



Rolling Hills

Community Services Region

Governance Board Meeting

January 11, 2023 at 2:30 p.m.

Cobblestone Inn and Suites, 2011 Indorf Ave. Holstein

Face to Face Meeting attendance available for the public. Zoom link available below for anyone who wishes to attend via Zoom.

Minutes

1) Call to Order – Chairman, Paul Merten

2) Roll Call of Counties – Welcome to new Board Members / Introductions

Buena Vista: Paul Merten

Calhoun: Scott Jacobs

Carroll: Gene Meiners

Cherokee: Cheryl Ellis (absent)

Crawford: Jean Heiden – via Zoom

Humboldt: Sandy Loney

Ida: Creston Schubert (absent)

Pocahontas: Clarence Siepker

Sac: Mike Fischer

Woodbury: Matthew Ung – via Zoom

Joan Hansen – via Zoom

Joleen Schmit – via Zoom

Jamaine Wamburg (absent)

Kim Keleher, PAMHC (nonvoting member)

Steve Kremer, Juvenile Court Services (nonvoting member) (absent)

Regional Staff: Dawn Mentzer, CEO; Kelsey Allen, Administrative Assistant; Caylyn Bishop, Theresa Jochum, Lisa Bringle, Leisa Mayer (via Zoom), Alison Hauser (via Zoom), Coordinators.

Guests: Melissa Drey, Ashley Miller, Heidi Lohff, PAMHC (via Zoom); Sheila Martin, Nicolle Eaton, SMHC; Clay Adams (via Zoom), Wesco; Deb Burnett, Mindi Rotert, St. Anthony's (via Zoom); Valerie Uken, Urban Native Center; Matt Ohman, Hope Street of Siouxland; Erin Binneboese, Kerri Hall, SHIP; Stacey Warner, Trivium (via Zoom); Amy Schlotman, Goodwill (via Zoom); Dan Ries, Seasons

Center (via Zoom); Kim Scorza, Crittenton Center (via Zoom).

Appointment of 2023 Chair and Vice Chair - Action

Gene Meiners nominated Paul Merten for Chairman. Second by Scott Jacobs.

Clarence Siepker made a motion to cease nominations. Second by Sandy Loney. Motion carried unanimously. Vote on nomination of Paul Merten: Motion carried unanimously.

Clarence Siepker nominated Sandy Loney for Vice Chair. Second by Jean Heiden.

Gene Meiners nominated Scott Jacobs as Vice Chair. Second by Mike Fischer/Joan Hansen.

Vote on nomination of Sandy Loney: Jean Heiden. Clarence Siepker. Vote on nomination of Scott Jacobs: Gene Meiners. Mike Fischer. Matthew Ung. Joan Hansen. Joleen Schmit. Motion carried to appoint Scott Jacobs as Vice Chair carried.

3) Minutes of Previous Meeting

A motion to approve the minutes as presented by Sandy Loney. Second Jean Heiden. Discussion: None. Motion carried unanimously.

4) Approval of Agenda

Changes/additions: Siouxland Mental Health Center has a proposal to be added under Unfinished Business as subsection E.

A motion to approve the agenda as amended by Clarence Siepker. Second Mike Fischer. Discussion: None. Motion carried unanimously.

5) Comments from the Public: Everyone will have an opportunity to speak. Therefore, comments may be limited to three minutes on any one item.

Kim Scorza, Crittenton Center, would like to share her deepest appreciation to the region for all they have done. There will be a one-year “birthday party” on January 30, 2023, from 1:00pm-4:00pm, all are welcome.

Matt Ohman, Hope Street of Siouxland, would like to extend a huge thank you for the grant in the amount of \$50,000.00. Hope Street was able to raise the other \$50,000.00 to purchase the Shesler Hall building. Closing will be January 31, 2023.

6) Unfinished Business

a) November 2022 Financial Report - Action

Dawn Mentzer presented the November 2022 financial report as summarized:

Beginning balance as of 11/1/22	\$9,156,143.81
Expenditures	\$1,123,400.65
Revenues	<u>\$20,478.09</u>
Ending balance as of 11/30/22	\$8,053,221.25

Revenue from 7/1/22 - 11/30/22 was \$5,500,817.87. Expenditures from 7/1/22 - 11/30/22 was \$3,514,438.74 (62.29% remaining). FY'23 budget of \$9,319,032.00.

The region will be receiving only \$1,000,000.00 out of the \$4,000,000.00 state allocation for quarters 3 & 4. The withholding will come from our fund balance. Jean Heiden inquired why the region will only be receiving \$1,000,000.00 instead of \$4,000,000.00. Dawn Mentzer stated that the region must get the fund balance down to the threshold, FY23 under 20%, FY24 under 5%. We will see the reduction by not receiving some state payments.

