



Rolling Hills

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Humboldt * Ida *
Pocahontas * Sac * Woodbury

Regional Adult Advisory Board Minutes

Meeting will be held via Zoom

January 24, 2022

1:00 p.m.

1. Call to Order / Welcome and Introductions– Dawn Mentzer, CEO/Kim Keleher, Chair

Those in attendance: Dawn Mentzer, CEO; Louise Galbraith, Lisa Bringle, Julie Albright, Theresa Jochum, Alison Hauser, Leisa Mayer, Coordinators; Melissa Drey, Kim Keleher, PAMHC; Nicolle Eaton, SMHC; Teresa Magnussen, Anita Schlender, Imagine; Amy Jeppesen, Trivium; Mindi Rotert, St. Anthonys; Kristen Nehring, Home Care Options; Jennifer McCabe, Opportunities Unlimited; Jolie Corder, New Perspectives; Joleen Schmit, Calhoun County; Chad Jensen, New Opportunities; Ashley Barnes, Mercy; Todd Lange, Amerigroup; Karla Manternach, Counseling Services; Brian Flikeid, Law Enforcement; Jim France, ARC; Laurel Zoet, AEA; Jean Heiden, Crawford County Supervisor

2. Core Services Development- Update

• Access Center/Subacute Discussion– Dawn Mentzer, Nicolle Eaton, Melissa Drey

Nicolle Eaton reported on the progress of Siouxland Mental Health Center's subacute/access center progress. The concrete has been poured for the addition and hoping to start building soon. SMHC is exploring becoming accredited in substance abuse treatment to help cover the SA requirement for the access center, hoping to have it in place when the access center opens. They are aiming for July 1, 2022 for opening.

The building will be modified so both services can be in one place. Observation beds will go from 5 to 3 beds, stabilization beds will go from 9 to 4; and adding 5 subacute beds. The beds are not decreasing, just reallocated to meet needs of the programs. Nicolle explained the difference between crisis residential and subacute. The person can start with subacute and move to crisis stabilization. A person can enter any of the services and transition as appropriate.

Dawn Mentzer had a zoom meeting with Mary Greely Hospital who is looking to open their subacute to other regions to meet capacity. Dawn would like input: Mindi from St. Anthony's sees that as a good option as it is close to Carroll. They will be putting an MOU together and send it to Dawn, when the MOU is received it will go to the Governance Board for approval. It will be \$400 per day fee for service.

- **Woodbury County Law Enforcement vision for Access**

Woodbury County Law Enforcement would like to develop a campus with the new jail, such as DHS, VA and mental health building that would be a one stop shop (a place to take a person and drop them off and have staff do assessment). Provide any input to Dawn.

3. Community Based Crisis Stabilization Update – Nicolle Eaton, Melissa Drey

Community Based Crisis Stabilization: Nicolle, Melissa and Ashley Miller met last week with Eyerly Ball who has the program and they shared information to help in the start of our program. They have a vision, both agencies need to get policies and accreditation in place. The rural areas will have a more difficult task in meeting the daily needs compared to Sioux City due to the travel distance and so forth. PAMHC is looking at adding 1-2 staff.

4. IRSH Update – Trivium

Amy Jeppesen reports that Trivium is close to an agreement with the MCO's to provide IRSH. They hired Stacy Warner who is taking the lead on the IRSH project. The goal is to open in July 2022. They are searching for property. They are looking at a client in the hospital and how they could serve the person and then transfer into IRSH when open – hiring enough staff is a barrier. It will be in Sioux City, and 8 beds.

5. Solutions Pro + Training Update / Statewide CIT

CEO's in the state have reached out to provide this training across the state, 40-hour trainings in 10 areas in the state. There will be an option for partial online training for those who cannot commit to 40 hours. In April, we will be hosting them to do one day trainings, save the dates have been sent out and the response is low. The statewide proposal is above what we will offer this spring.

Brian would like to do our 1-day training and see what interest in further 40-hour training would be. Brian is waiting on information from Solutions Pro to present to the academy to make sure they will approve our training to meet the mental health training requirement. We will proceed with our training and gauge interest at that time. There is a meeting to discuss this later this week.

6. 988 Presentation – Melissa Drey

Melissa Drey reported that 988 would be like 911 for medical emergencies...988 would be for mental health emergencies. It is being worked on by various crisis agencies, DHS, and community members attend and listen in. They have been meeting once a month. You would call into 988 and a dispatcher would answer and triage the situation. They would like to be functional in a year or two, it will need a lot of marketing, and there are cost and staffing issues. They are working on processes now. There is debate if this would replace mental health center crisis lines. The roll out date is July of 2023.

7. Performance Based Contracts/EBP Update – Dawn Mentzer/Lisa Bringle

Dawn read part of the contract between DHS and the region that states other sources of funding needs to be used before regional funds. We will be held to the contract, and we need to work with our providers.

Lisa Bringle reported on the implementation of EBP's. Regional coordinators sit on the various EBP groups. Most groups have just had one meeting and are planning next steps, and are trying to figure out EBPs that do not have a tool for measuring fidelity, what will the state want to meet this need.

Dawn asked for feedback from our providers. Kim Keleher reports that ACT will meet fidelity, but it is not a program in the entire region. Nicolle Eaton reports that SMHC is looking at ACT in Woodbury County. Kim has asked for clarification on meeting qualifications of programs. IPR is not provided, and training is needed which is very costly. SMHC discontinued IPR a few years ago, they could pick it back up if there was funding. Dawn does not see any exceptions for providers who are providing similar services

7. RCF Policy

Currently the region will fund 3 months for further stabilization after a hospital stay. We are running into issues with providers not wanting to take our people if it is only for three months. If the person has habilitation or other funding that must be used first.

Kim Keleher asked for the reasoning for the request from the provider for longer than three months. Leisa Mayer responded is that they do not believe everyone is ready in three months, we have asked for monthly meetings on progress, extra support in the RCF setting (therapy, med management peer support and so forth). Theresa Jochum is also working closely with the provider as well; she will be taking the lead on RCF placements and referrals will come to her for the region. Group consensus was to leave the policy in tact as it is today.

8. Provider Updates?

None.

10. Next Meeting: February 28, 2022 at 1:00