



Rolling Hills

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Ida * Sac * Woodbury

Regional Adult Advisory Board Agenda

Meeting will be held via Zoom

February 8, 2021

1:00 p.m.

1. Call to Order / Welcome and Introductions— Dawn Mentzer, CEO/Kim Keleher, Chair

Those in attendance: Dawn Mentzer, Louise Galbraith, Theresa Jochum, Leisa Mayer, Lisa Bringle, Julie Albright, Rolling Hills; Jill Bock, NAMI of Carroll County; Nicolle Eaton, Sheila Martin, Siouxland Mental Health; Teresa Magnussen, Anita Schlender, Imagine the Possibilities; Karla Manternach, Counseling Services, LLC; Kris Damn, Shesler Hall; Rob Aiken, DHS; Jay Hoogendyk, Sioux City Police Department; Todd Lange, Amerigroup; Christina Eggink Postma, Seasons Center; Serena Garvin, NPI; Michelle Anderson, Taya Vonnahme, Manning Regional Hospital; Clay Adams, Wesco, Dennis Bush, Iowa House of Representatives

2. Future of Core Services Development

• Access Center/Subacute Discussion – Dawn Mentzer, Nicolle Eaton, Melissa Drey

Rolling Hills had been working with Sioux Rivers Region to develop Access Center services in Sioux City, however, Sioux Rivers Regional Board voted to do their own access center and place it in Sheldon. Sioux Rivers has offered for Rolling Hills to purchase the current assessment center in Sioux City. The region is exploring this possibility starting with Board members touring the facility.

Discussion:

Nicolle Eaton commented that moving forward depends on collaborations with other regions. She suggested looking at the virtual access center model and monitor the usage for a year before moving forward with remodeling the Assessment Center.

Jay Hoogendyk of Sioux City Police thought we will need to consider what the numbers are with MCAT to forecast usage, and ability to utilize services. If numbers are significant in their area, they would like a center in Sioux City. They would like to take persons to the building without them being turned away, or discharged too quickly and calls continue to the police. If transport was to Fort Dodge the sheriff's department would have to be involved.

Dawn Mentzer had visited with the YES Center and they are willing to look at providing transport in and outside of the region for the services.

Sheila Martin sees a hold up in to securing a location. Sheila also commented about providing 23-hour observation and the need to look at other virtual services. Remodeling the current building would not be as extensive as purchasing a new building, however, the building is not ideal.

Jay Hoogendyk asked about the MCAT numbers (usage) and will they help determine the need for access center. Melissa Drey does not have current numbers of usage right now, but there has been an increase, especially in the schools. Nicolle Eaton said there was a decrease for a little while, but it is starting to pick up again, the average is 10-15 calls per month in Woodbury, 5-6 calls in the other counties.

Sheila Martin believes it is going to take 60 days or so to purchase the property, she thinks it is pushing the time limits to start July 1. She suggested to keep it status quo, and see what else is available in other regions.

Dawn Mentzer asked providers how confident they are with the virtual model. Nichole Eaton would like to see Rosecrance be involved for the substance abuse component (especially with the children).

The virtual model was presented and Melissa Drey walked through the process. Melissa also stressed the need to bring in the substance abuse providers throughout the region.

Multi-County Partnerships

CICS is looking at placing services (23-hour observation and possibly 8 sub-acute beds) in Fort Dodge which could serve our eastern counties. They are also looking at sub-acute services to give us access by contracting.

Dawn will continue to work with CICS region.

3. IRSH Discussion – Possible Letters of Intent

Dawn Mentzer addressed that finding a provider has been difficult not knowing what the rates would be. Todd Lange, Amerigroup, researched the regions to identify providers. The rate is a big question. It doesn't sound like there has been progress with the rates. Amerigroup is looking at Chapter 25 pertaining to IRSH, and has been meeting with IME and Iowa Total Care.

Dawn asked about putting a request for letters of intent out to all providers to see if any provider is interested.

The consensus of the group is to move forward with requesting letters of intent. Dawn will send out a request for letters of intent for IRSH and Community Based Crisis Intervention.

4. Humboldt and Pocahontas Counties Update

Dawn Mentzer provided an update. Both counties are ready to come in on July 1, 2021. Dawn will be meeting with the sheriff's departments and others tomorrow to discuss Mobile Crisis and jail services coordination.

Dawn has a concern regarding the lack of providers in the area and will be working on building service capacity.

5. Provider Updates?

Sheila Martin reported that Siouxland Mental Health Center is opening an office in Merville to expand reach into Woodbury County and has been hiring Nurse Practitioners to provide rapid access to care.

Nicolle Eaton has been invited to Dordt College to participate on a panel concerning Mobile Crisis services on February 19 at 7 pm. Dawn will send the information out for

those who may want to attend via Zoom. Ken McClure, Sac County Sheriff is also participating.

Clay Adams of Wesco gave an update on Stepping Stones 2. It is open and almost full, and they have developed a video tour of the facilities.

Christina Eggink Postma reported that Seasons Center has starting enrolling kids in Camp Autumn, information is online. Depending on transportation they have about 10 or 11 counties that have had children participate. They have also hired Nurse Practitioners, for a team of five.

Todd Lange is working on a peer support document of services which will cover adult and family peer support and will be sending it to Dawn when it is ready for feedback.

6. Next Meeting: March 22, 2021 - 1:00 pm Location to be determined.