



Rolling Hills

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Ida * Sac

Governance Board

April 11, 2018 –2:00 p.m.

SAC COUNTY COURTHOUSE LAW ENFORCEMENT CENTER

100 NW STATE STREET, SAC CITY

Meeting Minutes

1. Call to Order – Chair, Hecht Hecht

2. Roll Call of Counties – Introductions

Buena Vista: Paul Merten

Calhoun: Scott Jacobs

Carroll: Neil Bock

Cherokee: Dennis Bush

Crawford: Cecil Blum

Ida: Creston Schubert

Sac: Rick Hecht

Regional Staff: Dawn Mentzer, CEO; Lisa Bringle, Leisa Mayer, Coordinators; Rosie Stotts, Social Worker;

Others in attendance: Clay Adams, Deidra Brown, and Lisa Meyer – WESCO, Kim Keleher, Ashley Miller – Plains Area Mental Health Center, Cindy Weimold – Faith Hope and Charity, Jay Hechte – Integrated Telehealth Partners, Pam Haberl, Pat Laursen – Howard Center, Karla Mandernach – Counseling Services

3. Minutes of Previous Meeting

Motion to approve the minutes of the previous meeting by Schubert. Second by Bush.

Discussion: None

Motion carried unanimously

4. Approval of Agenda

Motion to approve the agenda as presented by Bock. Second by Blum.

Discussion: None

Motion carried unanimously

5. Comments from the Public: Everyone will have an opportunity to speak. Therefore, comments may be limited to three minutes on any one item.

None

6. New Business

a. Jay Ricke, Integrated Telehealth Partners – Tele psychiatry implementation update

Jay provided the status update. Horn, Cherokee, Manning and Loring are Live. Stewart Memorial is in the process of going through credentialing so it will be another 2-3 months before going live. Thirty-seven individuals have been seen since last August. About half of them have been deflected from inpatient. March – 7, 4 went inpatient and 3 referred elsewhere including Turning Point. Crawford County MH will go live on April 26. Buena Vista Regional MC already uses Insight through Unity Point. Jay would be willing to supplement the coverage overnight with BVRMC. St. Anthony's has an inpatient unit and will continue to be open with them on future coverage.

Jail – Sac, Carroll and Ida are live. BV – live this week. Cherokee and Crawford is in process likely next month.

b. House File 2456 - Mentzer reviewed the bill. We will still need to be held to the 25% fund balance. Additional services that will be required to be developed include: *list the additional core*. Mentzer will be meeting with CEO's of three other Regions to discuss these services and how to proceed. Bush added there will be a statewide crisis line and ACT teams will be able to provide the service through telehealth. Regions and MCO's will be required to come together to help fund the startup costs. Access Centers will be a triage service. Hecht asked if he thought the smaller hospitals could be an option for subacute beds. Hospital beds are under-utilized and they may have some ability to provide this service. Kim Keleher said she thinks a lot of it will depend on the reimbursement rate from the MCO's.

c. Memorandums of Understanding with Amerigroup and United Health Care – Action

Mentzer explained the MOU's are a requirement in SF504 to delineate roles and responsibilities between the Regions and the MCO's and to provide collaboration. Mentzer recommended signing.

Motion to approve the MOU with Amerigroup as presented by Bock. Second by Jacobs.

Discussion: None

Motion carried unanimously

Motion to approve the MOU with Amerigroup as presented by Bush. Second by Schubert.

Discussion: None

Motion carried unanimously

d. Mental Health Advocate reimbursement/hours

Mentzer reminded the board regarding the 28E agreement for the MHA that was signed in July 2015. In 2016, Administrative Rules were passed that for data collection that is now a requirement for MHA's which has added to her time it takes to get the job done. The current 28E agreement limits reimbursement for the MHA to 1500 hours per year but the data collection has increased the amount of hours it takes for her to get the job done. Mentzer and Leisa have discussed recommending a salary and benefits to allow us to be more up to date with the 28E. With increasing her hours to a full-time salary, we could look at the option of having Sandy cover Carroll

County as well and then only pay one advocate. Bock has no problem with changing something as long as it's best for the Region. Bock will follow up to check and see if there is a contractual obligation between Carroll County and Heart of Iowa Region. Bock will respond back to Mentzer as to his findings.

