



Rolling Hills

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Ida * Sac

Governance Board

February 9, 2016 - 2:00 pm

Sac County Law Enforcement Center, Sac City

Meeting Minutes

1) Call to Order – Chair, Rick Hecht

2) Roll Call of Counties – Introductions

Buena Vista: Paul Merten

Calhoun: Scott Jacobs

Carroll: Neil Bock

Cherokee: Dennis Bush

Crawford: Cecil Blum

Ida:

Sac: Rick Hecht

Advisory Board Representatives: Pat Laursen

Regional Staff: Dawn Mentzer, CEO; Leisa Mayer, Lisa Bringle, Louise Galbraith, Coordinators; Rosie Stotts, Social worker

Guests: Melissa Drey, Kristen Nehring, Randy Heugerich, Sandy Pingel, Maggie Johnson, Diana Ossman, Tina Kass, Cindy Wiemold, Terry Johnson, Ann Rust, Patrick Schmitz, Jim Coats

3) Minutes of Previous Meeting

Motion to approve the minutes of previous meeting by Neil Bock. Second by Dennis Busch.

Discussion: none. Motion Carried

4) Approval of Agenda

Motion to approve the agenda as presented by Scott Jacobs. Second by Dennis Bush.

Discussion: None. Motion carried.

5) Old Business

a) Five Star Quality Training Results

Dawn Mentzer shared the comments and outcomes from the 5 Star Training provided by the Region in January. There was a lot of positive feedback. Approximately 285 attended over the two days. Dawn wanted to thank the Board for funding the cost of the training. Cindy Wiemold encouraged the Board to provide a training every year for providers. Dennis Bush attended the training and expressed his satisfaction.

b) Stepping Up Initiative – Jail Diversion County Resolution

Dawn Mentzer provided a resolution for the Stepping Up Initiative. The resolution is to show the commitment of our region to work toward serving individuals with mental illness in the jail system and to decrease re-incarceration. This is a national initiative that counties are encouraged to sign.

Dennis Bush moved to approve the Stepping Up Initiative resolution. Second by Scott Jacobs. Roll call vote: Yea: Hecht, Bush, Bock, Jacobs, Merten, Blum. Nay: none. Resolution passed

c) HIPAA – Contract with Midwest Compliance Associates

The contract aligns with the proposal approved at the last board meeting. It is to be paid in monthly installments.

Paul Merten moved to enter into contract with Midwest Compliance Associates, and authorize chair to sign the contract. Second by Dennis Bush. Discussion: none. Carried

Neil Bock would like this revisited in 11 months to negotiate the next year's contract/services.

d) Crisis Stabilization Services Update – Plains Area Mental Health Center

Patrick Schmitz, gave a report on the first week of operation. There were three admissions the first day and 5 by the end of the week. Melissa Drey reports that the first group has been working very hard on their programs (WRAP). The WRAP plan is developed with staff and it is geared toward helping individuals at home when they leave the crisis home. Another overnight staff has been hired and an interview was done today for a day position. The clients have been comfortable in the home, and families have visited. A vehicle has been secured from Calhoun County.

Referrals have been received from a few other regions, Dawn Mentzer has requested that out of region referrals be tracked. Neil Bock asked how out of region referrals will be handled in the future. Patrick will not approve admissions (out of region) until the region approves it. Neil would like to have the discussion in a few months once we know the capacity trends. We will need to determine a per-diem rate for other regions.

Most referrals have been from therapists at this point. Providers can refer individuals as well as hospitals, clerk of courts, and other access points. Paul Merten asked about the lead time for admissions. Patrick stated that the first three were planned prior to the opening and the other two admitted once the referral information was received and deemed appropriate for admission. Patrick believes in the next few months there would be a clearer lead time for admission.

Dennis Bush asked if any of the beds are considered for transition beds. Patrick said at this time there isn't.

Rick Hecht stated the transitional piece has not been approved by the board so that will need to be a discussion, he does not want the home to be seen as a shelter.

Dawn Mentzer stated that the region has had a lot of referrals for persons lacking resources and a place to live, and transitional housing is a program we will need (beyond the 3-5 day). If a person is in need of transitional living, they would be followed by a coordinator with the Region.

e) ICAP Insurance Quote for Crisis Home and Contents

Quote (1) Building value of \$200,000, contents \$50,000 at replacement costs

\$1,018 per year with \$500 deductible

\$980.50 per year with \$1,000 deductible

Quote (2) Building value of \$150,000, contents \$50,000 at actual cash value

\$864.40 per year with \$500 deductible

\$834.40 per year with \$1,000 deductible

Cecil Blum made a motion to approve quote #2 with \$1,000 deductible. Second by Neil Bock.

Discussion: Neil would like to have further discussion at a later time to add additional coverage as needed. Paul Merten would like to consider replacement cost rather and actual cash value.

Discussion ensued concerning replacement value and depreciation.

Vote: 2- 4 motion failed.

Dennis Bush made a motion to approve quote 1 (replacement cost) with a \$1,000 deductible.

