



Rolling Hills

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Ida * Sac

Governance Board

January 16, 2019 – 2:00 p.m.

Howard Center – Harry Rasmussen Building 514 North 13th St., Sac City

Meeting Minutes

1) Call to Order – Vice Chairman, Paul Merten

2) Roll Call of Counties – Introductions

Buena Vista: Paul Merten
Calhoun: Carl Legore
Carroll: Neil Bock
Cherokee: Dennis Bush
Crawford: Cecil Blum
Ida: Creston Schubert
Sac: Brent Wilhelm

Advisory Board Representatives:

Regional Staff: Dawn Mentzer, CEO; Leisa Mayer, Lisa Bringle, Louise Galbraith, Coordinators

Guests: Julie Albright & Theresa Jochum, Sioux Rivers; Shawn Fick, Gary Fuentes, Goodwill; Kali Nelson, New Hope Village; Melissa Drey, Ashley Miller, Kim Keleher, Brenda Erickson, Plains Area Mental Health; Terry Johnson & Sandra Pingel, Genesis Development; Eric Weinkoetz, Manning Family Recovery Center; LeAnn Olhausen & Rebecca Vosberg, Loring Hospital; Lisa Meyer, Stepping Stones; Teresa Magnussen, Crossroads; Karla Manternach, Counseling Services; Mindi Rotert; St. Anthony's

3) Election of 2019 Chairman

Neil Bock nominated Paul Merten for Chairman. Second by Cecil Blum.

Dennis Bush moved to cease nominations. Second by Brett Wilhelm. Motion carried unanimously.

Paul Merten accepted the nomination.

Paul Merten elected Chairman, unanimously.

4) Election of 2019 Vice Chairman

Cecil Blum nominated Dennis Bush for Vice Chairman. Second by Neil Bock. No other nominations.

Motion carried unanimously.

5) Minutes of Previous Meeting

Motion to approve the minutes of the previous meeting as presented by Neil Bock. Second by Dennis Bush. Discussion: none. Motion carried unanimously.

6) Approval of Agenda

Motion to approve the agenda as presented by Cecil Blum. Second by Creston Schubert. Changes/additions: none. Motion carried unanimously.

7) Comments from the Public: Everyone will have an opportunity to speak. Therefore, comments may be limited to three minutes on any one item.

None

8) Unfinished Business

a) Monthly Financial Report

Dawn Mentzer presented the financial report for December 2018.

Revenue: \$ 70,544.14

Expenditures: \$ 159,643.73

Ending cash balance 12/31/18: \$3,894,543.07

b) Plains Area Mental Health Center FY'20 Budget Request Revised / Mobile Crisis Proposal – Kim Keleher

Kim Keleher presented a revised funding request of \$1,175,388.60. The request includes additional funds of \$60,000 for emergency services to include tele-health in the jails and ED units, which could replace ITP. The service would be manned by the on-call therapists and PAMHC would do bed searches.

The costs of ITP are contracted up to \$175,000 per year (billed on a fee basis). Hospital representative present at the meeting shared that they are wanting a doctor to doctor to consult, if it is a therapist recommendation, the hospital/doctor could still be liable for a wrong placement (crisis home vs. hospital or discharge).

Neil Bock asked if this could be in place by July 1, 2019 without overlap with ITP. Dawn Mentzer said discussions would have to take place with providers, there could be a short overlap for various reasons. Kim reports that PAMHC would be ready on July 1, 2019.

Dawn Mentzer commented on the continuity of care that PAMHC could bring as many of the patients are already using PAMHC services. Dawn asked Kim if doctors could be available if needed and Kim said that could be worked out.

The request also includes \$20,000 for school-based services. Kim would like to see if they could meet the capacity for staffing before asking for additional funds to expand further in the region.

Medication management has been increased to \$162,450.00. This is a service that is always in the red, largely due to lack (shortage) of med prescribers and the high cost of the service. Paul Merten asked if this is a cap that will be billed fee for service. Kim said they would be fine with a fee for service up to the requested amount.

Dawn Mentzer commented that the overall increase is \$143,382.00 and would provide a safety net for the potential lack of MCO reimbursements.

