



# Rolling Hills

## Community Services Region

### ZOOM - Governance Board Meeting

April 22, 2020 – 1:00 p.m.

#### Minutes (Unofficial)

**1) Call to Order –Chairman, Paul Merten**

**2) Roll Call of Counties – Introductions**

Buena Vista: Paul Merten

Carroll: Neil Bock

Calhoun: Scott Jacobs

Cherokee: Dennis Bush

Crawford: Cecil Blum

Ida:

Sac: Brent Wilhelm

Woodbury: Rocky DeWitt

Regional Staff: Dawn Mentzer, CEO; Louise Galbraith, Leisa Mayer, Lisa Bringle, Theresa Jochum, Julie Albright, Coordinators

Guests: Mark Monson, Joe Verdoorn & Nicolle Eaton, Siouxland Mental Health; Tina Holdsworth, CCMH; Joleen Schmit, Calhoun County Public Health; Ashley Miller, Melissa Drey & Kim Keleher, Plains Area Mental Health; Kevin Grieme, Siouxland District Health; Jim France, ARC of Woodbury County; Shawn Fick, Goodwill; Clay Adams, Deidre Brown, Jessica Stangl & Shawn Stewart, Wesco; Teresa Magnussen, Velvet Jeratowski, Crossroads of Western Iowa; Karla Manternach, Counseling Services, LLC; Kris Dam, Shesler Hall; Chad Jensen, New Opportunities; Jennifer McCabe, Opportunities Unlimited; Courtney Cook, Prairie Lakes AEA; Steve Kremer, Juvenile Court Services, Kari Jones, SMCH; Jay Ricke, ITP; Jeff Johnson, Sky Ranch

**3) Minutes of Previous Meeting**

*A motion by Neil Bock to approve the minutes of the February 26, 2020 meeting as presented.*

*Second by Cecil Blum. Discussion: None. Motion carried unanimously*

**4) Approval of Agenda**

Changes/additions: Dawn Mentzer would like to add the approval of a joint contract with Buena Vista Regional Medical Center (BVRMC), ITP and Rolling Hills as item E in New Business.

*A motion by Cecil Blum to approve the amended agenda. Second by Scott Jacobs.*

*Discussion: none. Motion carried unanimously*

**5) Comments from the Public: Everyone will have an opportunity to speak. Therefore, comments may be limited to three minutes on any one item.**

None

**6) Unfinished Business**

**a) Monthly Financial Report – Action**

Cash Balance as of March 1, 2020

Beginning balance:	\$3,758,177.81
Revenues:	\$1,381,946.94
Expenditures	\$246,630.42
<i>Ending cash balance</i>	<i>\$4,893,494.33</i>

*Revenue to date: \$5,702,106.00*

*Regional expenditures 7/1/19 – 3/31/20: \$5,161,433.96*

We will be coming in under budget due to the virus, persons moving out of RCF facilities, and the supported employment incentive payments. Dawn Mentzer expects the projected ending expenditure level to be closer to \$6,500,000.

*A motion by Dennis Bush to accept the financial report for March 2020. Second by Brent Wilhelm. Discussion: none. Motion carried unanimously*

**b) Plains Area Mental Health Center/Siouxland Mental Health Center Mobile Crisis / CSRS Updates- Melissa Drey, Nicolle Eaton**

Melissa Drey reported for Plains Area Mental Health. 5 Calls came in March, one was in an ER, 2 person were hospitalized, 1 person was admitted to Turning Point, 2 stayed in their home. Melissa continues to work with law enforcement and she made a Power Point to send out during the pandemic. They are seeing people by phone and will start with face to face when able.

Nicolle Eaton reported for Siouxland Mental Health. They are seeing people face to face and at the assessment center. Persons are screened for the virus when admitted to the assessment center and will wear a mask for the first few days. They are also seeing a reduction in calls, there were 7 in March and 2 so far in April. They are reaching out to law enforcement and the community so people know the services are up and running. They are working on a pre-assessment for court committals utilizing MCAT. A work group is being developed to develop a process for a pre-assessment to reduce the amount of court committals. Both agencies have had a reduction in calls due to school not being in session.

