



Rolling Hills

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Ida * Sac * Woodbury

Children's Behavioral Health System

Meeting Agenda

August 27, 2019

10:00 am

Boulders Inn and Conference Center, Holstein

1. Welcome and Introductions– Dawn Mentzer, Rolling Hills Regional CEO
2. Brief Overview of Regional System structure - Dawn Mentzer, Rolling Hills Regional CEO
3. Children's Mental Health Legislation -- Jan Heikes, Iowa Department of Human Services
690 HF~~605~~ Overview - <https://www.legis.iowa.gov/legislation/BillBook?ga=88&ba=HF 690>
 - Regional Implementation Plan Requirements
 - Advisory Board / Governance Board Requirements
4. Discussion of Next Steps for Plan Development
 - Identify additional Representatives to be invited
4. Schedule Future Meeting Dates

Regional Children's Behavioral Health Services Regional Implementation Plan Discussion Draft

Requirement Language:

Each mental health and disability services region shall submit to the department of human services an implementation plan to implement the children's behavioral health services described under section 331.397A, as enacted in HF690, no later than April 1, 2020.

Outline for Regional Children's Behavioral Health Services Implementation Plan:

- The process and time frames used or to be used to establish a regional children's advisory committee as defined in Iowa Code Section 331.390.
- The process and time frames used or to be used to alter the regional governing board membership. Membership shall include:
 - At least one board of supervisor member from each county comprising the region or their designee (voting member).
 - One adult person who utilizes mental health and disability services or is an actively involved relative of such an adult person (voting member).
 - One member representing the education system (voting member).
 - One member who is a parent of a child who utilized children's behavioral health services or actively involved relatives of such children (voting member).
 - One member representing adult service providers in the region (ex officio member).
 - One member representing children's behavioral health services providers in the region (ex officio member).
- Process including timeframes to amend and file the regional 28E agreement that includes but is not limited to:
 - Updating purpose, goals and objectives of entering into the agreement.
 - Regional governing board membership.
 - Formation of children's behavioral health services advisory committee.
 - Functions and responsibilities of CEO and regional children's behavioral health services staff.
- Identify staffing needs by the region to implement the new children's behavioral health services coordinator requirements and other anticipated staffing needs, including timeframes.
- The process and timeframes to make changes to the regional management plan.
 - Policies and procedures amendments:
 - Application and enrollment procedures including diagnostic and financial eligibility (including copayments) for children requesting behavioral health services.
 - Changes in the information technology and data management system to incorporate children.
 - Addition of "education" to performance and outcome measures for targeted case management and service coordination services.
 - Annual service and budget plan additions:
 - Local access points for the children's behavioral health services.
 - Service coordination entities for the children seeking services regardless of funding source.
 - Core children's behavioral health services
 - The children's behavioral health services provider network.

Definitions Added

- “Child” or “children” means a person or person under eighteen years of age
- “Children’s behavioral health services” means services for children with serious emotional disturbance
- “Children’s behavioral health system” or “children’s system” means the behavioral health service system for children
- “Serious emotional disturbance” means a diagnosable mental, behavioral, or emotional disorder of sufficient duration to meet diagnostic criteria specified within the most current diagnostic and statistical manual of mental disorders published by the American psychiatric association that results in the functional impairment. “Serious emotional disturbance” does not include substance use and development disorders unless such disorders co-occur with such a diagnosable mental, behavioral, or emotional disorder.
- “State board” means the children’s behavioral health system state board created in section 225C.51