Neil Bock questioned the cost of school-based services. The service covers Storm Lake, and Denison schools, and a part time person that covers other schools. Funds that are received from DECAT, the schools and other programs do not cover the full cost. They are billing when they can, the person in Denison is not fully licensed yet, but should be in April and then they can bill for part of her services.

c) Counseling Services, LLC Block Grant – Karla Manternach

Dawn Mentzer and Karla Manternach have met as Counseling Services is seeking to contract directly with the region next fiscal year, rather than through PAMHC. They are covering emergency situations as well consultation and education in Sac and Calhoun Counties. Karla gave an overview of the services provided and who they serve. They are seeking their own contract to provide the services in their counties that are needed. \$43,471 is the total asking with emergency and consultation/education services included.

d) Siouxland Mental Health Center FY'20 Budget Request Revised

Dawn Mentzer met with Siouxland Mental Health Center last week and presented the revised budget on their behalf. The budget was revised based on what Rolling Hills funds vs. Sioux Rivers Region. Some of the adjustments/reductions in line items were moved to other areas where they needed funding. In total the request is \$1,510,350.00 which is an increase of about \$43,350 from their current budget with Sioux Rivers.

e) Fiscal Year 20 Budget Adjustments – Possible Action

Dawn Mentzer presented a budget for FY20 with per-capita recommendations. The adjustments included increases with PAMHC and increased costs for the fiscal agent based on adding Woodbury County. The projection has current 7 counties at a \$30.75 per capita and Woodbury County per capita at \$33.63. The total projected budget including Woodbury County is \$7,445,836. If adding the request from Counseling Services the levy for the 7 counties could be \$31.00 or the difference can be taken from the fund balance. Once the board approved the per capita amount Dawn can adjust each county's levy/fund balances to present to each county.

A motion by Cecil Blum to establish the per-capita rate at \$30.75 for the current 7 counties. Second by Brent Wilhelm. Discussion: none. Motion carried unanimously.

A motion by Neil Bock to establish the Woodbury County per capita at \$33.73. Second by Creston Schubert. Motion carried unanimously.

9) New Business

a) Howard Center Funding Request

Howard Center has asked that this request be rescinded. The request was for training funds for supported employment staff. Dawn Mentzer and Pat Laursen spoke that this training could be possibly be provided by the region for all providers. As far as certifications for staff, Dawn believes there could be other avenues for funding.

b) Siouxland Mental Health Center Capital Project Request

Dawn Mentzer presented the request on behalf of Siouxland Mental Health Center for the Friendship Center. This was a request that was approved by the Sioux Rivers Region and was rescinded when Woodbury County decided to exit that region. Dawn believes that there will be funds in the Woodbury County budget to cover most if not all of the costs. Dawn believes Siouxland Mental Health can cash flow this now, with the understanding that the funds will be expended to them, if approved by this board, on or after July 1, 2019.

c) Siouxland Mental Health Center Crisis Stabilization and Assessment Center Update

A meeting was held with Rolling Hills and Sioux Rivers Region to discuss the center and possibly cost share the facility/program for the first year. For the proposed transition year Rolling Hills would fund 75% and Sioux Rivers 25%. This is on the agenda next week at the Sioux Rivers Region Governance Board meeting, Dawn and Paul will be attending the meeting. If Sioux Rivers does not vote to fund the 25%, the full amount would come back to Rolling Hills for consideration. Sioux Rivers would hold the contract and Rolling Hills would reimburse Sioux Rivers, largely in part since Sioux Rivers owns the building. Dawn believes Rolling Hills should hold the contract as Siouxland Mental Health is the provider that will be in our region. The first year will be a transition and allow time to access the services and needs. If Sioux Rivers holds the contract for the first year, she believes Rolling Hills would need a contract with Sioux Rivers. Siouxland Mental Health Center would have to agree to contract with Sioux Rivers to provide the service in the building Sioux Rivers owns.

d) January Strategic Planning Meeting Outcomes/Recommendations

Dawn Mentzer presented the minutes of the Core Services Strategic Planning Meeting held on 1/10/19. Mobile Response is the first priority, which is being developed by Plains Area Mental Health, the second was the Access Centers with the third priority identified as Intensive Residential Service Homes.

8) Schedule next meeting - Discuss Date, Time and Location

Next meeting February 20, 2019 at 2 pm

Motion to adjourn at 3:45 pm by Carl Legore. Second by Dennis Bush. Meeting adjourned.