

# **Community Services Region**

# Buena Vista \* Calhoun \* Carroll \* Cherokee \* Crawford \* Ida \* Sac \* Woodbury

Regional Adult Advisory Board Minutes Meeting held via Zoom June 18, 2020 9:00 am

# 1. Call to Order / Welcome and Introductions- Kim Keleher, Chair

Those present: Dawn Mentzer, Louise Galbraith, Kristin Nehring, Anita Schlender, Dennis Bush, Julie Albright, Tracey Jepsen, Leisa Mayer, Theresa Jochum, Melissa Drey, Joleen Schmit, Lisa Bringle, Karla Manternach, Brian Flikeid, Nicolle Eaton, Teresa Magnussen, Shawn Fick, Becky Wuebker

Members present introduced themselves. Dawn Mentzer gave an overview of the Mental Health system and the regional system.

#### • Discussion of membership

Kim Keleher is currently the chair through January 2021. Crawford County needs a parent/family representative **Appointments to Governance Board** *Nicky Eaton made a motion to appoint Joleen Schmit as parent representative. Second by* 

Tracey Jepsen. Motion carried unanimously.

*Melissa Drey nominated Kim Keleher as provider representative. Second by Dennis Bush. Motion Carried unanimously.* 

#### 2. Management Plan Revisions - Action

See attached document. Dawn reviewed the plan and changes that have been made.

Discussion: none.

Motion to approve revisions to the Management Plan by Teresa Magnussen. Second by Becky Wuebker. Motion approved unanimously.

### • 3. Children's Behavioral Health Services Update and Discussion

Lisa Bringle and Brian Flikeid gave an overview of the Student Empowerment Team (SET) in Cherokee County. It is a collaborative effort between the schools, Juvenile Court, Law Enforcement, DHS and other providers to help children and families connect to services that are needed. Meetings are held monthly and are focused on what is being seen with the children inside and outside of the schools.

Leisa Mayer shared about the Student Empowerment and Resiliency Team in Calhoun County. They are partnering with Stewart Memorial Hospital, which has been beneficial. They did train on Lemonade for Life. They meet monthly to discuss children that the schools identify.

They are looking at using Adverse Childhood Experiences (ACES) as a screening, to help realize how events in your life can affect you today. The school even made a video (the students where the actors) about ACES, and are looking at how the video can be used for outreach and education in the community.

Calhoun schools also started the Handle with Care program which law enforcement call the school and tell them if a student had law enforcement involvement in their home. This is meant to recognize the student may need encouragement and care. They are also looking at setting up a mentoring program.

Sue Gehling is going to start Telehealth with South Central Calhoun school.

### 4. Future of Core Services Development for both Adults and Children

### Access Center

By 7/1/21, we need to have core crisis services established, including an access center. Due to cost, the group that had been meeting to discuss this service has moved to looking at a virtual access center model. Dawn presented the Southwest Iowa model for their virtual system.

# • Intensive Residential Services

No one in the state is doing this yet. Challenge is going to be finding a willing provider.

- Crisis Stabilization Community Based We need to have this service in place for both adults and children. Dawn gave an overview of services that are currently in place including mobile crisis response, crisis homes and 23-hour observation.
- Subacute
- 5. Next Meeting: July 23, 2020 9:00 Location to be determined

Minutes submitted by Louise Galbraith, Coordinator