7. Old Business -

a. Turning Point Update

Total clients is 184 since opening. Four are in the home currently. 141 have successfully completed the program. Discharge statistics have been tracked. Officially have received accreditation through August 2019. Ashley has been in contact with the MCO's to discuss a contract for payment. 2254 beds used, beds available since opening - 3906. Ashley stated they have helped set up 271 services. 31 clients re-admitted to the home. Hecht asked about the marketing side of Turning Point. Ashley stated they have visited all the hospitals but two of them. Most clinics have been visited as well. Ashley stated they have also reached out to hospitals outside of our Region to let them know of services to be part of the discharge planning. Hecht asked how many individuals have been rejected – Ashley stated she didn't have that statistic but most people are rejected due to homelessness and individuals who aren't able to care for themselves. Bock suggested working with other Regions to fill the beds. Kim reminded people once Medicaid pays, they can take anyone from other Regions but pre-authorizations may be limited and not everyone has Medicaid. Mentzer will be meeting with Plains Area to look at contracting for the service next year.

b. Stepping Stones Update - 46 admission. 3767 bed days, 108 referrals. They are currently full. Have 3 people waiting to admit, other interviews will take place as they get closer to having openings. There is a variety of referrals to Stepping Stones. Length of time is getting longer due to MCO's, finances, etc. There are a few people that are struggling to transition out within the 90 days. Out of 46 individuals, 2 individuals have re-admitted. Lisa provided some examples of some successful discharges of individuals that they have served.

c. Resolution and Recommendation pertaining to Woodbury County's request to join the Rolling Hills Region effective July 1, 2019 – Action

Mentzer reviewed the resolution with the Board. Mentzer said she didn't received much feedback on any of the three documents drafted. Hecht asked for discussion. Merten asked if Woodbury County has reviewed the documents and Mentzer stated that there were no requests for changes or concerns.

Explanation for the Recommendation – Blum questioned part 3 in the document. He doesn't feel that is necessarily true. According to one of his legislators, he was told that there is a lack of will on behalf of the Woodbury legislators rally behind Woodbury being able to stand alone next year.

Blum also questioned what it will look like financially depending on whether Woodbury stands alone or if they are back in Sioux Rivers for the next year. Blum wondered if they we would say no to them

if they can't come to us under the requirements in July of 2019. He is concerned that it would be too far down the road to turn them away at that point. Hecht believes that they have to adhere to the contract obligations and said he didn't feel he could vote in favor of this either if they can't fulfill their requirements to our Region. Merten is concerned about possible change in the Woodbury board composition a year from now however, he and Schubert are in agreement that they need to fulfill their agreed upon obligations.

Blum wanted to know if we have asked Plymouth and Sioux to come to our region and share the other side of the story. Hecht felt that in discussions with Woodbury County that we were hearing a lot of the same concerns from Cherokee County when they exited Sioux Rivers and Bush was in agreement. Bock disagreed in that this is a different request due to the attitude from Sioux Rivers now as to when Cherokee County joined.

Bock is concerned that the documents will only outline the positive things and not all the concerns. How it is presented will make a difference in what happens by the local county boards.

Blum is concerned that Items 4 and 5 in the explanation are hollow statements because yes Woodbury did everything that we asked them and they would have been foolish not to.

Mentzer reminded the board that the purpose of the agenda item is to vote to advance this on to the local county boards versus revisiting the previously agreed upon recommendations. Schubert was in agreement as it was voted 5-2 to bring this to the counties. The decision will be at the local level.

Bock does feel the documents are written the way they are supposed to be but it's up to the local representatives to share concerns and present both sides. Mentzer did share she intends to lay out all of the facts in the documents as it is her charge to present the information for the boards to make an informed decision and not provide a recommendation.

Hecht called for a motion to approve the Resolution – Merten moved to accept the resolution to send back to the local boards. Jacobs seconded.

Discussion – Schubert asked for a date that this is completed. The consensus is to start the 30 days when Mentzer visits the individual Boards. Each document will be voted on separately.

In favor – Merten, Bush, Schubert, Jacobs and Hecht

Opposed – Blum and Bock

Motion carried 5-2

Hecht called for a motion to approve the Explanation for the Recommendation – Bush moved to accept the Explanation for the Recommendation as presented. Schubert seconded.

In favor – Merten, Bush, Schubert, Jacobs and Hecht

Opposed – Blum and Bock

Motion carried 5-2

Hecht called for a motion to approve the Memorandum of Understanding – Jacobs moved to approve the Memorandum of Understanding. Bush seconded.

Discussion – Merten said he thought this document will address Blum's concerns in a year. Blum continues to be concerned about whether Woodbury will come in a year with the correct finances and if they can't provide it, would the board have the fortitude to not allow entrance. Bush feels it's a detriment to have to go back to the tax payers in their own counties and explain why we are subsidizing Woodbury so he wouldn't agree to it either.

In favor – Merten, Bush, Schubert, Jacobs and Hecht

Opposed – Blum and Bock

Motion carried 5-2

Merten wanted to clarify whether Mentzer will come to the individual boards to present the information. Hecht indicated that it should occur in that manner if Mentzer is invited. All Governance Board members agreed to Mentzer's attendance except Crawford.

Schubert asked about the timeline for a vote of the Governance Board after all of the local county boards take action and it was clarified that once all seven boards act it is considered passed and that there is not a third vote.

Motion to adjourn by Neil Bock, second by Bush. Motion carried unanimously.

8. Schedule next meeting – May 23, 2018 at 2:00

Meeting adjourned at 3:30 pm

Minutes recorded by Lisa Bringle/Dawn Mentzer