



# Rolling Hills

## Community Services Region

Buena Vista \* Calhoun \* Carroll \* Cherokee \* Crawford \* Ida \* Sac

### Governance Board

February 20, 2019 – 2:00 p.m.

Howard Center – Harry Rasmussen Building 514 North 13<sup>th</sup> St., Sac City

### Meeting Minutes

**1) Call to Order –Chairman, Paul Merten**

**2) Roll Call of Counties – Introductions**

Buena Vista: Paul Merten

Calhoun: Scott Jacobs

Carroll: Neil Bock

Cherokee: Dennis Bush

Crawford: Cecil Blum

Ida:

Sac: Brent Wilhelm

Advisory Board Representatives: Pat Laursen, Pam Haberl

Regional Staff: Dawn Mentzer, CEO; Lisa Bringle, Leisa Mayer, Louise Galbraith, Coordinators; Rosie Stotts, Social Worker

Guests: Kathy Roberts, Siouxland Mental Health Center; Julie Albright Woodbury County; Melissa Drey, Ashley Miller, Lori Bush, Jessica Pierce, Kim Keleher & Brenda Erickson, Plains Area Mental Health Center; Sandra Pingel, Genesis Development; Jeremy Taylor & Dennis Butler, Woodbury County; Deidra Brown & Lisa Meyer, Wesco; Karla Manternach & Amy Reisberg, Counseling Services, LLC; Eric Weinkoetz, Manning Family Recovery Center; Kali Nelson, New Hope Village; Kendall V., visitor; Pat Laursen, Howard Center; Jay Ricke & Doug Wilson, Integrated Telehealth Partners; Kari Jones, Stewart Memorial Hospital

**3) Minutes of Previous Meeting**

*Motion to approve the minutes of the previous meeting by Neil Bock. Second by Cecil Blum*

*Discussion: none. Motion approved unanimously*

**4) Approval of Agenda**

*Motion to approve the agenda with addition of adding "mileage reimbursement" to item 7e by Brent Wilhelm. Second by Dennis Bush. Discussion/changes/additions: Add mileage reimbursement to item 7e. Motion approved unanimously*

**5) Comments from the Public: Everyone will have an opportunity to speak. Therefore, comments may be limited to three minutes on any one item.**

Kim Keleher of Plains Area Mental Health handed out their end of the year report.

**6) Unfinished Business**

**a) Monthly Financial Report**

Dawn Mentzer provided the January 2019 financial report:

Beginning balance: \$3,896,451.19

Revenues: \$ 707,591.77

Expenditures: \$1,218,886.30

Ending Cash Balance: \$3,385,156.66

*Cecil Blum made a motion to approve the financial report as presented. Second by Brent Wilhelm. Discussion: none. Motion carried unanimously*

**b) Plains Area Mental Health Center FY'20 Budget Request with recommendation to delay action on the Mobile Crisis Response Component – Action**

**\*Discussion of Telepsych Proposal (Joint with ITP)**

Kim Keleher and Brenda Erickson. Telehealth proposal and mobile crisis funding request have been placed on hold until the task forces begin meeting therefore, removed from the total budget request. Turning Point budget (these programs are being discussed and will be presented at a later date). Total asking for Plains Area is \$1,252,457, with anticipated MCO revenue of \$262,939 to offset that request.

Discussion: the school budgets cover Crawford County and Buena Vista County schools.

*Motion to approve the FY20 Plains Area Mental Health Center request of \$1,252,457 by Dennis Bush. Second by Brent Wilhelm. Discussion None. Motion carried unanimously.*

Telepsych proposal: a meeting was held with PAMHC, ITP and hospital staff. Loring and Horn Memorial Hospitals are willing cost share with the region, the other hospitals have not responded yet. Hospitals are wanting to keep ITP so that it is a doctor to doctor consult for liability reasons. If the person using ITP is a client of PAMHC, they may be able to bill Medicaid or insurance for some reimbursement to offset the cost.

**c) Counseling Services, LLC Block Grant – Action**

Karla Manternach was not able to attend today. The budget asking for FY20 is \$43,471.00. This will include day time crisis services and some supports and services in the schools for Sac and Calhoun Counties.

*A motion by Cecil Blum to approve the FY20 Counseling Services request of \$43,471.00. Second by Scott Jacobs. Discussion: none. Motion carried unanimously.*

**d) Siouxland Mental Health Center FY'20 Budget Request – Action**

Dawn Mentzer has been meeting with Siouxland Mental Health concerning their budget request. The asking for FY20 is \$1,510,350.00. The Assessment Center will be funded at 75% (\$585,400). and 25% by Sioux Rivers Region, and Sioux Rivers will be holding the contract for FY20. Kathy Roberts, director of the Friendship House explained the services provided (drop in center).

