

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Ida * Sac * Woodbury

Regional Adult Advisory Board Agenda Meeting will be held via Zoom July 23, 2020 9:00 am

1. Call to Order / Welcome and Introductions—Kim Keleher, Chair

Dawn Mentzer, Louise Galbraith, Julie Albright, Lisa Bringle, Leisa Mayer, Theresa Jochum, Rolling Hills Region; Melissa Drey, Kim Keleher, Ashley Miller, PAMHC; Joleen Schmit, Calhoun County Public Health; Tracey Jepsen, Parent Representative; Kristin Nehring, Home Care Options; Nicky Eaton, Sheila Martin, Amy Lord, SMHC; Anita Schlender, Imagine the Possibilites; Brian Flikeid, Law Enforcement Representative; Clay Adams, Wesco; Suzanne Watson, SWIMHDS Region; Shawn Fick, Goodwill; Karla Manternach, Counseling Services, LLC; Sharon Nieman, SRR; Dennis Bush, Governance Board Member

2. Future of Core Services Development for both Adults and Children

• Access Center (possible presenter)

Suzanne Watson gave an overview of the Southwest Iowa virtual model (Crisis Access Network-CANS)

- o Providers wanted a virtual network
- A call center is set up with Boys Town, and will determine if they need an assessment and direct calls to what the person needs.
- o If they are in CANs, they will be assigned a care coordinator for follow-up
- Assessment team will conduct MH and SA assessments where the person is located
- o If not deemed to be in crisis and assessment is not needed the person will be referred to a regional service coordinator.

- o MH crisis team will do the assessment (Heartland Family Services)
 - Screens for eligibility, conducts a clinical assessment
 - Shares assessment with care coordination for a warm handoff
- Care coordinators will follow-up the following morning
 - Daily call with team to go over the day before and make sure no one falls through the cracks.
- They are anticipating 1-2 calls per day.

Discussion: Kim Keleher and Sheila Martin both agree that a virtual model would work for our region. Sheila believes a medication prescriber will be an obstacle and large expense (for on call services).

Next Steps: A sub-committee was designated to move this forward: Dawn will set up a committee that includes law enforcement, mental health center providers, hospitals, regional staff, Governance Board member. Those designated to the sub-committee:

Leisa Mayer, Coordinator
Theresa Jochum, Coordinator
Sarah Nitchske, Unity Point
Ashley Burns, Mercy
Kevin Heineman, Sioux City PD
Brian Flikeid, Police Chief
Becky Wuebker, Horn Memorial Hospital
Maggie Martinez, BVRMC
Sheila Martin, Nicky Eaton, SMHC

Kim Keleher, Melissa Drey, PAMHC

- Intensive Residential Services
- Crisis Stabilization Community Based
- Subacute

3. CARES Act Distribution

Guidance has not been received from DHS yet, but Dawn anticipates the funds coming within the next month. A meeting will be held with providers to discuss distribution of funds.

5. Next Meeting: August 24, 2020- 1:00 pm Location to be determined.

Minutes submitted by Louise Galbraith, Coordinator