



Rolling Hills

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Ida * Sac * Woodbury

Regional Adult Advisory Board Agenda

Meeting will be held via Zoom

March 22, 2021

1:00 p.m.

1. Call to Order / Welcome and Introductions– Dawn Mentzer, CEO/Kim Keleher, Chair

Leisa Mayer facilitated the meeting

Those in attendance: Leisa Mayer, Louise Galbraith, Julie Albright, Region Staff; Amy Jepsen, Velvet Jeratowski, Crossroads of Western Iowa; Jennifer McCabe, Opportunities Unlimited; Jim France, ARC; Brian Flikeid, Marcus/Aurelia Police Chief; Wane Miller, Cherokee County Supervisor; Dennis Bush, Iowa House of Representatives; LeAn Taylor, New Hope Village; Mindi Rotert, St. Anthony's; Sheila Martin, Nicolle Eaton, Siouxland Menzer Health; Rob Aiken, DHS; Shawn Fick, Goodwill; Christina Eggink-Postma, Seasons Center; Serena Garvin, NPI; Leann Olhausen, Loring Hospital; Anita Schlender, Teresa Magnussen, Imagine; Kristin Nehring, Home Care Options; Joleen Schmit, Calhoun County Public Health; Brian McMillin, Neapolitan Labs; Melissa Drey, Plains Area Mental Health; Ben Shuberg, Crossroads of Western Iowa; Donna Schurke, Wesco

2. Future of Core Services Development

• Access Center/Subacute Discussion – Dawn Mentzer, Nicolle Eaton, Melissa Drey

Nicolle discussed options: transitioning the access center to Sioux City and using crisis residential in Sac City, so people would have to be transferred from Sioux City to Sac City having subacute would take out assessment/stabilization in that building. Tracking to continue to work with Russell Wood and contracting for access center with his region and using mobile crisis and a virtual model. Also, if we were looking at a physical access center in the future, there would have to be a separate living and dining space (access and assessment

centers) when the populations are mixed it is hard to regulate as they are in different phases of crisis and stabilization.

Melissa met with Kim Keleher, there was a bill introduced last week that would make the access centers a 'drop and go' which would call for doctors and nurses on staff as well as security. We need to speak to our legislators as this can be a deal breaker for providers as safety is vital. Using MCAT to triage prior to admission is a safety factor.

Amy Jepsen spoke about Idaho where she is from and how they started similar centers there and possibly having someone share with this group about their experience. SF526 is the bill concerning access centers.

- 3. Website** – Brian McMillin of Neapolitan labs presented. They have worked with Southwest Iowa Region and Brian shared how their website works and the information it contains. Brian highlighted the resource directory, how it can be searched and printed, staff can update it as well as providers can add a service. Google translator will be used as well so people have the option to read the website in their own language. Brian thinks it can be operational by June 1, 2020.

4. Community Based Crisis Stabilization

Melissa Drey – how can we move this into our region cost effectively. A first level can be using MCAT to determine what level of service the person needs. Eyerly Ball is currently doing the service, Melissa and Nicolle will meet with them to see how they are operating the service.

Nicole Eaton – a concern has been the length of time spent with the person. Check-ins can be done over a time period. She does not see a reason MCAT could not do the service.

Rob Aiken stated that ITP is being used in another region to provide the psychiatric component. He also provided a link to the requirements. He encouraged a meeting with Eyerly Ball to learn from them.

Next Steps: connect with Eyerly Ball

5. IRSH Discussion – Letter of Intent – Crossroads of Western Iowa

Ben Shuberg and Amy Jepsen of Crossroads of Western Iowa presented. Amy shared her background, and that Crossroads has been working on programs to meet the needs of people who are part of a 'revolving door'. Since Crossroads has already been discussing this program, they responded to the request from the region for IRSH.

Nicolle asked Rob Aiken if there is any movement in the State to make an agreement with MCO's concerning rates. Rob said the CEO's and/or providers need to communicate with the MCO's concerning rates. Amy stated that Crossroads has had discussion with the MCO's.

6. Humboldt and Pocahontas Counties Update

Leisa Mayer updated. A meeting was held in Pocahontas with the mental health advocate, Sheriff, Dawn Mentzer, Leisa Mayer and Melissa Drey to communicate our services in the region. The concern for them is whether a coordinator will be in their county (along with Humboldt), and how our coordinators work compared to their current situation. Melissa Drey stated there will be a follow-up meeting with the hospital, law enforcement and magistrate, this same meeting was held in Humboldt and it went well.

7. Provider Updates?

PAMHC is providing 3 Assist trainings in April. Please contact Melissa Drey if interested.

8. Next Meeting: April 26, 2021 - 1:00 pm Location to be determined.