*A motion by Brent Wilhelm to approve the FY20 Siouxland Mental Health Center request of \$1,510,350.00. Second by Dennis Bush. Discussion: none. Motion carried unanimously*

**e) Siouxland Mental Health Center Capital Project Request – Action**

This request will be paid out of Woodbury County funds and will cover costs of renovations/repairs to the Friendship House. Kathy Roberts explained the issues and what needs to be repaired. There are foundation and water issues that need to be repaired to keep water from coming in as well as renovations to the entry way to make it more accessible for individuals and emergency services, kitchen repairs and cosmetic updates. Total asking is \$100,000. Dawn Mentzer is in favor of the project and would like the board to make a decision of pre-paying the requested amount or paying as the work is completed as a one-time capital improvement request. The funds will not be available from the Region until July 2019.

Neil Bock and Cecil Blum both voiced concerns about funding costs for a building not owned by the Region and to pay as work is completed with a cap of \$100,000.

*A motion by Neil Bock to approve the Friendship House request as outlined in the request of December 16, 2018 up to \$100,000 to be paid upon submission of invoices, with no payment until after July 1, 2019, one-time request. Second by Brent Wilhelm. Discussion: none. Motion carried unanimously.*

**f) 28E Agreement Status and Filing Update**

The 28E Agreement is complete, signed by all counties and submitted to the Secretary of State.

**g) Review of Rolling Hills/Woodbury Work Plan for Transition**

Dawn Mentzer reports that we are on target for where we need to be during this transition process. The budget for Woodbury County has been completed. Dawn will be working on provider contracts, and with Woodbury County on the progress of the MOU requirements. Dawn will also be meeting with Woodbury County staff to identify staffing needs. The Management Plan will need to be amended to include Woodbury County providers and any other necessary changes and submit to the State.

Discussion: Neil Bock asked if the MOU is being met, and Jeremy Taylor believes it will be met. Paul Merten, salaries will have to be addressed along with staffing needs. Dawn can possibly have the staffing needs and salaries ready for the March meeting.

## **7) New Business/Updates**

### **a) ITP Update – Jay Ricke/Doug Wilson**

Doug Wilson of ITP provided an update of services since starting. 12-month summary: 6 hospitals are using the service with 240 cases to date. 58.3% were placed in inpatient hospitalization. Satisfaction rating from hospitals is 88.3% which is at average to above average satisfaction. Cost to date is \$102,900 less than the projected cost. Jail services: working with 5 county jails and billing for 5 visits per month \$11,000 has been billed to the Region which is below the projected cost.

ITP has been having talks with MCO's concerning reimbursements, and will be working with the Region and PAMHC and actively exploring options on how to provide and bill for the services.

Discussion: Neil asked about verification of invoices, and Dawn verified that it is accurate.

Dennis Bush asked about diverting patients to Turning Point. ITP reviewed all the cases to see if any could have been diverted to Turning Point and the number was very low, they will continue to work with PAMHC on this matter.

### **b) Advisory Board Update – Kim Keleher**

Kim Keleher provided an update from the last advisory board meeting. It was recommended to have task forces for the three services identified by the planning meeting: 1. Access center, 2. Mobile Crisis and 3. Intensive Residential. Three task forces have been established and will all meet on March 7, 2019, and will report back to governance board. The meetings are open to the public and will be held in Holstein at Boulders Conference Center, all meetings are posted on the website (meetings will be held the first Thursday of each month). Kim Keleher is the Chair and Clay Adams is the Vice-Chair of the Advisory Board for this year.

### **c) Turning Point Update – Ashley Miller**

As of today, 253 persons have been served (since February 2016), of which 70 persons were homeless. There have been 5,823 unused bed days since opening, and 2,849 used bed days. In 2019 there have been 354 unused bed days and 38 bed days. Staff are being trained for Mental Health First Aid and ACES. Intakes are comprehensive now and now including substance abuse evaluations. Drug testing will be implemented in the home to avoid having that done at a doctor office or ER. NA and AA meetings will be held at the home as needed.

### **d) Stepping Stones Update – Lisa Meyer**

There have been 13 admits this year, 66 since opening. 1,383 bed days this year, 5,483 since opening. 144 total referrals since opening.

### **e) Designation of Governance Board Meeting location and mileage reimbursement**

Dawn Mentzer is looking for a location that is more centralized. Boulders in Holstein will book us in at \$35.00 per meeting which includes coffee and water and can begin as early as March. Holstein will add to Calhoun and Carroll Counties mileage, but should be equal for the others. Mileage reimbursement for board members is an option to be turned in to the region.

*A motion to approve Holstein, Boulders Conference Center as the meeting location and to allow the governance board members to request mileage reimbursement from the Region at the*

*approved mileage rate, effective March 2019 by Brent Wilhelm. Second by Cecil Blum.  
Discussion: none. Motion carried unanimously*

**8) Schedule next meeting - Discuss Date, Time and Location**

March 27, 2019 at 2:30 pm at Boulders Conference Center in Holstein.

Motion to adjourn at 4:04 by Neil Bock, second by Dennis Bush. Meeting adjourned.