Second by Paul Merten. All in favor. Motion carried.

Dawn will compile a list of questions the board would like ICAP to provide answers for.

f) FY'17 Budget Review/Discussion/Action

Dawn provided a financial forecast with a per capita of \$32.55 as requested at the last meeting. There would be a solid fund balance to FY2021.

Discussion: Cecil Blum thanked Dawn for providing the requested information. From a county level it makes sense to go with \$32.55 and have parity within the region.

Rick Hecht also agreed that we came into the process (of forming the region) wanting parity or equal contribution per county.

Paul Merten asked if the increases per year were at a 3% and Dawn confirmed that 3% was included. Dennis Bush asked if the crisis home is at capacity, is it mandated by the state to open an additional facility? No, that would be a board decision.

Neil Bock made a motion to charge the counties at the \$32.55 per-capita rate. Second by Cecil Blum. Discussion: none. All in favor. Motion carried.

Paul Merten asked if the counties have the funds to cover a payment in July 2016. Dawn stated that if the first payment is not made until October, the Region's fund balance would be sufficient. This needs to be visited each year. Discussion of payment dates and the 25% carryover for county and regional balances.

Neil Bock would like to see the first contribution of FY18 delayed until October.

Neil Bock made a motion for counties to have the option to make the first payment for FY18 due in October 2017. Second by Dennis Bush. Discussion: FY17 will be status quo. Cecil Blum would like the schedule for the remainder of the fiscal year (the motion is an option to delay it doesn't have to be delayed). More discussion on the 25% reserve. Vote: All in favor. Motion carried.

Neil Bock made a motion to approve the FY'17 budget. Second by Scott Jacobs. Discussion none. All in favor. Motion carried. (Total FY'17 Budget - \$3,150,429)

New Business

g) Kristin Nehring – Home Care Options Supported Employment

Kristen gave a quarterly update on their supported employment program. IME and IVRS have approved the services and can be billed. As of yesterday they have/are serving, 6 clients on the ID Waiver, 8 habilitation clients and three new referrals. One client is now working full time and no longer on social security and other entitlement programs. One person recently lost his job due to job restructuring and they are working with him to find a new position. 4 persons were placed in jobs with the regional funding along with job shadowing. Positions are available, they are working to fit the right person with each opening. They have partnered with Iowa Workforce Development and clients are attending workshops.

h) Supported Employment Grant Request for FY'17

Dawn raised the following questions: Is the ACE program request for the Howard Center a onetime asking? Yes per Pat Laursen. The justification of the expense of a van for ISI? Dianna Ossman reports it is what they needed the bus for, the job coaches are going out to different sites to work with clients and need reliable transportation.

Dawn Mentzer asked if there could be a discussion of funding part of the grant and the other based on outcomes? Terry Johnson responded if they were only funded 6 months it effects the rest of the year's budget and hiring staff. There are outcomes from year one that show progress and success.

Dianna Ossman brought a guest to share outcomes of this year's progress and explain supported employment and changes that will be coming. Job coaches will have to be credentialed, an additional cost. Tina Kass (a consumer at ISI) shared her work success. Tina had done 4 job shadows in her community and is working with work readiness and job coach (IVRS). She was offered a job at the nursing home. ISI helped with training on the computers as well as on the floor training. The job coach now helps with the online required courses, and has pulled back as Tina has learned and gained confidence. Tina is averaging 20 hours a week at \$10.75 per hour (she has been employed for almost a year).

If the proposal is approved, it still provides a cost savings of \$250,000 with the end of Work Activity on 06/30/2016. Dawn Mentzer is very pleased with the progress in the last year.

Discussion: Cecil Blum asked about wages of job coaching positions. The range is \$9.00 to \$12.00 hour. Neil Bock expects a high rate of success due to the economy and job availability. Dennis Bush asked if we anticipate this asking staying static or increasing? Terry Johnson replied that he expects to decrease a bit, but there will be spikes in numbers served, and they need to keep staff employed during down times, it will be a roller coaster. Terry is asking to build capacity. Neil Bock asked how this will work with MCO's? Maggie Johnson answered that in some way all Medicaid programs will roll over to the MCO's but not sure how it will all be funded. Terry stated that it is an unknown at this point – the rates are on a weighted average, and are not correct. Total request is \$509,550.

Paul Merten made a motion to adopt the proposal (plan 'a' and 'b') at the asking of \$509,550. Second by Dennis Bush. Discussion: Paul Merten stated that some items are one-time only funding such as the van for ISI. Cecil Blum questioned the reason that the mini-bus would not be utilized for transporting fewer individuals as opposed to buying another van. Maggie Johnson stated that the bus is small, was made for a daycare and it's use would not meet integration standards. Paul Merten and Cecil Blum would like to see the mini-bus as a trade in on a different vehicle. ISI has been trying to sell the mini bus. Vote: all in favor. Motion carries.

6) Next meeting - 3/23/16 – 2:00pm Sac County Law Enforcement Center

7) *Motion to adjourn at 4:13 pm by Neil Bock. Second by Scott Jacobs. Motion carried.*