A motion to approve the financial report as presented by Scott Jacobs. Second Sandy Loney. Discussion: None. Motion carried unanimously.

b) Center for Siouxland Contract Amendment – Action

Dawn Mentzer revisited the closure of Shesler Hall as discussed at the last meeting. The contract between Shesler Hall and the Region will be transferred to Bridges West through the Center for Siouxland. There will be an amended cost of service to include Shesler Hall services.

A motion to approve the Shesler Hall contract transfer to the Center for Siouxland by Sandy Loney. Second Scott Jacobs. Discussion: None. Motion carried unanimously.

c) Urban Native Center Funding Request – Action

Valerie Uken delivered the proposal of a one-time funding request of \$47,000.00 for a personnel position, as previously presented at the December 14, 2022, Governance Board meeting. Paul Merten reminds the board this is a one-time request for \$47,000.00 for a youth specialist coordinator. Scott Jacobs would like to know if this will be in a grey area with DHS. Dawn Mentzer replied yes, we have must serve a specific clientele and not every child will meet this diagnosis. According to our DHS contact and fidelity standards, we will get questioned on some requests. It is a one-time request, and we are appreciative of what UNC is doing but we do not have control.

A motion to deny this request by Jean Heiden. Second Sandy Loney. Discussion: None. Motion carried unanimously.

d) Stables for Jed Funding Request – Action

Jean Heiden shared that Megan Riesselman is not present; however, she came to the Crawford County board meeting last week. The enclosed packet includes all the information they were going to present today. It is a good program, but we have our limitations due to legislation. Dawn Mentzer would like to clarify, the \$250,000.00 is not for a service but it is for the actual stables. This would not be in compliance.. Kim Keleher believes the service is there but the money to fund the stables is questionable. Sheila Martin shares that the STARS program is already available in NW Iowa.

A motion to deny this request by Sandy Loney. Second Clarence Sieker. Discussion: None. Motion carried unanimously.

e) SMHC Expansion of Child and Adolescent Services - Discussion

Sheila Martin, CEO of SMHC, shared they currently have around 6,000 patients, seeing around 85,000 yearly and about 175 new patients each month. The amount of kids being seen has increased by over 600 each year, while currently serving 1,000. They have outgrown the current location and have purchased the old Pier 1 building, which will host child and adolescent core services including play therapy, art therapy, sports therapy, and EBPs. This is a \$3,700,000.00 project, a current bond through Woodbury County is being worked on and they are also working with a local bank. They are requesting a one-time funding of 2.7%, \$100,000.00. This will just be an expansion of the main clinic. Everything is done just want region support. Dawn Mentzer would like to know if we can look this over and take action at a later date. Sheila Martin replied yes, but the purchase is already done, they just want the region's support. A lot of the budget was for the HVAC system and roof. Dawn Mentzer would prefer any action be taken after the budget discussion, sometime in February. Sheila Martin believes this is something monumental and this is something for the entire region to be proud of.

f) Data Report of Service Utilization, Alison Hauser – Discussion

Alison Hauser presented the data report for Quarter's one and two of FY23. Alison shared that she can also break down by county utilization and response times. Paul Mentzer believes these are costly services, but they are core services, so we are required to have them. Alison Hauser shared the average time spent on each service is as follows; MCAT is a one-time service, but a client can be seen more than once, CSRS is generally two to four days, 23-hour is for less than one day and she is unsure of subacute. Can get more sent out if needed. 23hr can go into CSRS afterwards. Jean Heiden would like to know what services they actually receive, she believes \$9,000.00 in a 23-hour period is a lot. Nicolle Eaton replied that they do see a therapist. Sheila Martin expressed that the 23-hour costs are so high because the nurses must be staffed 24/7, required by the State of Iowa. Dawn Mentzer shared that these dollar amounts are just the costs, not including Medicaid reimbursements. The region's revenues from miscellaneous revenue are about \$300,000.00. The raw data is not offset with revenue. Sandy Loney reminded everyone that this is from a block grant, the provider will get the money no matter how many people are seen. Dawn Mentzer would like to know if the numbers are increasing. Alison Hauser shared that clients have decreased in CSRS and MCAT for PAMHC. Clients have increased in MCAT; however, they are under for CSRS and 23-hour, while subacute is new, for SMHC. Sandy Loney would like to know why the numbers are down. Kim Keleher disputes the numbers presented; these numbers are not what PAMHC sees in their data. Dawn Mentzer reminded the board that these only reflect what we pay out. Kim Keleher believes the numbers are completely skewed. Sheila Martin expressed these services have been running since 2016, they are voluntary, and they cannot force people to come; however, they are a core service so it must be funded. Paul Merten would like to know if data analytics is required to be done. The region

needs to be very careful how this data gets put out there. Alison Hauser believes the numbers are accurate as they come from the providers; however, the finances might be off, but the State does not ask for this. State is comparing with other providers Jean Heiden would like a breakdown per county. Alison Hauser will send that breakdown out to all board members.

