



Rolling Hills

Community Services Region

Governance Board Meeting

Cobblestone Inn and Suites, Holstein

April 28, 2021– 2:30 p.m.

Minutes

1) Call to Order –Chairman, Paul Merten

2) Roll Call of Counties – Introductions

Buena Vista County: Paul Merten

Calhoun County:

Carroll County: Rich Ruggles

Cherokee County: Wane Miller

Crawford County: Jean Heiden

Ida County:

Sac County: Brent Wilhelm

Woodbury County: Rocky DeWitt

JaMaine Wamburg, Parent Representative

Jolene Schmit, Adult Family Representative

Joan Hansen, Prairie Lakes AEA

Brittany Krause, PAMHC Provider Representative

Kim Keleher, PAMHC Provider Representative

Regional Staff: Dawn Mentzer, CEO, Louise Galbraith, Lisa Bringle, Leisa Mayer, Julie Albright, Theresa Jochum, Coordinators

Guests: Sandy Loney, Humboldt County; Clarence Siepker, Pocahontas County; Steve Kremer, Juvenile Court Services; Karla Manternach, Counseling Services, LLC; Sue Gehling, Classroom Clinic; Amy Jeppeson, Ben Shuberg, Trivium Life Services; Anita Schlender, Teresa Magnussen, Imagine the Possibilities; Jolie Corder, NPI; Serena Garvin; Jean Drey, Seasons Center; Deidra Brown, Clay Adams,

3) Minutes of Previous Meeting

A motion to approve the minutes of the previous meeting as presented by Rich Ruggles. Second by Wane Miller. Discussion: none. Motion carried unanimously.

4) Approval of Agenda

Additions/changes: none

A motion to approve the agenda as presented by Brent Wilhelm. Second by Jean Heiden. Discussion: none. Motion carried unanimously.

5) Comments from the Public: Everyone will have an opportunity to speak. Therefore, comments may be limited to three minutes on any one item.

None

6) Unfinished Business

a) March 2021 Financial Report-Action

Dawn Mentzer presented the March 2021 financial report as summarized:

Beginning balance as of 3/1/21	\$5,032,469.36
Revenue	\$2,306,286.07
Expenditures	<u>\$ 207,728.15</u>
Ending balance as of 3/31/21	\$7,131,027.28

Discussion: Brief update on budget status given and we anticipate coming in under budget this fiscal year.

A motion to approve the March 2021 financial report as presented by Jean Heiden. Second by Wane Miller. Discussion: none. Motion approved unanimously.

b) Potential purchase of property/Access Center – Action

Paul Merten received a call from the chair of the Sioux Rivers Board they have delayed their meeting till we met. They rejected our offer of \$325,000 and countered back with \$396,000.

Dawn Mentzer recommends delaying a decision until the legislature takes action on SF587.

Siouxland Mental Health Center would like to have a decision so we can move forward.

Wane Miller agrees to wait for outcome of legislation.

Paul Merten commented that Sioux Rivers has had discussion to go fee for service and not pay a percentage, they did pass a motion to sell the property but it doesn't appear to be listed yet.

Paul asked if the board would want to counter offer, or stay where we are, If we raise our bid and they go fee for service that wouldn't be good for our budget.

Dawn Mentzer said fee for service would be very low based on their numbers.

Nicky Eaton stated the usage rate for Sioux Rivers is about 10% (\$400 per day cost).

Rich Ruggles asked if there has been any conversation with the Council of Governments (COG)?

Paul Merten hasn't heard back from them. Rich Rick reminded that COG urged not to enter a contract or agreement as that could hurt a block grant.

Paul Merten offered an option that if the COG funds are not there, we make an offer with a contingency if the legislation is passed. This would allow time for Siouxland Mental Health and us to move forward.

Jean Heiden agrees it is risky as the CEO indicated and would like to have a special meeting prior to the next regular meeting following the end of the legislative session.

