



# Rolling Hills

## Community Services Region

### Governance Board Meeting

#### Cobblestone Inn and Suites, Holstein

February 24, 2021– 2:30 p.m.

### Minutes

**1) Call to Order –Chairman, Paul Merten**

**2) Roll Call of Counties – Introductions**

Buena Vista: Paul Merten

Calhoun: Scott Jacobs

Carroll: Rich Ruggles

Cherokee: Wane Miller

Crawford: Jean Heiden

Ida: Creston Schubert

Sac: Brent Wilhelm

Woodbury: Rocky DeWitt

Joan Hansen (voting member) via Zoom

JaMaine Wamberg (voting member) absent

Joleen Schmit (voting member) via Zoom

Brittany Krause (nonvoting member) via Zoom

Kim Keleher (nonvoting member) via Zoom

Regional Staff: Dawn Mentzer, CEO; Louise Galbraith, Lisa Bringle, Leisa Mayer, Theresa Jochum, Coordinators, Cindy Wiemold, Mental Health Advocate

Guests (via Zoom): Sandy Loney, Dee Stern, Humboldt County; Clarence Siepker, Pocahontas County; Karla Manternach, Counseling Services, LLC; Melissa Drey, Kim Keleher and Ashley Miller, PAMHC; Kathy Roberts, Nicolle Eaton, Mark Monson, Siouxland Mental Health Center; Clay Adams, Jessica Stangl, Janice Wilken, Deidre Brown, Wesco; Anita Schlender, Imagine the Possibilities; LeAn

Taylor, New Hope Village; Jean Drey, Seasons Center; Karen Rosengreen, ITP; Todd Lange, Amerigroup; Ben Shuberg, Crossroads of Western Iowa

- 3) Closed session** Chapter 21.5(1)(i) of the 2015 Code of Iowa - To discuss the purchase or sale of particular real estate only where premature disclosure could be reasonably expected to increase the price the governmental body would have to pay for that property or reduce the price the governmental body would receive for that property.

*Motion to enter closed session per Chapter 21.5(1)(i) of the 2015 Code of Iowa by Rocky De Witt  
Second by Brent Wilhelm*

*Discussion:*

*Scott Jacobs – Aye*

*Paul Merten - Aye*

*Rich Ruggles – Aye*

*Jolene Schmit - Aye*

*Wane Miller – Aye*

*Joan Hanson - Aye*

*Jean Heiden – Aye*

*Rocky DeWitt - Aye*

*Creston Schubert – Aye*

*Brent Wilhelm - Aye*

*Motion carried unanimously.*

*Brittany Krause and Kim Keleher, non-voting members, and Louise Galbraith, recording secretary, both took part in the closed session.*

**3:25 pm – Resume open session**

**4) Minutes of Previous Meeting**

*A motion to approve the minutes of the previous meeting with correction of Joan Hanson’s name corrected in motion to adjourn, by Rocky DeWitt. Second by Wane Miller. Discussion: none.  
Motion carried unanimously*

**5) Approval of Agenda**

*Additions/changes: add I-Start funding discussion/action under new business.  
A motion to approve the agenda as amended by Rich Ruggles.  
Second by Rocky DeWitt. Discussion: none. Motion carried unanimously*

**6) Comments from the Public: Everyone will have an opportunity to speak. Therefore, comments may be limited to three minutes on any one item.**

None

**7) Unfinished Business**

**a) Potential purchase of property – Action**

*A motion by Wane Miller to authorize chair to make offer of \$325,000 to purchase building at 4038 Division Street, Sioux City, IA. Current assessment center of Siouxland MH and all contents, in writing. Second by Brent Wilhelm. Discussion: none. Opposed-Scott Jacobs. Motion Carried.*

**b) January 2021 Financial Report-Action**

Dawn Mentzer presented the January 2021 financial report as summarized:

|                                      |                |
|--------------------------------------|----------------|
| Beginning cash balance as of 1/1/21: | \$5,591,148.47 |
| Revenues:                            | \$ 106,389.58  |

Expenditures: \$ 567,943.99

Ending fund balance as of 1/31/21: \$5,129,594.06

Discussion: Dawn relayed that without the cares act funds we are at 46% remaining in our budget for the year.

*Motion to approve the report as presented by Rocky DeWitt. Second by Creston Schubert.*

*Discussion: none. Motion carried unanimously.*

**c) Core Service Development Update-Discussion**

Dawn Mentzer we have met 4 of the 8 services that we need to have in place by July 1, 2021.

Dawn has been having discussions with Russell Wood from Central Iowa Community Services Region and they are looking at opening an access center in Fort Dodge. There is a meeting with Russell, Melissa Loehr and Unity Point, Berryhill Center next week to start the process. We may be able to contract for fee for service for sub-acute treatment and they in turn can contract for services at Turning Point. At our last advisory board meeting they are recommending keeping services status quo for now and look at contracting for subacute.

Community based crisis services can be met by using our mobile crisis team to determine the level of care and having mental health services on a daily basis to meet the person's needs it will qualify. Dawn will work with MCAT to discuss this further.

Dawn is meeting with Ben Shuberg of Crossroads tomorrow to discuss interest in providing IRSH. Kim Keleher – PAMHC is looking at expanding MCAT, IHS and other services in Pocahontas and Humboldt Counties and she will meet with Dawn to discuss further.

