



# Rolling Hills

## Community Services Region

Buena Vista \* Calhoun \* Carroll \* Cherokee \* Crawford \* Ida \* Sac \* Woodbury

### Regional Adult Advisory Board Minutes

Meeting was held via Zoom

April 26, 2021

1:00 p.m.

#### 1. Call to Order / Welcome and Introductions– Dawn Mentzer, CEO/Kim Keleher, Chair

Those in attendance: Dawn Mentzer, CEO; Louise Galbraith, Lisa Bringle, Julie Albright, Theresa Jochum, Leisa Mayer, Coordinators; Melissa Drey, PAMHC; Clay Adams, Wesco; Nicolle Eaton, SMHC; LeAn Taylor, New Hope Village; Brian Flikeid, Marcus/Aurelia Police Chief; Anita Schlender, Teresa Magnussen, Imagine the Possibilities; Iowa House Representative Dennis Bush

#### 2. Future of Core Services Development

- **Access Center/Subacute Discussion – Dawn Mentzer, Nicolle Eaton, Melissa Drey**

Nicolle Eaton reported that discussion has been about a virtual model, the option in Fort Dodge fell through. We need to have a building secured, and or a decision to go with an actual building or virtual model. She sees using the current building for crisis and access with modifying the space. The location would have to have a separate dining and living space for each of the programs.

Dawn Mentzer reported that the Sioux Rivers Region reached out to Paul Merten that they would accept \$375,000 for the current location.

Melissa Drey reminded that we need the substance abuse component for the virtual model, and we need to bring those providers in for the discussion. She suggested a separate meeting with substance abuse providers to bring them up to date. Melissa and Nicky will make arrangements for a meeting date prior to the May meeting.

Leisa Mayer emailed a list of substance abuse providers to Melissa.

### **3. Legislative Update – Dawn Mentzer**

Dawn Mentzer provided an update on SF587 which was passed by the Senate and is now in the House. The bill would, over time, switch funding from county levies to a State funded system. The appropriations bill is out and there really is not anything major dealing with regions in it.

Dennis Bush reported the session is supposed to end this week, but he thinks they will be back next week. The House does not seem to want to take up SF587. The House wants the counties to be involved and not a totally state funded system. The Governor proposed \$15 million to help regions but he has not been able to find it or how it will be allocated.

### **4. Community Based Crisis Stabilization**

Nicolle Eaton and Melissa Drey agree that MCAT teams can be used as a triage for any services the person needs. We need to ensure that the CEOs of the mental health centers agree, then look at accreditation, policies and procedures. They feel that the two mental health centers are capable of providing the service at minimal cost to the region.

Melissa Drey, Nicolle and Dawn had a meeting with Eyerly Ball in Des Moines. They are using mobile crisis to run the program. If the person in crisis needs more than referrals to outpatient services, they have a case manager who sees the person daily for an hour for several days, and a therapist is also involved daily. So far, Eyerly Ball is averaging 8 persons a month who need stabilization in their homes, and they cover 8 counties.

### **5. IRSH Discussion – Letter of Intent – Crossroads of Western Iowa**

A letter of intent was received from Crossroads. Their new director has experience with this type of service. They will need to have access to ACT services. They would start with an IRSH home in the Sioux City area, they plan to have something for the governance board on Wednesday.

### **6. I-START Discussion and Recommendation**

Dawn Mentzer provided an update. The governance board has had an ongoing discussion concerning the funding of this service. I-Start is not a core service, and the cost is prohibitive. Last week the CICS Region board chose to cease funding on June 30, 2021. The Eastern Region is taking action this week at their board meeting.

Clay Adams believes the service has been very helpful to them. Wesco reviewed their I-Start cases and found some that could be closed. From a provider standpoint, he sees the service as valuable, but on a business aspect they need to be more efficient.

LeAn Taylor reported that New Hope Village is using the program both in ICF and HCBS settings. They are backing off using it in ICF and using it for HCBS as the behavior analyst is very important.

Dawn will talk to Bob Lincoln prior to this week's board meeting to concerning his funding through a grant.

Lisa Bringle will be meeting with the I-Start Advisory Board tomorrow and will ask for an update from the other regions and the future of funding for the program.

#### **7. Humboldt and Pocahontas Counties Update**

Meetings have been held in both counties which have been beneficial. Interviews were held to fill the coordinator position and a candidate will be mentioned at the governance board this week. The coordinator will also be trained in SOAR to help lessen the load as Julie Albright has been handling the whole region. The 28E and Management Plan will be updated to include the new counties. Imagine the Possibilities is looking at SCL services in Pocahontas County.

#### **8. Provider Updates?**

None

**9. Next Meeting: May 24, 2021 - 1:00 pm possibly held in-person in Holstein with a zoom option.**