Brent Wilhelm would like to table it.

Rocky DeWitt also agrees there are too many unknowns and to table it.

Rocky DeWitt made a motion to table it today and call a special meeting if needed after clarification is received. Second by Brent Wilhelm. Discussion: Rich Ruggles asked Dawn to reach out to the COG for information. Motion carried unanimously.

c) I-Start Proposal – Action

Dawn Mentzer updated the board that Bob Lincoln of Elevate is willing to reinvest some grant dollars into I-Start and pursue rates from the MCOs as a Medicaid program and Money Follows the Person. He would like the regions to do a \$.50 per capita, he was willing to give one region \$.25 which changed the desire to contract with CICS Region, and they are stopping funding as of June 30th. The Eastern Region is looking to hire a behavioral specialist and stop I-Start. Dawn wants to focus on core services that need to be invested in per Iowa Code. Her recommendation is to cease funding July 1, 2021. Wesco is very appreciative of the program but agrees that there needs to be some efficiencies with the cost and length of service. We will be at \$140,000 cost this fiscal year.

Felicia Bates reported that Northwest Iowa voted for one year. What Elevate is proposing is that we pay \$.50 per capita no matter how many regions have contracts. Moving to per capita would be a set cost.

Sandy Loney knows that Humboldt has maybe two people using the service.

Jean Heiden commented that making sure we have funds for the services we need and with looking at the purchase of the building and would want to stay with the core services.

Dawn Mentzer reminded that there are other non-core services that we need such as transportation and Stepping Stones which is meeting a significant need.

A motion by Jean Heiden to end the I-Start contract for the next fiscal year (July1, 2021). Second by Brent Wilhelm. Discussion: none. Motion carried - one opposed Wane Miller

d) Humboldt & Pocahontas Transition Update

Dawn Mentzer, Leisa Mayer and Melissa Drey had a meeting in Humboldt with school reps, county attorney and others and they were excited to get MCAT going in both counties. Other meetings will be held to keep the communication going during the transition.

Paul Merten and Brent Wilhelm participated in interviews for the coordinator position. Four interviews were held, the candidate will be shared with the board next month. The offer is

\$52,500 and it was accepted, she would like the higher end of the range at \$55,000 but Dawn told her that would be up to the Board. The coordinator would also be doing SOAR for the eastern side of the region to help Julie Albright who is currently covering the whole region.

e) Cares 4th Round Four Applications – Action

Dawn Mentzer, Brent Wilhelm and Paul Merten met and went through the applications and made recommendations.

Howard Center: amount requested: \$4,525.00, PPE, supplies.

A motion to approve the Howard Center request of \$4,525.00 by Brent Wilhelm. Second by Jean Heiden. Discussion: none. Motion approved unanimously.

Storm Lake CSD: amount requested: \$26,400.00 therapy sessions.

Kim Keleher has questions and PAMHC was not consulted. They have therapists in the schools. This may take a meeting before approval.

A motion to disallow the Storm Lake CSD request of \$26,400.00 by Wane Miller. Second by Jean Heiden. Discussion: None. Motion carried. Joan Hansen abstained.

Storm Lake CSD: amount requested: \$41,200 trauma invested training for staff. Includes training and stipends for staff. Wane sees this as professional development.

A motion to disallow the Storm Lake CSD request of \$41,200 by Wane Miller. Second by Jean Heiden. Discussion: none. Motion carried. Joan Hansen abstained.

Creative Minds: amount requested: \$1,150 meets Covid but possibly not the mental health component. Recommendation is to disallow.

A motion to disallow the Creative Minds request of \$1,150 by Jean Heiden. Second by Rich Ruggles. Discussion: none. Motion carried unanimously.

Northwest AEA: Amount Requested \$2,908 for e-DECA curriculum and licenses/logitech crayons. Recommendation is to approve.

