



# Rolling Hills

## Community Services Region

Buena Vista \* Calhoun \* Carroll \* Cherokee \* Crawford \* Humboldt \* Ida \*  
Pocahontas \* Sac \* Woodbury

### Regional Adult Advisory Board Agenda

Meeting will be held via Zoom

May 16, 2022

1:00 p.m.

**1. Call to Order / Welcome and Introductions– Kim Keleher, Chair**

Dawn Mentzer, CEO; Kelsey Allen, Administrative Assistant; Jean Heiden, Crawford County; Louise Galbraith, Lisa Bringle, Caylyn McCormick, Theresa Jocum, Julie Albright, Coordinators; Melissa Drey, PAMHC; Nicolle Eaton, SMHC; Rachel Wurth, Rosecrance; Joan Hansen, Prairie Lakes AEA; Clay Adams, Wesco; Karla Manternach, Counseling Services, LLC; Mindi Rotert, St. Anthonys; Stacey Warner, Trivium; Teresa Magnussen, Anita Schlender, Imagine the Possibilities; Brian Flikeid, Aurelia/Marcus Police Chief; Todd Noack, Life Connections; Kim Keleher, Plains Area Mental Health; Rob Aiken, DHS; Kathy Erickson, Mental Health Advocate; Amanda Weber, Howard Center; Jamaine Wamberg, SMHC

**2. Core Services Development- Update**

**• Access Center/Subacute Discussion/Community Based Crisis Stabilization Update–Nicolle Eaton, Melissa Drey**

Nicolle Eaton, SMHC, stated construction is continuing, the sub-acute application turned in 30 days in advance and will be turning in at end of month to DIA. SMHC is hiring for positions. Crisis stabilization has been accredited. Access Center will be meeting in Iowa City on Wednesday, May 18, 2022 for current Access Center executives across the state with Governor/Lt. Governor/Medicaid Officials to discuss what everyone is doing and the

progress being made.

Melissa Drey, PAMHC – reach out to turning point for questions. Kim Keleher – received accreditation for community based crisis services.

Dawn Mentzer – what has transpired for marketing the Community based crisis service and ACT? Melissa Drey and Nicolle Eaton will work together for marketing, reached out to community members about what they offer, need to make it a priority – get quotes from marketing agencies, funding come out of dollars now vs later.

Nicolle Eaton – contacted by Iowa PBS to do story for MCAT within region, working with Colleen to put together a few individuals to speak on the MCAT, end of the month hopefully.

### **3. IRSH Update – Stacey Warner, Trivium**

Stacey Warner, VP Operations, HCBS habilitation – meet all IRSH behavioral health and HCBS requirements – treatments & community Living – 24 hour service – community based residential home – 4 individual bedrooms, in home or outside – meet HCBS residential settings rules, client choice needs to be incorporated – Medicaid funded through provider contract with MCO – how will the necessity be defined.

So close to having a signed contract with MCO hopefully by this week, 1 – 4 bed by July 1<sup>st</sup>; ideally, trying to locate a home and speak with landlords – ran into concerns about having individuals with higher needs and renting to them even with housing rules – treatment/therapeutic integrations and allowing alone time.

Dawn Mentzer – Amerigroup/Trivium has a verbally agreed upon rate, no contract?

Stacey Warner – only verbal agreed upon rate, did receive a written contract and looking it over now. CLIENT CHOICE matters to HCBS – 1 staff to every 2 ½ clients, want 2 staff per shift – staffed 24/7 with a night staff – IRSH therapist, behavioral health professional, coordinator, need someone certified – direct support professional with higher level of learning than most.

Dawn Mentzer asked what are the start-up costs?

Stacey Warner responded the costs will be split between SW IA and the region, starting in Sioux City then additional home in southern part of state, higher cost, protective furniture, vehicle, build up costs, safety/security, home with behavioral health settings, staff training, certified peer support specialist.

Kim Keleher asked if clients come with Iowa Total Care and/or one MCO, is region expected to cover the costs?

Stacey Warner responded that they are negotiating with Iowa Total Care.

Rob Aiken, DHS, states that he has nothing to add, but he wants to contract with both of them, soften some language on unplanned discharge to make it more provider friendly, easier to

access crisis services.

Stacey Warner states they are talking with MCO, ask them to reference and agree to follow the “no-reject/no-eject” protocols and guidelines.

Dawn Mentzer asked when can our staff start making referrals?

Stacey Warner states they will have a better idea at the end of May, not before June 1<sup>st</sup>, need staff hired and contract signed before we can accept referrals. We don’t want to start off filling all the beds at once, who NEEDS this and who will be served the best TOGETHER, might need to slowly add clients because this is a new program.

They just hired two directors of behavior health, one from all over Iowa and the other specified to the region, always looking for more.

#### **4. Rolling Hills CIT Training Results – Committee**

Melissa Drey states that in Sac City people showed up, including law enforcement, therapist, region members, paramedics; it made them interested in the longer training if we can find time, very well presented, very well received training.

Nicolle Eaton states that in Sioux City about 45 people including deputies, jailers, law enforcement, AEA members were trained; it was very well received, appreciated training, Sioux City will be utilizing in the future.

**Brian** states that he attended and was a little disappointed at lack of law enforcement, he assumed there would be more in attendance as its required; most agencies will have a hard time sending someone to training due to manpower/salaries/hotel rooms, easier for a larger department.

Kim Keleher states there is new police chief, very engaged and interested in mental health and he is looking forward to working with Plains Area for resources for his officers, he could be a good candidate (Brandon – he attended in Sac City, Melissa has his contact information), very behind all training for his officers.

Dawn Mentzer states that two officers trained would be ideal.

Stacey Warner states that having law enforcement champions to teach others in the agencies would be ideal.

#### **5. Life Connections Recover Presentation – Todd Noack**

Todd Noack shared a Life Connections Peer Recovery Services presentation (14 in Iowa) Rhonda’s House- Dewitt, IA (no charge to anyone) – refer through website/phone call, guest must be the one to call, must be 18 years old, substance free for 24 hours, free to come & go until 10pm, stop taking guest at 8pm, no medical staff, 7-day stay.

Some come straight out of jail, taken to referral center for food and clothes.

100% peer run, all staff certified peer specialist.

Can make a reservation online.

#### **5. Data Analytics/Evidenced Based Practices Committee update – Regional Staff**

Lisa Bringle, Coordinator, states the EBP groups final recommendations to CEO steering committee, peer support recovery group and life connections is highly recommended, there is free training through University of Iowa for anyone needing to learn about EBP, where regions want to go, DHS is involved in those. Next step to get EBP's going, recommend to remove some from actual Code, who knows if it will happen.. June 2<sup>nd</sup>, final recommendations to CEO to be turned in.

Dawn Mentzer states that Allison Hauser cannot be here today, data analytics includes pulling information from programs to make enhancements/improvements. She states the staff met with 2 other regions and discussed possibility of doing a survey for services and satisfaction of services, services need to be utilized, surveys will go out in June and need all feedback so we can ensure the best.

#### **6. Provider Updates?**

None.

Dawn Mentzer states the next Governance Board meeting will be hosted at the Harry Rasmussen building for Wednesday, May 25<sup>th</sup>, 2022.

#### **7. Next Meeting: June 27, 2022 at 1:00 pm**