currently be drunk and/or high or actively violent towards other kids or law enforcement. They can stay up to 5 days and serve up to 10 persons at a time. If there is no Medicaid, they will bill the Region.. Steve Kremer believes the access would be fantastic and requests more information and the admissions process. Tony Raymer states that everything is done over the phone and some documents need to be signed. Kim Keleher believes this is a good start and we should monitor for the region's usage. She would like to know if there is a possibility to expand to other parts of the state. Tony Raymer stated that expansion is not his decision but believes that would be great. Dawn Mentzer shared the region currently has a contract with the youth shelter in Fort Dodge, but this would be a great second

option. Mindi Rotert believes this is a great option to have. Dawn Mentzer stated that an MOU could be ready for next Governance Board meeting on March 22, 2023. Mindi Rotert asked if providers can make referrals if Medicaid is already in place. Tony Raymer replied yes.

3. Iowa Peer Network Presentation – Amy Ortiz, Amerigroup

Amy Ortiz, Outreach Coordinator, shared they cover the entire state of Iowa and there are monthly workshops with the next being on March 14, 2023. There will be training on April 4-5 in Cherokee at no cost. There will also be a conference with 12-14 speakers on May 19-20 at no cost. Dawn Mentzer asked Kim Keleher and Nicolle Eaton if they have used this service. Kim Keleher responded that she will have to check as she is not sure. Dawn Mentzer believes some may not be aware this is available. Amy Ortiz has been reaching out to give everyone knowledge of this service. Nicolle Eaton shared they have one peer support specialist that is a part of it. Kim Keleher requested that Amy Ortiz send Dawn Mentzer her information so providers in the region can reach out if needed. Amy Ortiz responded that she would do that and also include a power point of their services.

4. IRSH Update – Stacey Warner/Michelle Schaller, Trivium

Stacey Warner shared that IRSH is up and running with four beds. There has been no luck filling some positions such as a therapist, currently working with different providers in Sioux City to cover that. HCBS standards want stand-alone services. Three out of the four beds are filled, one client is from Rolling Hills, and another is coming next week. Michelle Schaller shared that the LOCUS assessment rolled out in July and they have seen improvements with new referrals being approved. They are anticipating being full as of March 2, an unplanned discharge will open a bed. Stacey Warner shared that they are working on opening more IRSH beds in Sioux City with potential homes, one already has a lease. They are trying to make an IRSH home for more beds but need staffing. Kim Keleher asked if there is a waiting list. Stacey Warner said there is no waiting list due to eligibility guidelines; however, there is a “notification list” which informs potential clients when there is an opening.

5. Crisis Services Marketing Plan – Region Staff

Leisa Mayer shared that the coordinators met with Nicolle Eaton and Melissa Drey to discuss the needs of the counties and the region and clarified rules to share correct information. They are currently working on getting out to all providers like hospitals, law enforcement, and schools for the referral process. Discussion about developing a poster for emergency departments and working on developing dates and times for face-to-face discussions with all providers. Caylyn Bishop shared that there will be a spreadsheet to keep track of marketing and re-education submitted monthly. The coordinators will be going with the crisis staff to network with providers, stressing the improvements and changes that have been made.

6. FY24 Annual Service and Budget Plan

Dawn Mentzer summarized the FY24 Annual Service and Budget Plan. There are some specific requirements we have to report, i.e., local access points; designations of child and adult advisory boards, define service coordination and targeted case management providers; list of crisis services with contact info; intensive mental health services which includes IRSH and subacute; and provider reimbursement provisions. Budget information for FY24 shows predicted expenditures in the amount of \$8,650,277 and revenues in the amount of \$8,611,963. If we can't meet our budget, we have an incentive fund that hasn't been tapped into yet. Dawn would like to give credit to the providers who have done all the leg work to get crisis services on the ground, we thank you greatly. FY23 had several services developing, now we have them and they are successes. Block grant payments were changed to be paid out at 50% on the first and third quarters and 100% on the second and fourth quarters, but this may be an issue in the future due to state withholdings.

A motion to approve the FY24 Annual Service and Budget Plan as presented by Melissa Drey. Second Steve Kremer. Discussion: None. Motion carried unanimously.

9. Provider Updates?

Stacey Warner shared there will be a ribbon cutting for the Cherokee office towards end of March at 1210 S 2nd St, Cherokee, IA.

Steve Kremer shared that Chief Gary Niles is retiring at end of March, no set date as of yet, but will send out an invitation when everything is put together. Gary has always been a big supporter of mental health services.

Mindi Rotert shared that St Anthony's will have a 5k for mental health on April 29, 2023 at Grant Park in Carroll.

Dawn Mentzer shared a few possible Legislation changes, including changing the FY25 fund balance from 5% to 10%; governance board members will be changed to only 49% county supervisors and 51% providers, parents, judicial system and law enforcement, meaning removing three current board members.

10. Next Meeting: March 27, 2023 at 1:00 pm