



## Rolling Hills

### Community Services Region

Buena Vista \* Calhoun \* Carroll \* Cherokee \* Crawford \* Ida \* Sac

#### Governance Board

February 22, 2017 – 2:00 p.m.

Sac Law Enforcement Center

#### Meeting Minutes

**1) Call to Order – Chair, Rick Hecht**

**2) Roll Call of Counties – Introductions**

Buena Vista: Paul Merten

Calhoun: Scott Jacobs

Carroll: Neil Bock

Cherokee: Dennis Bush

Crawford:

Ida:

Sac: Rick Hecht

Advisory Board Representatives: Pat Laursen, Pam Haberl

RHCS Staff: Dawn Mentzer, CEO; Lisa Bringle, Leisa Mayer, Louise Galbraith, Coordinators; Rosie Stotts, Social Worker

Guests: Lisa Meyer, Ashley Miller, Melissa Drey, Christina Eggink-Postma, Karla Manternach

**3) Minutes of Previous Meeting**

*Motion to approve the minutes of the previous meeting by Dennis Bush. Second by Scott Jacobs*

*Discussion/changes: None. Motion carried unanimously*

**4) Approval of Agenda**

*Motion to approve the agenda as presented by Paul Merten. Second by Neil Bock.*

*Discussion/changes to the agenda: None. Motion carried unanimously*

**5) Old Business**

**a) Seasons Center ACT funding request – Christina Eggink-Postma**

Dawn Mentzer updated the board that Seasons Center is looking to neighboring counties (including Buena Vista) where they have satellite offices to provide ACT services on a fee for service basis. If this is approved starting in Buena Vista County, it would meet our obligation to provide the service within the region without providing start-up funds.

Christina presented a PowerPoint presentation concerning Seasons Center and ACT services. ACT focuses on the most seriously mentally ill and brings a team around the person in the community (hospital without walls), coordinating services and care. ACT provides 24/7 access to an individual's treatment team. The goal/outcome is reduced hospitalizations, compliance with treatment/medication, and has high satisfaction from consumers and families.

Season's would like to explore a fee for service contract within Buena Vista county where they have a satellite office with the possibility of expansion into the rest of the Region. It is a Medicaid reimbursable service so those on Medicaid would require prior approval and regionally funded services would be prior approved by the CEO. A unit is one day, and the rate is \$100 (maximum per day per person). The evidence based service does not have tiered model for funding.

Neil Bock asked about a time frame for expansion into the rest of the region. Christina said every 2 years is the projected growth rate. Referrals can be made by regional staff, MHI, inpatient units, IHH teams and so forth.

Dawn asked if referral could be made and the service begin prior to July 1, 2017. Christina responded that yes, they could start earlier than July 1, 2017.

*Neil Bock made a motion to proceed with phase 1 and authorize CEO to draw a contract. Second by Scott Jacobs. Discussion: none. Motion carried unanimously*

**b) Counseling Services, LLC funding request**

Karla Manternach informed the board that the issue of needing psychiatric care and the possibility of funding for telehealth presented last month has been resolved. They have made arrangements with PAMHC thru May 1, 2017 and after that Berryhill Center will cover needed services, so there will be no request for funding.

**c) Plains Area Mental Health Center funding request**

Kim Kelleher and Patrick Schmitz asked to have this removed from the agenda as they could not attend the meeting. The request was emailed to the board members last week; this request is due to financial hardship of delayed payments from MCO's, and enrollment assessments into IHH program. The Board had general discussion with no action.

Discussion:

Rick Hecht asked if any of this money recoverable? Dawn answered that it is not specified in the proposal if it is recoverable.

Paul Merten commented that if this is not unique to PAMHC it could this set precedent.

Dawn sent an email to regional CEOs for their responses and about 10 responded that it is not the Region's responsibility to be a gap funder with MCO's.

Item is tabled until next board meeting in order for PAMHC to present it. Neil Bock thought that we should let them know that it is not well received at this time.

**d) Stepping Stones Update – Wesco**

Lisa Meyer provided an update and reported that there have been 1257 bed days, six individuals are in the home now, and another will move in on February 27, 2017 to make the home full again. Two individuals moved to Holstein with services with ISI, one to Sioux City, another person moved into a waiver home with Wesco, and a person gained employment and apartment in Denison – all within the last month.