A motion to approve the Northwest AEA request of \$2,908 by Jean Heiden. Second by Wane Miller. Discussion: none. Motion carried unanimously.

Mid-Step: Amount Requested 17,850 for Safety Care training for 400 employees. Recommendation is to approve.

A motion to approve the Mid-Step request of \$17,850.00 by Brent Wilhelm. Second by Rich Ruggles. Discussion: none. Motion approved unanimously.

Manning Recovery Center: Amount Requested \$26,000 for a van. Recommendation is to disallow.

A motion to disallow the Manning Recovery Center request of \$26,000 by Wane Miller. Second by Jean Heiden. Discussion: none. Motion approved unanimously.

Sioux City Community Action Agency: Amount Requested \$2,758. Mister for both floors of building/chemical. Recommendation is to disallow.

A motion to disallow the Sioux City Community Action Agency request of \$2,758 by Jean Heiden. Second by Brent Wilhelm. Discussion: none. Motion carried. Wane Miller abstained.

Community and Family Resources: Amount Requested \$9,989 for wellness items.

Recommendation is to disallow since they are not located in our Region.

A motion to disallow Community and Family Resources request of \$9,989 by Jean Heiden.

Second by Wane Miller. Discussion: none. Motion carried unanimously.

Mercy One Child Advocacy Center: Amount Requested \$11,209 for vinyl furniture.

Recommendation is to allow.

Wane Miller asked if they are affiliated with the hospital why wouldn't they supply the items

needed. Dawn Mentzer noted we cannot supply a hospital setting as they have their own funds.

A motion to disallow Mercy One Child Advocacy Center's request of \$11,209 based on being a

hospital setting by Brent Wilhelm. Second by Rich Ruggles. Discussion: none. Motion carried unanimously.

South Central Calhoun: Amount Requested \$19,445 for sunshine circles therapy modality and stipends. Recommendation is to partial fund.

A motion to approve South Central Calhoun's request of \$4,768 for training and disallow

stipends of \$14,667.22 by Jean Heiden. Second by Wane Miller. Discussion: none. Motion

carried unanimously.

Siouxland Mental Health: Amount Requested \$100,117 for Hospital Grade Vinyl Office Furniture/Microphones/webcams/COVID Screener/Telehealth licenses/outdoor therapeutic sensory equipment/7 laptops/Technology upgrades. Recommendation is to approve.

A motion to approve Siouxland Mental Health Center's request of \$100,117 by Rich Ruggles.

Second by Jean Heiden. Discussion: none. Motion carried unanimously.

Wesco: Amount Requested: \$31,240 for WRAP faciliator training/Sensory Items for Adult Day and Group Respite Services. Recommendation is to approve.

A motion to approve Wesco's request of \$31,240 by Jean Heiden. Second by Rich Ruggles.

Discussion: none. Motion carried unanimously.

Seasons Center: Amount Requested \$30,149 for School based items/School based mental health services in Cherokee and Calhoun Counties/Educational and Coping Skills Classess/Therapeutic Tools and Resources/Food Giveaway/Health and Hygiene Care Packages. Recommendation is to partial fund.

A motion to approve Seasons Center's request of \$16,739 and deny the Food Giveaway & Health Care Packages of \$13,410.00 by Rich Ruggles. Second by Jean Heiden. Discussion: none. Motion carried unanimously.

Counseling Services: Amount Requested \$6,926 for HIPPA compliant telehealth platforms/Remote EMDR/Internet for therapist homes/supplies/laptop/staff training. Recommendation is to approve.

A motion to approve Counseling Services request of \$6,926 by Brent Wilhelm. Second by Jean Heiden. Discussion: none. Motion carried. Joan Hansen abstained.

Classroom Clinic: Amount Requested \$15,750 for Telehealth care meeting/student care coordination activities. Recommendation is to disallow as it is a salary.

A motion to disallow Classroom Clinic's request by Wane Miller. Second by Jean Heiden. Discussion: Motion carried unanimously.

