

# Community Services Region

Buena Vista \* Calhoun \* Carroll \* Cherokee \* Crawford \* Humboldt \* Ida \*
Pocahontas \* Sac \* Woodbury

Regional Adult Advisory Board Minutes

Meeting was held via Zoom

July 26, 2021

1:00 p.m.

- 1. Call to Order / Welcome and Introductions— Dawn Mentzer, CEO/Kim Keleher, Chair Those in Attendance: Leisa Mayer, Lisa Bringle, Alison Hauser, Theresa Jochum, Louise Galbraith, Rolling Hills; Teresa Magnussen, Imagine the Possibilities; Nicolle Eaton, Jessi Maxwell, Siouxland Mental Health Center; Joleen Schmit, Calhoun County Public Health; Karla Manternach, Counseling Services; Shawn Fick, Goodwill; Amy Jeppesen, Trivium
- 2. Pocahontas and Humboldt Advisory Board Representatives
  Alison Hauser, Coordinator for Pocahontas and Humboldt Counties, is working on a few leads and will get them to Dawn Mentzer for consideration.

#### 3. Future of Core Services Development

• Access Center/Subacute Discussion— Dawn Mentzer, Nicolle Eaton, Melissa Drey Nicolle Eaton updated us on progress made. The purchase of the building in Sioux City is being finalized. With the change of the state taking over funding the system and the requirement to spend down fund balances, she hopes we can spend on the development of the access center. SMHC is looking at rebranding and removing Sioux Rivers Region from the building and services. They will put together a list of names and have a vote. A contractor is coming out to explore changes. The thought is to have 4 stabilization beds, 5 Subacute beds, and 5 23-hour observation beds, and possibly more office space for additional employees that will be needed. They need to connect the current kitchen to the Subacute portion of the building so both programs have access. They will need additional parking in the back of the building. Siouxland Mental Health is working on become a substance abuse provider, and looking at working with Plains Area Mental Health Center as well. They are actively seeking accreditation with the State. They would like to have the services up and going by July 2022, there are concerns with construction and accreditation time frames. Sioux Rivers and North West Iowa Care Connections are contracted for the services for one year.

## 4. Community Based Crisis Stabilization Update – Nicolle Eaton, Melissa Drey

Nicolle Eaton is waiting to hear back from DHS on accreditation. Plains Area Mental Health is in the same process.

#### 5. IRSH Update – Trivium

Amy Jeppesen of Trivium updated us on progress and development of the IRSH home project. They are meeting with MCO's and stakeholders. Contracts with Amerigroup and lowa Total Care have been received. Legislature put IRSH under HCBS services where a client must volunteer to come to the facility and to therapy. She is working with CEOs, DHS and MCO's for a work around as clients most likely will not want to participate voluntarily. Time frame will depend on the HCBS piece and if it must go back to legislation, it should have been put under residential so it could be non-voluntary services. 10 beds are being looked at to help with cost of staff/services.

#### 6. Performance Based Contracts

Performance based contracts are coming by January 2022. Lisa Bringle will be representing Rolling Hills on the Evidence Based Practice committee with their first meeting in August. Lisa will update the boards as she receives information.

### 7. Provider Updates?

Teresa Magnussen mentioned that an IACP informational letter came out with rate increases which would be effective July 1, 2021.

Nicolle Eaton let the group know that Siouxland Mental Health is starting an urgent care Monday – Friday from 9am-3pm.

Joleen Schmit let us know that they have joined with Carroll NAMI and she is working with a new partner as Nancy is no longer with her. Family to Family and Basics (parents with school children) classes will be held in the Fall.

8. Next Meeting: August 30, 2021, 1:00 pm