Neil Bock asked if the majority of the referrals are still coming from the Sioux City Police Department and Nicole confirmed that they are still referring but they are also receiving calls from the ER departments.

**c) I-Start Update – Felicia Bates, I-Start Director**

Not available for the update

**d) Wesco Stepping Stones update – Introduce new Director Jessica Stangl – Clay Adams, Deidre Brown**

Jessica Stangl reported that there have been 89 admissions and 228 referrals since the beginning of the program. As of July 2019, to current there have been 18 admissions and 41 referrals. 6 persons are currently being served with 7 persons on the waiting list.

Clay Adams has been looking at a second Stepping Stones, or expansion. There is a building next to the current location that St. Ann's Church would like Wesco to use. The program has been very consistent from the start and historical need is beyond the current capacity. The emergency bed (#8) is hardly ever available.

The building could have 8 beds, but Clay is proposing 5 beds to keep the costs lower and still address the need for more capacity. Clay believes they can reduce remodeling expense by up to 50% by utilizing Wesco staff. Renovations could start almost immediately and should take 2 to 3 months.

Cecil Blum – a few parishioners from the church approached him to lend their support of the program and Wesco in the Vail community. Cecil believes we should pursue the expansion.

Paul Merten has a concern about where the funding is with the legislature and possible cutting non-core services. Clay is intending on pursuing Medicaid funding.

Neil Bock asked how much money they are looking for. Clay believes the remodel could be done for \$25,000, and payroll of \$250,000 - \$275,000 per year and utilize current administration.

Dawn Mentzer will work with Clay to have a proposal for the expansion of Stepping Stones on the next agenda.

**d) Assertive Community Treatment Proposal and Funding Request – Kim Keleher, Plains Area Mental Health – Action**

Kim Keleher is seeking to start a small ACT team in Carroll and Denison areas. The proposal is for start up funding, staffing, training, contract employment services (such as Wesco), mileage and supplies. Asking is for up to \$469,711.00 paid quarterly by submitting actual invoices/costs to the region.

Neil Bock asked when it would be up and running. Kim believes with staffing and training it could be a 6-month ramp-up.

Cecil Blum asked where it would be based out of and Kim said it could be out of the Carroll and Denison offices. They are working remotely with Zoom now and the teams would go out

accordingly. They have identified 12 clients that could be served by an ACT team. This is a team approach with up to daily contact.

Neil Bock, In February it was stated that this is funded by Medicaid, and would this cash flow? Kim said that across the state the ACT teams are cash flowing as the rates have been increased. They will have to go through the certifications with the State to bill, and that is part of the startup costs and 6 months ramp up time. This is tentatively a one-time start up request and they hope to maintain the program down the road.

Dawn Mentzer talked about a virtual access center model and this program will be an important piece.

*A motion to approve the ACT proposal of up to \$469,711.00 by Dennis Bush. Second by Rocky DeWitt. Discussion: Kim, this would be billed on a quarterly basis as expenses are incurred. Motion approved unanimously.*

**e) FY'21 Supported Employment Incentive discussion –possible Action**

Dawn Mentzer reminded the board that this item was discussed in January during the budget session. At that time, the providers involved requested a meeting to discuss strategies for continuing the incentives. This meeting has not occurred, Dawn asked for feedback from the providers involved. Comments included is that the virus situation has a lot of unknown factors now, people are not working, placements are not available and so forth. They also commented that the incentives are helping keep the programs going.

Paul Merten commented that over the past few years this grant has been scaled down. Dawn Mentzer commented that yes, the grant was scaled down and now it is incentives only. This year \$80,000 is the estimated cost for supported employment programs and incentives.

Shawn Fick reported that they have been budgeting the incentives to help beyond IVRS funding. This has helped pay a better rate for wages. He would like to see it scaled down, or if discontinued after December 31 because that would better align with the end of their fiscal year.

Cecil Blum asked if this would keep being funded through December 31, 2020. Paul Merten commented that this could be part of compromise with providers. Brent Wilhelm would like to see a deadline set to phase this out.

Dawn Mentzer will discuss this with the providers and bring it forward to the next meeting and can change the language in the contracts for next fiscal year accordingly.

