



Rolling Hills

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Ida * Sac * Woodbury

Regional Adult Advisory Board Minutes

Meeting will be held via Zoom

September 21, 2020

1:00 p.m.

1. **Call to Order / Welcome and Introductions– Dawn Mentzer, CEO/Kim Keleher, Chair**
Dawn Mentzer, Louise Galbraith, Lisa Bringle, Julie Albright, Theresa Jochum, Leisa Mayer, Rolling Hills Region; Kristin Nehring, Home Care Options; Brian Flikeid, Chief of Police – Aurelia and Marcus; Shawn Fick, Goodwill of the Great Plains; Theresa Magnusen, Crossroads; Dennis Bush, Governance Board member; Karla Manternach, Counseling Services LLC; Lily Hernandez-Castro, Melissa Drey, Kim Keleher, Plains Area Mental Health; Sheila Martin, Nicky Eaton, SMHC; Clay Adams, Wesco Industries; Joleen Schmit, Calhoun County Public Health; Tracey Jepsen, Parent Representative/Sac County; JaMaine Wamberg; Children’s Parent Representative/Woodbury County
2. **Future of Core Services Development for both Adults and Children**
 - **Access Center/Subacute Subcommittee Update – Dawn Mentzer, Nicolle Eaton, Melissa Drey**
Nicky Eaton gave an update on the progress of meeting with DHS and DIA to see if there is a possibility of having sub-acute and 23 hour stabilization in one building. They said it is not common but can be done, it has to be ensured that the programs are in distinct and separate areas. They can utilize the same staff as long as they are trained in both services. A psychiatrist has to be available 24 hours per day. Substance Abuse Services will have to be contracted for assessments and such. Applications and licensure is similar to other programs and can be combined along with a floor plan approved by the state fire Marshall.

Access will come through the MCAT team for all services for a determination of level of service for that particular person. 120-mile radius is in the rules, if we are making a substantial effort to meet the needs of the persons being served it can be done.

Dawn reported that Northwest Iowa Care Connections is interested in a virtual model that would refer to crisis stabilization or the access center. The service will be spread across three regions which will also provide a cost share rather than a fee for service. Melissa Loehr, NWIA Care Connections and Shane Walters, SRR have both stated their interest in collaborating in the development and cost investment.

Kim Keleher is concerned about a utilization issue, we need to get law enforcement together and educate. Northern counties may still drive into Sioux Falls as it is closer. October 8th at noon there is a Sheriff's meeting in Northwest Iowa which will include many of our counties, Nicky will try and get some time at this meeting for a group to present to them on Access Center Services.

Melissa Drey shared the flow chart for the Northwest Iowa Virtual Access Center. MCAT will screen for service needs. Substance Abuse (SUD treatment) needs to be accessed for detox and inpatient SUD.

Nicky spoke about the building, putting subacute in the assessment center. A contractor was contacted which would shut off the south end to create 5 beds and an addition added to add separate dining, living room and offices. An addition may require a survey of the land, and she believes there was one done years ago that identified a spring in the back of the land which could be an issue. Nicky is going to try and track down the old survey in hopes of avoiding another costly survey. Sheila Martin met with a contractor and the time frame to have the service in place by 7/1/21 may be hard to meet.

IRSH beds: Theresa Magnusen of Crossroads suggested starting the program on a small scale (one bed in a habilitation home). Issues will be staffing and rates by MCO's, she will take this to Crossroads to see if there is interest.

Community based crisis stabilization – Dawn asked if are any providers may be interested. Kim Keleher said that staffing would be the biggest issue. Dawn asked Dennis Bush if the Commission has discussed this service. Denise has not heard anything from the Commission.

3. C3 De-escalation Training

A training is scheduled on October 14th from 9am to 4 pm in Carroll. There are 27 law enforcement officers registered. This training will be focused on law enforcement specifically. Dawn will look at a training for providers at a future time.

4. CARES Act Funding Requests

21 requests were received totally over \$1.5 million. Dawn and a few governance board members went through the requests and will be reviewed by the Governance Board next week.

A meeting was held with representatives of Humboldt and Pocahontas Counties as they are interested in joining our region. Discussion: Kim, this has to interact with our crisis services and they are further away, you would have to add more services to meet needs (they may not drive to Sioux City).

5. Next Meeting: October 26, 2020- 1:00 pm Location to be determined.