g) Crisis Services Updates – Melissa Drey, Plains Area Mental Health Center & Nicole Eaton, Siouxland Mental Health Center - Discussion

Nicolle Eaton shared that she met with Ashley Miller, PAMHC, on Monday to discuss peer reviews regarding denials, which reflected a general agreement with denials. The same two clients were denied for the same reason by each provider. Many are denied for needing a higher level of care, sometimes they can provide it and other times cannot. If they feel they cannot keep them safe or they are suicidal, that is another reason for denial. SMHC has a nurse on staff 24/7 but Turning Point does not so SMHC will take some of their denials as referrals Denial rate is around 7%. They want to improve numbers, but can't make people come in our doors. They have a booklet to pass around about our services. Sandy Loney asked if these are being passed out. Nicolle Eaton shared that she just met with law enforcement again to pass out the booklets. Kim Keleher shared there are also commercials, in both English and Spanish, on channels 9 and 4. Nicolle Eaton added there is also radio advertising in Pocahontas, Humboldt and Carroll counties that started in July. Ashley Miller added that it has been beneficial meeting with Nicolle Eaton every month for peer review. Weather has been the biggest issue recently.

h) FY'24 Budget - Action

Dawn Mentzer presented the FY24 proposed budget. There is a \$600,000.00 deficit from current to state allocation. Put a couple scenarios together and found a general placeholder in the budget for core service development for the past 3-4 years and was able to reduce that budget. The DHHS letter attached shows that we will only receive \$1,159,313.52, this has been factored into the reduction and we still end about 20% this year. This has been a placeholder of \$1,425,000.00 that has been reduced by \$700,000.00, leaving a \$725,000.00 placeholder. We must go from 80% to 24% by the end of this year. At this point, we do not need to lose Stepping Stones and do not need to cut services or fees. Some requests we've had do not fit code, our hands are tied, and we cannot deviate from that. Scott Jacobs asked if this money needs to be spent by the end of June, if so, we should fund SMHC with the \$100,000.00 request. Mike Fischer believes we need to have conversations with providers, we have the monies now but we may not in the future. Dawn Mentzer stated the proposal of \$100,000.00 by SMHC must be for service, not for the building. A salary wage increase of 3% was included in the budget. Sandy Loney expressed concern that 3% is low, as most places are increasing due to the cost of living. Humboldt County will probably do 6-8%, but she believes a 5-6% increase is appropriate. Jean Heiden stated that Crawford County is not going above 3%. Mike Fischer agreed the region should approve more than 3%. Paul Merten shared that Buena Vista County is approving 3-10% increase. Clarence Siepker shared that Pocahontas County has approved a 8.2% increase for elected officials which includes cost of living. Matthew Ung stated Woodbury County has not

certified their increase; however, 3% is plugged in but not final. Matthew would like to know what the other regions are doing. Dawn Mentzer is unsure but will ask at the CEO/DHS meeting tomorrow. Matthew Ung shared that last year saw a 4% increase. Scott Jacobs shared Calhoun County is showing an 8% increase across the board but no decision has been finalized. Dawn Mentzer shared that last year was a 4% increase. She will talk with other CEO's and we can amend the budget with other pay increase options and do another meeting in a week to finalize. Matthew Ung agrees with a 4% increase if we need to approve today but is okay if we wait. Sandy Loney believes we should wait until Dawn talks with other regions. Dawn Mentzer expressed that we will wait to finalize the budget until we can secure a pay increase, we will hold a Zoom meeting to finalize. The budget needs to be finalized to the County by March 15th.

New Business

a) Schedule next meeting – February 22, 2023 at 2:30 p.m.

A motion to approve the next meeting for February 22, 2023 at 2:30pm TENTATIVELY by Jean Heiden.

Second Scott Jacobs. Discussion: None. Motion carried unanimously.

b) Adjourn

A motion to adjourn by Gene Meiners. Second Sandy Loney. Discussion: None. Motion carried unanimously.

Minutes recorded by Kelsey Allen, Administrative Assistant.