**7) New Business**

**a) FY'21 Annual Service and Budget Plan – Action**

The budget in the document is the same budget target that was developed in January. Crisis and children's services language is added. The draft plan was submitted and the approved plan is due to DHS by May 1, 2020.

*A motion to accept the FY 21 Annual Service and Budget Plan by Cecil Blum. Second by Brent Wilhelm. Discussion: none. Motion carried unanimously.*

**b) Children's Behavioral Health Implementation Plan – Action**

The plan was reviewed previously at the February meeting.

*A motion to approve the Children's Behavioral Health Implementation Plan by Rocky DeWitt. Second by Neil Bock. Motion carried unanimously.*

**c) Children's Behavioral Health Advisory Committee – Action/Appointments**

Dawn Mentzer had sent the bio's of the candidates, two of which will be voting members:

Deb Grimer, Child care provider representative

Kerri Hall, Early Childhood Advocates

Joan Hansen & Jennifer Collins, Educational System representative

Steven Kremer, Juvenile Court System representative

Shannon Williams, Children's behavioral health services provider

Jamain Wamburg, Parent of child who utilizes children's behavioral health services

Kathy Fritz, Child welfare advocate

Ken Heineman, Sioux City Police Dept. Law enforcement representative

Neil Bock asked at the last meeting about a weighted vote and Dawn was to follow up. Dawn talked to Gary Jones for his opinion and since they would be new members on the board and the code specifies that they are voting members, Gary's opinion is that it is inherent that they would vote on everything. Dawn believes the 28E can address the weighted vote. Dawn has heard from other regions that they are putting in their 28E that they will be non-voting members.

Discussion on weighed vote: Neil Bock suggests to give the counties a certain weight with the other members very little weight but didn't put a figure on it. Cecil Blum asked if it would be possible to use the existing weighted vote for all matters financial. Paul questioned as to how would the three new members votes be weighed. Neil was thinking of each county member having a weight and the other members a lower weight not being by population.

*A motion to appoint Deb Grimer, Kerri Hall, Joan Hansen, Jennifer Collins, Steven Kremer, Shannon Williams, Jamain Wamburg, Kathy Fritz and Kevinn Heineman to the Children's Behavioral Health Advisory Committee by Brent Wilhelm. Second by Scott Jacobs. Discussion: none. Motion carried unanimously.*

**d) Revised 28E Agreement – Possible Action**

Dawn Mentzer emailed the 28E with revisions highlighted (out of Chapter 25 Administrative Rules).

Discussion concerning weighted voting: Paul Merten commented that a weighted vote based on population for the governance board (county members), that would change automatically based on counties entering or exiting the region.

Neil Bock would like to discuss this with the rest of the Carroll County Board.

Scott Jacobs commented that his board is not in favor of changing the 28E to add the three new voting members however, a weighted vote may change their opinion.

Neil Bock suggested to take back to county boards with the weight of 3 for county members and 1 for provider/advisory members as a starting point for all matters. The current weighted vote can stay in place in event of a tie vote; however, it may not need to be used.

Brent Wilhelm questioned whether it would be necessary to take this to the candidates and see if they would still want to be a board member with the weighted vote. Dawn Mentzer will take this back to the candidates.

Paul Merten asked members to take the weighted vote of 3 to 1 back to the county boards for discussion.

Jim France is concerned that a weighted vote may hinder a pediatrician from serving. Jim believes we need to get back to the legislature to address this issue, that if the legislators know that the positions cannot be filled by all regions it may help.

**e) BVRMC joint contract with ITP and Rolling Hills – action**

This is the standard contract used with all hospitals. BVRMC is going to start utilizing ITP and went live April 1, 2020. This is at the 50% cost share between BVRMC and Rolling Hills. It has been signed by the CEO of BVRMC.

*A motion to approve and the chair to sign the contract with BVRMC for ITP services by Cecil Blum. Second by Rocky DeWitt. Discussion: none. Motion carried unanimously.*

**8) Next meeting May 27, 2020 2:30 p.m. Cobblestone, Holstein**

*A motion to set the date of May 27, 2020 at 2:30 pm by Brent Wilhelm, second by Dennis Bush. Discussion: none. Motion carried unanimously*

*A motion to adjourn at 2:59 pm by Rocky DeWitt. Second by Neil Bock. Motion carried unanimously.*