



Rolling Hills

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Humboldt * Ida *
Pocahontas * Sac * Woodbury

Regional Adult Advisory Board Agenda

Meeting will be held via Zoom

August 30, 2021

1:00 p.m.

1. Call to Order / Welcome and Introductions– Dawn Mentzer, CEO/Kim Keleher, Chair

Those present: Dawn Mentzer, CEO; Leisa Mayer, Louise Galbraith, Alison Hauser, Julie Albright, Coordinators; Shawn Fick, Goodwill; Jolene Schmit, Calhoun County Public Health; Melissa Drey, Plains Area Mental Health; Nicolle Eaton, Sheila Martin, Jessi Maxwell, Siouxland Mental Health; Teresa Magnussen, Anila Schlender, Imagine the Possibilities; Kristen Nehring, Home Care Options; Tracey Jepsen, Parent Rep; Amy Jeppesen, Trivium; Jean Heiden, Governance Board Representative

2. Pocahontas and Humboldt Advisory Board Representatives Update – Alison Hauser

Alison Hauser, Coordinator for Pocahontas and Humboldt Counties, reported that Alex Leu is willing to serve as the Pocahontas representative. She has a lead on a new provider in Humboldt County and will contact her and report back to the advisory board.

3. Future of Core Services Development

• Access Center/Subacute Discussion– Dawn Mentzer, Nicolle Eaton, Melissa Drey

Dawn Mentzer updated the advisory board on the purchase of the building, which should be closing on 8/31/21. Jean Heiden stressed not to give them a check until we have the deed. Dawn would like a monthly action plan as we move forward with the development of the service. We need to have our core services in place or we could lose a percentage of our state funding.

Nicolle Eaton and Sheila Martin gave an update of Siouxland Mental Health Center's progress. They have been working on rebranding the building. "Siouxland Mental Health Crisis Center" is the most popular choice. This name is identifiable to the mental health center as well as clearly stating the purpose making it identifiable in the community. *Melissa Drey made a motion to accept the new name of "Siouxland Mental Health Center Crisis Center". Second by Karla Manternach. Discussion: none. Motion carried unanimously.*

They have met with contractors and are getting estimates to narrow down and finalize the dollar amount for renovations to forward to the Governance Board. Sheila is hopeful to have bids in the next few weeks and will get them to Dawn. She believes concrete may be the most expensive item.

Amy Jeppesen of Trivium offered to reach out to providers in Idaho who have started access centers in the last 2-3 years. She will facilitate a meeting with her contacts and Sheila and Nicolle; they may be able to provide useful information and help in development of the service.

Dawn Mentzer spoke to the board about bringing training in for regional law enforcement that would tie in well with crisis services. At a training attended by regional staff and Nicolle Eaton, Joe Smarro and Jesse Trevino of Solution Point+ presented their approach to law enforcement in dealing with persons with mental illness. Both were police officers in San Antonio, Texas and a documentary on HBO was done about their program while in law enforcement. They can be contracted to provide training in our area. Shawn Fick suggested back-to-back (2 days) of training to give options for law enforcement departments to have options for greater attendance.

Dawn asked for volunteers to serve on a committee to work on this project. Nicolle Eaton, Melissa Drey, Joleen Schmit and Kristen Nehring volunteered; Dawn will send an email to inquire if anyone else would be interested.

- **DEFINE FUTURE ACTION STEPS/CONCRETE PLAN FOR DEVELOPMENT AND IMPLEMENTATION**

Currently Siouxland Mental Health is focusing on the renovations and getting bids, they do not have a timeline yet. Future access center steps include:

- Apply to DHS and DIA for subacute
- Develop policies and procedures
- Service plans, definitions

- Staffing

4. Community Based Crisis Stabilization Update – Nicolle Eaton, Melissa Drey

Melissa updated the board that Plains Area Mental Health is looking at staffing structures, using current staff at Turning Point. Melissa will be working with Ashley Miller, as they need to hire staff, and are hoping to roll out the program in late fall.

Nicolle Eaton reported that Siouxland Mental Health is in the same situation with hiring and training staff. They are developing policy and procedures.

Melissa sees children utilizing the service as well as adults.

5. IRSH Update – Trivium

Amy Jeppesen is working with DHS concerning the HCBS rules that IRSH was put under. Under the HCBS rules, a person cannot be court committed to the IRSH home and would have to consent to the services and treatment. Rob Aiken with DHS is meeting with IME to discuss this situation as other providers considering IRSH are in the same boat. Amy did send a list of questions/issues to Rob for his meeting.

Preliminary work on the project is being done, so once we hear back considering the rules Trivium can move forward. Once the rules are clarified or a work-around is found, Amy anticipates about a six-month timetable to start.

6. Website update – Theresa Jochum

Theresa was unable to attend the meeting. Regional staff will be meeting with the website provider tomorrow and more information on the roll out will be provided.

7. Performance Based Contracts

Dawn Mentzer attended a regional CEO meeting with DHS last week concerning the contracts. At the meeting she received a draft contract and gave the board a brief overview.

- Regions will be responsible to work with providers to implement evidence based practices (EBP). Lisa Bringle is on the state steering committee for EBP's.
- All core services need to be in place by 7/1/22.
- The region will participate in a data analytics work group
- The region will report administration costs to DHS for review (7/1/23). It is unsure if coordinators will be considered administration or not, currently the region is 12% administration.

- Access standards for core services per Administrative Rules have to be met 85% of the time
- Standard definitions

If regions are out of compliance the State can withhold funds. If non-compliance continues DHS can dissolve a region. The contracts need to be signed and ready for January 1, 2022. Dawn anticipates receiving a contract template in the next few weeks from DHS and will send it to providers.

Mental health centers need to know what data the State will want so they know if they can pull the information from their systems.

8. Provider Updates?

None.

9. Next Meeting: September 27, 2021 1:00 p.m.

Minutes recorded by Louise Galbraith