



Rolling Hills

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Humboldt * Ida *
Pocahontas * Sac * Woodbury

Regional Adult Advisory Board Minutes

Meeting held via Zoom

September 27, 2021

1:00 p.m.

1. Call to Order / Welcome and Introductions– Dawn Mentzer, CEO/Kim Keleher, Chair

Those in attendance: Brian Flikeid, Aurelia/Marcus Chief of Police; Kristin Nehring, Home Care Options; Melissa Drey, Kim Keleher, PAMHC; Teresa Magnussen, Anita Schlender, Imagine the Possibilities; Nicolle Eaton, SMHC; Lisa Bringle, Theresa Jochum, Alison Hauser, Dawn Mentzer, Julie Albright, Leisa Mayer, Louise Galbraith, Rolling Hills; Maggie Martinez, BVRMC; Karla Manternach, Counseling Services, LLC; Mindi Rotert, St. Anthonys; Annette Koster, Early Childhood; Alex Leu, Pocahontas Police Department; Laurel Zoet, NWAEA; Joleen Schmit, Calhoun County Public Health, Liz Stanek, Partnerships for Families, Erin Muck, Crawford County Memorial Hospital

2. Core Services Development- Update

- **Access Center/Subacute Discussion– Dawn Mentzer, Nicolle Eaton, Melissa Drey**

The building purchase is complete. Nicolle Eaton shared a layout of the addition and changes to the building. The name has been changed to Siouxland Crisis Center and re-branding of the building and services has started. A contractor that has worked with SMHC is starting the process of remodeling. They are looking for the blueprints of the building, as the City requires this to proceed. Office space will be added, including an office for a full-time care coordinator that will be hired. There will be 3 chairs for observation, laundry will be added to access center area (utilizing a small bathroom). A

driveway will be poured along the side of the building leading to parking in the back of the building. Once the city permits are in place, they will be ready to go with building/remodeling. Once it starts it should be enclosed within a few months. They are working on the substance abuse provider component and a meeting is scheduled for October 13, 2021.

Dawn Mentzer would like financial commitments from Sioux Rivers and Care Connections of Northwest Iowa Regions to help with the cost of services. Nicolle would like to wait until after meeting with other providers in October before working on an operational budget. Kim Keleher commented that having Rosecrance as a provider will be key as they have IPN funding for persons who do not have insurance.

The Access Center and subacute target opening is July 1, 2022, depending on construction, licensure and so forth. The YES Center is willing to expand transportation for all 10 counties. Law enforcement is aware of the program. Brian Flikeid commented that the most resistance would be from smaller LE agencies in rural areas.

There was discussion concerning admission – if level of care is inpatient, then that is where they will go, otherwise they can be referred to the access center (which would decide if they needed crisis, subacute and so forth). The goal is for referral to the access center before they get to the ER.

3. Community Based Crisis Stabilization Update – Nicolle Eaton, Melissa Drey

Melissa Drey explained that the program is like taking the crisis home into the community and serving people in their own homes. Referrals come through MCAT. The person would meet with a therapist each day (average of 5 days), and any other services needed. They are working toward using crisis home staff, and they are hiring (PAMHC). The program is for all ages.

Nicolle Eaton shared that Siouxland Mental Health Center is also looking at using current staff. The indication is that it will not be a highly used program. Nicolle sees this as a program for those who for some reason cannot leave their home to go to crisis residential.

The anticipated start date depends on hiring and training of staff.

4. IRSH Update – Trivium

Dawn Mentzer provided an update based on Trivium's presentation to the board last week. The biggest obstacle is that it is under the HCBS rules which do not allow for court

commitments. Currently clients would have to choose to enter the program and most people this would serve are not going to make that choice. Amy is working with the MCO's and IME to find a workaround the rules issue. Contracts with the MCO's are being worked on.

5. Solutions Pro + Training Planning Committee Update

Melissa Drey updated: they are working on providing a modified CIT training for law enforcement. Normally CIT is 40 hours, we are looking at 1 day training in Sioux City and 1 day in Sac City. Care Connections of North West Iowa and a few other regions would like trainings so we may be able to work with them to provide more days and locations. EMS, fire department, police, etc. anyone who encounters mental illness are the target audience and would help when serving all ages. They are looking at trainings this spring. Laurel Zoet asked if schools would be able to attend, yes, they can be included. They will keep everyone updated on the progress.

6. Website Update

Theresa Jochum provided an update. This week they will be send all the staff items for approval and should be going live on October 4, 2021. We are looking for events and items for the home page. The resource guide, staff contacts and such are on the site. The site will be www.rollinghillsregion.com. The Carroll NAMI group will be added. The site can be a link on any one's website to direct people to us.

7. Performance Based Contracts/EBP's – Dawn Mentzer/Lisa Bringle

Lisa Bringle, EBP steering committee was started and learning communities were broken down to the different areas. October 5th there is a meeting with EBP and data analytics and regional CEO's to decide how it will move forward. A lot of good work has been done with the groups. Kim Keleher commented that they, mental health providers, have EBPs they are required to meet, will they align with the regions EBPs as doing both would be a lot of work and take a lot of staff. The language needs to match up. Kim commented it would be great to keep communicating with mental health centers to make sure it meshes.

Dawn Mentzer went over the performance based contract which will be in effect January 1st. We must be in at least 85% compliance of access standards (providers) for the regions to obtain full funding. If we meet less than the 85% the state will withhold a portion of our funding. Dawn can send out the Chapter 25 Administrative Rules so providers will be aware of them. If we are out of compliance, we can enter a performance improvement plan and then a corrective action plan and if that does not work the State has the ability to dissolve a region.

Kim asked how detailed they are going to be, as a provider do they need to track time (for example with MCAT)? Melissa and Nicolle already track the time MCAT takes from the initial call to completion.

8. Provider Updates?

Dawn Mentzer asked Kim Keleher how ACT is going in Carroll and Crawford. They are taking referrals, there is one so far.

9. Next Meeting: October 25, 2021 1:00 p.m.