**d) Humboldt & Pocahontas County Transition-Discussion**

Dawn Mentzer met with Kathy Erickson (advocate), Sandy Loney, law enforcement, magistrate, county attorney, Melissa Drey and Leisa Mayer in Humboldt on February 8th. This was a meet and greet to discuss services in the region and answer any questions. Dawn is confident that expanding services that exist in Rolling Hills into the area will resolve many of their issues.

Sandy Loney added that it was a good meeting. Need to make sure what services they have and the gaps that need to be filled. She would like to meet with Dawn and Clarence Siepker to make sure everything is addressed.

Clarence Siepker asked Dawn to hold the same meeting in Pocahontas County. Dawn will reach out to those in Pocahontas County and set up a meeting.

Dawn knows there are additional gaps and she is working to identify those. She will like to address staffing of the two counties at an upcoming meeting.

**e) Stepping Stones 1 & 2 Update – Clay Adams, Wesco**

Jessica Stangl, Manager of the program gave the update. Admissions since opening is 102, since July 2020 is 8 with 10,788 total bed days 1,312 since July 2020. There are currently 5 individuals currently in the program with 5 on the wait list.

Clay Adams shared a video of the new building and program. The new building which is 5 beds turned out very well.

Stepping Stones 1 currently has 5 beds full with the option of 8. There are individuals working on transitioning into the empty beds within the next 30 days.

**f) Crisis Stabilization Residential and Mobile Crisis Updates- Melissa Drey, Ashley Miller, Plains Area Mental Health Center & Nicolle Eaton, Siouxland Mental Health Center**

Melissa Drey gave an update of MCAT. In 2020 there was a decrease due to CoVID. 24 calls were received. In 2021 there have been 10 calls (in 2 months). They have been able to bill insurance. They have seen an increase in juvenile calls (about half the calls). There has been positive feedback and they are given the phone number to Turning Point if they need to talk to someone.

Ashley Miller updated on Turning Point. In 2019 served 88, 23 did not have insurance, 13 were from other regions, and 25 readmissions, 16 homeless, 40 were cooccurring. 2020 served 59 with 15 as readmissions, 11 homeless, 8 from other regions, 33 with nonbillable insurance, 21 were cooccurring. COVID-19 greatly impacted the 2020 numbers. 5 persons have been admitted from January 1, 2021 to today. Average stay is 4 days.

Nicky Eaton: CoVID impacted last years numbers but they are seeing an increase now. MCAT from Oct – Dec 2020 there were 27 calls, with 26 of them from law enforcement calls, average length of the call is 72 minutes They are also going to track how long law enforcement is on the call to show the time savings. The majority of their calls are for adults. Nicky is attempting to reach the schools concerning using MCAT. Assessment Center: 9 people served from October to December 2020, they are seen an increase in the last months. Average length of stay is 2.6 days. The diversion rate from the hospital is 55%. In 2019, 227 persons were served and 169 were served in 2020 the decrease is thought to be due to CoVID.

**g) Friendship House Virtual Tour – Kathy Roberts, Siouxland Mental Health Center (Tentative)**

Kathy Roberts shared a video of the facility to show the board the improvements and renovations that were funded of the Drop-In Center. The renovations went from February 2020 to July 2020, it went a little slower due to CoVID.

**h) Children’s Behavioral Health System Update – Website- Theresa Jochum, Rolling Hills**

Theresa Jochum reported on the children’s sub-committee. We are working on a provider resource guide that easily accessible to people. During this we discovered we need a website. Currently, we are working with Neapolitan Labs to develop the new site. We are hoping to use Cares funds to establish the website, as it will assist persons affected by CoVID to find mental health services. The staff will be meeting with Neapolitan Labs tomorrow to discuss the web site and costs.

**8) New Business**

**a) I-start funding – discussion and possible action**

Dawn Mentzer – it is a program that has coordinators that work with providers to help stabilize persons with behavior issues. This is not a core service, so when looking at possible areas that can be reduced this program is one of them. Bob Lincoln works for Elevate which is a behavioral health center in Waterloo, they are looking at assuming management of the program and wants to know our intention of ongoing funding. They are willing to fund 1 million if the regions will fund a 50 cent per capita cost which is a reduction in current funding, he would like all the regions to have the same contract/funding mechanism to leverage their investment.

Dawn would like a discussion to move forward. Russell Wood would like to see the regions have the same contract. The funds are included in next year's budget. \$25,000 will be coming back to the region for the 2019 cost settlement.

Paul Merten asked if the contract would be for one year. Dawn indicated that it may be but that the contract has not been established.

Dawn would like more time to make a decision, 2 days is too short of a time. Felicia believes Bob Lincoln would be fine with discussing this next month for a decision.

Paul Merten would like more discussion before a commitment. The item will be tabled until next month.

**9) Schedule next meeting: March 24, 2021 2:30 p.m.**

Motion by Rocky DeWitt to set the next meeting on March 24<sup>th</sup> at 2:30 pm. Second by Joan Hansen.  
Motion carried unanimously.

*A motion to adjourn at 4:47 pm by Rocky DeWitt. Second by Brent Wilhelm. Meeting adjourned.*