

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Humboldt * Ida * Pocahontas * Sac * Woodbury

Regional Adult / Children Advisory Board Agenda Meeting will be held via Zoom Monday, January 23, 2022 1:00 p.m.

1. Call to Order / Welcome and Introductions- Kim Keleher, Chair

Dawn Mentzer, CEO; Kelsey Allen, Administrative Assistant; Caylyn Bishop, Alison Hauser, Lisa Bringle, Leisa Mayer, Coordinators; Kim Keleher, Melissa Drey, PAMHC; Clay Adams, Tara Trierweiler, Janice Wilken, Wesco; Amanda Weber, Howard Center; Taylor Wadsworth, ITP; Nicole Eaton, Jessi Maxwell, Jamaine Wamberg, SMHC; Cindy Wilde, Goodwill; Amber Schon, New Opportunities, Inc.; Karen Rosengreen, Seasons Center; Mindi Rotert, St. Anthony's; Karla Manternach, Counseling Services, LLC; Joan Hansen, Prairie Lakes AEA; Anita Schlender, Imagine the Possibilities; Steve Kremer, Juvenile Court Services; Alex Leu, Pocahontas County Chief of Police; Darci Peterson, Stewart Memorial.

2. Review of 2023 Advisory Board Member Composition

Leisa Mayer and Dawn Mentzer shared the Children and Adult Advisory Committee members and believe we do not need to fill vacancies; however, we did move some members to cover other counties. Kim Scorza has been moved to the Children's Provider Representative. Melissa Drey has been moved to Sac County. Karla Manternach to Sac County and Darci Peterson to Calhoun County, suggested by Leisa Mayer. Deidra Brown would like to remove Kara Flurey. Kim Keleher asked if there are designated term lengths. Dawn Mentzer shared there are no terms for the adult advisory but we can create terms if needed, the children terms ended in 2022 but have been removed. This has been a very informal advisory board. Karla Manternach believes things have worked the way they are, no need to change. Leisa Mayer asked Kim Keleher would like to remain as chair. Kim Keleher will stay on for one more year and see how things go.

3. IRSH Update – Stacey Warner, Trivium

no rep available

Dawn Mentzer shared that she hasn't received an update since December and is unaware of the number of beds available but knows they are still taking clients. Lisa Bringle believes they have the house full as in placement but not everyone has moved in. Needing an update.

4. Stepping Stone Update - Clay Adams

Tara Trierweiler shared an update on Stepping Stones, stating there are four clients currently staying there. With the uncertainty of funds, etc., there haven't been as many referrals. Bed days have been lower the past couple months, however, there have been 903 bed days from July to December. Receiving referrals from multiple sources, including self-referrals. Deidra Brown believes there will be much more clarity after the January 25, 2023 Governance Board Meeting.

5. Iowa Peer Network Presentation – Todd Lange, Amerigroup

no rep available

6. Crisis Stabilization Residential Services for Children Discussion

Leisa Mayer announced that Rosecrance Jackson's children services are closed as of January 15, 2023, which is a core service and means we need to find another provider. Dawn Mentzer has reached out to the CICS region to find out what they have available. There is a 10-bed unit at the YSS in Ames and also a 2-bed unit at the North Shelter in Fort Dodge. Dawn will also check with the Southwest region also. Does PAMHC and/or SMHC have any interest in kid's services? Nicolle Eaton shared they will not be ready for children's services for a while, they are in the process of opening a children/adolescent building, but not in the near future. Kim Keleher shared they are kind of looking at it, maybe in the next 2 years. Steve Kremer asked when the YSS in Ames will open. Dawn Mentzer believes it will open in October 2023 but will need to check with the other region to confirm. Nicolle Eaton shared that East Des Moines has the Easterseals lowa program for kids. Maybe our region can work up an MOU with them. They take kids any age under 18 and parents can come with younger kids.

7. Crisis Services Marketing Plan – Region Staff

Leisa Mayer shared that Nicolle Eaton and Melissa Drey have been doing outreach to providers, schools, and hospitals to help them understand what crisis services we have available. The coordinators would be more than happy to join on these marketing meetings. Melissa Drey would love to have coordinators in on these meetings with providers. Alison Hauser has a list of places to go within Pocahontas and Humboldt counties. Caylyn Bishop believes there are a lot of new employees that do not understand what we do and have services we offer. Nicolle Eaton shared their biggest struggle is with emergency departments due to staff changes constantly, possibly look at setting up quarterly meetings to keep

them informed. Melissa Drey believes the smaller communities need to speak with law enforcement as there are a lot of new faces. Mindi Rotert asked if someone has been going to Carroll coalition meetings. Melissa Drey replied yes. Dawn Mentzer believes there needs to be a plan for providers and coordinators to sit down and put something in place for Governance Board members and others to see how much marketing is being done, with continual marketing every six months or so. Nicolle Eaton begins sharing her screen to show an excel sheet of how they did marketing in the past with Sioux Rivers, she would be willing to do this again. Melissa Drey will send a spreadsheet to all coordinators of providers within the region.

8. Evidenced Based Practices Implementation

Dawn Mentzer expressed there were a lot of questions at the HHS and CEO meeting held January 19-20, 2023. We are needing an update on the ACT program by PAMHC. Also, EBP is part of our expectations but unaware of any provider doing it. Kim Keleher shared that ACT is waiting on the University of Iowa to do a fidelity review. They are the contracted provider of the state to perform reviews, now just waiting on them. Alison Hauser sat on the ACT EBP group, if they can't get to providers in the right time, they will send persons from the region. Kim Keleher shared that Hope Haven has talked about expanding. Cindy Wilde, Goodwill, is not sure if Goodwill is doing IPS, needs to check with Trisha. Kim Keleher asked if New Hope has thought about doing IPS. Dawn Mentzer does not believe so. Lisa Bringle believes at one-point IPS was going to be a recommendation. The State was doing things internally that the regions weren't a part of, there has been a lot of discussion about bringing that together. Leisa Mayer shared that Lynn Nibling sent out an email about "final announcing of IPS". Kim Keleher shared the State has defined four or five EBP's that they want to use. Lisa Bringle expressed that supported employment was defined in code as IPS. Leisa Mayer would like to know who in the region will be doing those reviews if the Iowa Center for Excellence falls behind. Lisa Bringle believes Alison Hauser is the only one trained well enough to do the reviews if necessary.

9. Provider Updates?

Nicolle Eaton shared that SMHC has decided to open another clinic for children/adolescent services. The building has already been purchased and hope to be open this fall. This will help with accessing services for that age group.

Amber Schon, New Opportunities, Inc., shared that they hold a contract with Buena Vista, Carroll, Crawford, and Sac counties.

10. Next Meeting: February 27, 2023 1:00 pm