Imagine the Possibilities: Amount Requested \$29,299 for Antimicrobial furniture/training equipment/PPE/N95 masks/Technology. Recommendation is to approve.

A motion to approve Imagine the Possibilities request of \$29,299 by Brent Wilhelm. Second by Rich Ruggles. Discussion: none. Motion carries unanimously.

Rolling Hills: Amount Requested \$14,500 for Website Development. Recommendation is to approve.

A motion to approve Rolling Hill's request of \$14,500 by Joan Hansen. Second by JaMaine Wamburg. Discussion: none. Motion carried unanimously.

Aurelia Daycare: Amount Requested \$4,060 for Chalkboard flowers/slide/sand water table/shaded picnic table/rubber tiles for playground floor. Recommendation is to disallow.

A motion to disallow Aurelia Daycare's request of \$4,060.00 by Jean Heiden. Second by Brent Wilhelm. Discussion: none. Motion carried. Wane Miller abstained.

New Opportunities: Amount Requested \$28,185 for 3 laptops/3 scanners/Plank Flooring/9 work chairs. Recommendation is to partial fund.

A motion to approve New Opportunities request of \$10,185.17 and disallow flooring costs of \$18,800.23 by Wane Miller. Second by Jean Heiden. Discussion: none. Motion carried. Brent Wilhelm abstained.

Cherokee Sheriff's office: Amount Requested \$2,852.00 for Technology needs for the department. Recommendation to allow.

A motion to approve Cherokee County Sheriff's Office request of \$2,852.00 by Brent Wilhelm. Second by Jean Heiden. Discussion: none. Motion carried. Wane Miller abstained.

New Perspectives, Inc.: Amount Requested \$57,340 for Furniture for sanitizing/laptops/van. Recommendation to approve \$17,340.00.

A motion to approve New Perspectives, Inc.'s request of \$17,340.00 and deny the cost of the van at \$40,000 by Brent Wilhelm. Second by Wane Miller. Discussion: none. Motion carried unanimously.

7) New Business

a) Crisis Stabilization Community Based Service – Nicolle Eaton & Melissa Drey

Nicolle Eaton reported. This is a core service. Initially a concern was they would have to provide onsite intervention 24 hours per day for up to 5 days. It was determined that it can be done simpler with MCAT triaging and referring to community providers. Dawn Mentzer, Melissa Drey and Nicolle met with Eyerly Ball in Des Moines who is using their mobile crisis to triage and referring to community services as appropriate and those who need onsite services a social worker meets with them 1 hour per day, and a therapist 1 hour per day via telehealth for the 5 days. The CEO's of the mental health centers need to approve the service to add this to MCAT as an addition to what they are doing now at minimal cost. Nicolle is hesitant to move forward without knowing the future of other services (the building issue). If the mental health centers and the region agree they feel confident they can have this ready to go by July 1, 2021.

b) Intensive Residential Service Home Proposal – Amy Jeppesen and Ben Shuberg

Amy Jeppesen and Ben Shuberg of Trivium Life Services (Crossroads) presented. Amy presented an overview of IRSH homes and their proposal to start a home in Sioux City. Proposed cost or daily rate is projected at \$846.90 for 6 clients (\$798.55 without room and board). The cost is supposed to be covered by the MCO (for Medicaid services). The regions are responsible for non-funded Medicaid services which in this case would be \$48.35 per day for the regions. We all need to push the MCO's to cover the cost of the services.

8) Schedule next meeting: May 26,2021 at 2:30 p.m.

A motion to set the next meeting on May 26, 2021 at 2:30 pm in Holstein by Brent Wilhelm. Second by Jean Heiden. Motion carried unanimously.

A motion to adjourn at 4:58 pm by Wane Miller. Second by Rich Ruggles. Meeting adjourned.

Minutes recorded by Louise Galbraith, Coordinator