April 20 and 21<sup>st</sup> Melissa Drey will be doing ASSIST training with all the staff. Lisa has been working to be a train the trainer with Pearl Training. An issue that is delaying some persons from moving on sooner is waiting for SSI. Lisa would like to use a small part of the regional funding to help with rent, utilities and basic needs so they can move into the community sooner.

**e) Turning Point Update – Ashley Miller**

1168 bed nights since opening with 96 clients served. Today four persons are in the program. All staff (except twp) attended ALICE training and IT and security have been updated at the home. Ashley has been working on marketing to keep providers up to date and sending weekly provider emails.

**f) FY'18 Per Capita Contribution discussion – Neil Bock**

Neil thanked the Region for working with counties on depleting fund balances. Each county is levying different amounts to reach the \$32.67 per capita (amount to levy to reach the contribution in combination with fund balances). With the strong reserve, do we need to levy this much? Ending fund balance for the region in 2018 is projected at \$3.1 million. Neil believes we could be levying too much with the strong reserve, could it be looked at to lower the 4<sup>th</sup> quarter payment? Can we lower the rate and be fiscally responsible?

Discussion:

Scott Jacobs – how many more programs do we have to fund? Dawn, we only have 2 of 9 core plus services established.

Dawn reminded the board if we lower the rate too low will may not be able to sustain our current programs and looking at what we have to implement in future services. We are dipping into the reserves by about \$300,000 next year. Neil Bock would like to revisit this before the 4<sup>th</sup> quarter payment is due in March 2018.

**6) New Business**

**a) CEO Collaborative response to DHS Director Palmer's recommendation for a Unified Voice from the Regions**

Dawn Mentzer attended a leadership training with the CEO's last week. DHS Director Palmer has emphasized the need for larger regions to implement services, and is not satisfied with the pace the regions are taking at starting additional core services and evidenced based services. Mr. Palmer would like a unified voice among the regions. Dawn provided a technical assistance

report by Steve Day that shows the direction that the CEO's are taking as a result of Director Palmer's vision which includes creating a position employed by ISAC and paid by the regions (\$200,000) which would in effect be the "unified voice" of the CEO's. Dawn wanted to bring this to the board as it will be looked at Spring School.

**b) Advisory Board and Regional Coalition Updates**

Dawn Mentzer gave the board an update from the meetings held this month. There was good representation at both meetings with increased participation by law enforcement and hospitals. Both groups will continue to meet quarterly. Items of discussion were: strategic planning of new services, and monthly reports that Dawn has to submit to DHS. The DHS reports want dates that programs will be implemented and another is more client specific (when and where clients are served). Mr. Palmer has been pushing for additional core services to become core services. A house study bill that came out today puts everything into core services and all funds over 25% will be advanced to the state for property tax relief by 2022.

Target services/dates: mobile crisis response by July 2017; crisis intervention training will be attended by a Sac County deputy in Iowa City in March and Melissa Drey will be an observer; Insight Telehealth Psychiatry to be added to all hospital emergency departments within the region; Lisa Bringle, Jim Coats and Patrick Schmitz will be meeting to start moving ahead with Family Psychoeducation Services and Illness Management and Recovery. A task force will be meeting next week to discuss a behavioral support intervention program in the region. Regional training for providers will be held on April 27<sup>th</sup> with a morning and afternoon session on managing challenging behaviors with Ben Woodworth at King's Pointe in Storm Lake.

**c) Discussion regarding Rent/Basic Needs payments**

We have been having an issue with persons moving from the transition home quicker due to waiting for SSI eligibility. Lisa Meyer brought this to the advisory board with an idea to use part of the block grant from Stepping Stones to help with basic needs and rent. The larger scope is to help with others within the region, \$7500 is in the budget for rent/basic needs.

The need is to assist persons in meeting basic within the community while pending SSI. IAR agreements can be drawn for those who are pending SSI/SSDI and the region could potentially be reimbursed with retroactive payments. Discussion concerning length of funding. Persons would have to meet regional funding (through the application process) be reviewed by coordinators, and approved by the CEO.

Rick Hecht would like Dawn to develop a written proposal and present it at the next meeting.

*A motion was made by Dennis Bush to approve Wesco, Stepping Stones, to use \$5000 of the transitional living block grant funds for rent/basic needs. Second by Paul Merten. Discussion: none. Motion approved unanimously.*

**7) Schedule next meeting: March 29, 2017 2:00 p.m.**

Meeting adjourned at 4:00 pm \_\_\_\_\_ Minutes recorded by Louise Galbraith