Children’s Behavioral Health State Board

- Public voting members will be appointed for four-year staggered terms by the Governor and subject to confirmation by the senate
- Members shall not be appointed more than two consecutive four-year terms
- DHS is to provide staff support and other assistance as needed
- At least four meetings per year
- State Board membership includes:
 - Nonpublic voting members include:
 - Four state agency directors or designees from:
 - Human Services
 - Education
 - Public Health
 - Workforce Development
 - MHDS Commission
 - Public voting members include:
 - State court administrator nominee
 - Early childhood Iowa office nominee
 - Provider of children’s mental health services
 - Provider of child welfare services
 - Administrator of an area education agency
 - Educator, counselor, or administrator of a school district
 - Representative of an established advocacy organization
 - Parent or guardian of a child utilizing or has utilized behavioral health services
 - Sheriff
 - Pediatrician
 - Health care system
 - Chief executive officer of MHDS region
 - Four non-voting, ex-officio members of the general assembly
- Co-Chairs of the State Board shall be the director of the department of human services and the director of the department of education (or designees)
- State Board Duties:
 - Advise the MHDS administrator on the administration of the children’s system

HF690 Summary

5.1.19

- Provide consultation services to agencies regarding development of administrative rules
- Identify behavioral health outcomes and indicators
- Submit a written report before December 1 of each year to the Governor and General Assembly

MHDS Regions Responsibilities

- Providing access to children's behavioral health core services regardless of funding source
- Core services include:
 - Treatment designed to ameliorate a child's serious emotional disturbance
 - Prevention, early identification, early intervention, and education
 - Assessment and evaluation relating to eligibility for services
 - Medication prescribing and management
 - Behavioral health outpatient therapy
 - Comprehensive facility and community-based crisis services, including all of the following:
 - Mobile response
 - Crisis stabilization community-based services
 - Crisis stabilization residential services
 - Behavioral health inpatient treatment
- Core Plus Services to be implemented when funds are made available:
 - Treatment designed to ameliorate a child's serious emotional disturbance
 - Including, but not limited to behavioral health school-based therapy
 - Support for community living
 - Family support
 - Peer support
 - Therapeutic foster care
 - Respite care
 - Transition services for children to adult mental health services
 - Day habilitation
 - Job development
 - Supported employment
 - Prevocational services
 - Educational services
 - Service coordination including physical health and primary care that follow the principles of system of care
 - Care coordination
 - Health homes
- Fund services for children not covered by Medicaid or other third-party payer and who meet the following criteria:
 - Under the age of 18 and resident of the State of Iowa
 - Diagnosed with a serious emotional disturbance
 - Child's family has a family income equal to or less than five hundred percent of federal poverty level as defined by the most recently revised poverty income guidelines published by the United States department of health and human services
 - A child's family whose household income is between one hundred and fifty percent but not more than five hundred percent of the federal poverty level shall be eligible for behavioral health services subject to copayment, a single

July 1, 2020

July 1, 2021

statewide sliding fee scale, or other cost-sharing requirements approved by the department

- Changes to regional governing board structure:
 - New Voting members include:
 - One adult person who utilizes mental health and disability services or an actively involved relative of such adult (currently on board, but non-voting)
 - Representative of the education system in the region
 - A parent of a child accessing behavioral health services in the region
 - Non-voting members now include:
 - Adult services provider in the region (currently on board)
 - Children's behavioral health service provider in the region
 - The regional governing board will add another regional advisory committee to support development and implementation of the children's system
- Staffing shall include one or more children's disability coordinators
- Requires MHDS regions to add additional information to their annual plan related to children's behavioral health. Each core service shall have a description, needs projection, and eligibility requirements addressed.
- Adds school attendance and education to the list of outcomes for the regional services system
- Submit a plan to DHS by April 1, 2020 that describes how they will implement children's behavioral health services

State Agency responsibilities

- DHS and IDPH shall provide single, statewide crisis hotline through the expansion of the YourLifelowa platform
- DHS is responsible for administrative rules to be sent to the code editor by January 1, 2020. Pursuant to recommendations from the State Board rules will include:
 - Service definitions
 - Service provider's standards
 - Service access standards
 - Service implementation dates

New MHDS Administrator Duties

- Facilitate coordination of children's behavioral health services with the objective of developing a children's system that provides behavioral health services to all children regardless of economic circumstances and place of residence
- Work with other state agencies to implement a strategic plan to expand access to qualified mental health workers
- Establish a data collection and management information system to identify, collect, and analyze service outcomes and performance measures related to children's system
- Information collected by the department is provided annually to the state board.

MHDS Regions

