



Rolling Hills

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Humboldt * Ida *
Pocahontas * Sac * Woodbury

Regional Adult Advisory Board Minutes

Meeting will be held via Zoom

March 28, 2022

1:00 p.m.

1. Call to Order / Welcome and Introductions– Kim Keleher, Chair/Leisa Mayer, CDS

Those in attendance: Louise Galbraith, Lisa Bringle, Julie Albright, Leisa Mayer, Melissa Drey, Nicolle Eaton, Kim Keleher, Theresa Jochum, Jill Barr, Anita Schlender, Karla Manternach, Alex Leu, Rob Aiken, Mindi Rotert, Clay Adams, LeAn Taylor, Theresa Magnussen, Alison Hauser, Joan Hansen, Representative Dennis Bush, Maggie Martinez, Jessi Maxwell, Elizabeth Stanek

2. Core Services Development- Update

• **Access Center/Subacute Discussion/Community Based Crisis Stabilization Update–Nicolle Eaton, Melissa Drey**

Nicolle Eaton updated on the progress of the access center. Construction is going well, and she shared pictures, they are on target for July 1st start date. Crisis stabilization, access, subacute and 23 hour observation will be housed in one place. Both agencies, Siouxland Mental Health and Plains Area Mental Health, have been working on Crisis stabilization community based, and have submitted applications along with policies and procedures to the State and are hoping to have them reviewed by the state soon.

Mindi Rotert asked how many referrals have come in for crisis stabilization. Nicolle said it is a 2-person average per day for SMHC and the same for PAMHC. Nicolle said they have had several triage calls and are averaging 60-70 calls for resources, referrals or they just

need someone to talk to. Melissa said they have gotten calls from parents needing support with children.

We need to add MCAT updates for the next meeting.

3. IRSH Update – Trivium

Rob Aiken reported that from the last meeting concerning IRSH, they are awaiting contracts with both MCO's. The state is putting pressure on the MCO's to get the programs going. Clay Adams said the rates the MCO's gave at a meeting today were extremely low. Rob believes the rate will be based on the highest habilitation or ID waiver rate.

Kim Keleher asked how this will interact with legislation that will open more beds at the State institutes which are IRSH type of beds (intensive psychiatric beds).

4. Rolling Hills CIT Training – Committee

Nicolle Eaton reported that there is a conflict with April 25-26th trainings. Joe has been invited to speak at the Capitol in Washington DC on those dates. They would like to do the training without him, Jesse and one other person will be there.

The numbers of attendees are picking up. They have reached out to all sheriff, police, fire, and EMS departments as well as schools. Sioux City has 45 attendees registered as of today.

5. FY'23 Annual Service and Budget Plan

Leisa Mayer provided an overview of the plan. The Plan lists the Governance Board members, adult advisory board members, local access points, which now includes Pocahontas and Humboldt Counties. Crisis planning, service coordination, projected revenues, and budget. Alex pointed out that Pocahontas and Humboldt's County advisory boards are not in the plan, and he has agreed to cover both counties.

6. Provider Updates?

Nicolle Eaton, there is a separate CIT training that will be held by the State which is being paid for by the Regions based on a per-capita rate. Solutions Point will be providing 40-hour training at the Law Enforcement Training Center. Alex Leu wants us to reach out and get people from our region to attend the 40-hour training. Brian would like the same committee to work on this as well. Nicolle suggested that it be promoted at the trainings in April. Alex suggested finding more diverse ways of providing the training, such as having it one day a week for 4 weeks. Both trainings are approved for CEUs for mental health.

Mindi Rotert reported that St. Anthony's is working on hallways which has reduced the census right now. Timely referrals have been an issue as people have re-entered the hospital before providers or referrals have contacted with the person. St Anthony is doing a 5k walk/run for mental health on May 1st on the trail in Carroll, if interested in having a table for information please contact Mindi. Registration is \$20 by April 8th, includes a t-shirt and silent auction.

Nicolle Eaton reports that they can now provide MCAT in day care centers and they have reached out to several centers and programs.

Clay Adams reports that Stepping Stones is running well and they are exhausting efforts to come up with nontraditional funding in light of changes that may happen with regional funding. They have contacted legislators that Transitional Living needs to be a core service. Wesco has closed their RCF, Camelot, and has been converted it into a duplex for HCBS and should be ready mid-April. They are also still seeking staff.

Lisa Bringle spoke about Evidence Based Practices. Regional staff have been participating in meetings and the information is going to the regional CEO's. She does see challenges for providers concerning staff to carry out EBP's. Discussion concerning the expense and lack of training for various EBP's such ACT, IPR, permanent supported housing and IMR.

Representative Dennis Bush gave updates on the mental health bills.

7. Next Meeting: April 25, 2022 at 1:00

This is also the CIT training date, so it will be changed.