



Rolling Hills

Community Services Region

Buena Vista * Calhoun * Carroll * Crawford * Ida * Sac

January 21, 2016

3:00 pm

Sac County West Annex

Advisory Board Meeting Minutes

1. **Call to Order – Terry Johnson, Vice-Chair**
2. **Those Present : Diana Ossman, Sandy Pingel, Nadine Thu, Lisa Bringle, Ben Shuberg, Rosie Stotts, Rick Hecht, Pat Laursen, Terry Johnson, and Leisa Mayer. Patrick Schmitz joined the meeting later.**
3. **Task Force Updates**
 - a. **Calhoun County – Leisa Mayer**

Leisa reported that PAMHC was planning to have telepsych at the hospital in Rockwell City. The equipment is there and an ARNP has been hired to do face to face. There have been some delays with the credentialing at the hospital. Patrick updated when he arrived. Things should be starting in the next week or two.
 - b. **Peer/Family Support – Leisa Mayer**

The 12 week Family to Family classes are being planned for a start date in March. If you have anyone interested in the classes or would benefit from the training or a desired location, please contact Calhoun County Public Health.
 - c. **Crisis Stabilization – Leisa Mayer and Patrick Schmitz**

The house will be up and running by February 1. There are open houses scheduled January 28th and 29th. Patrick reported that the house is 95% ready. There is still no ramp up to the back porch. Most of the staff is hired and has been going through intensive training the last several weeks in preparation.
 - d. **Jail Diversion – Leisa Mayer**

Sac County and Calhoun County have rolled out Jail Diversion in January. There have been a couple referrals but no one has been enrolled for the actual Jail Diversion program. Leisa made sure individuals had their needs met. She has had wonderful communication with Sac Co. Sheriff's Department. There was also discussion about Crisis Intervention Training needed in our Region. There was a question regarding why

jail diversion is not court ordered. It was explained that at this point we really want the individual to “buy-in” to the program and want the help. We don’t know how Jail Diversion will evolve within our Region but we are only doing a piece of a true Jail Diversion program.

4. Strategic Planning Process/Needs

Leisa Mayer laid out the questions regarding needs and how the group wanted to proceed with Strategic Planning. Terry asked the group if they wanted someone to facilitate and it was agreed by the Advisory Board to pursue a facilitator. Jeff Schott was discussed and Rick felt he did a good job and was able to help the Region get started. Pat suggested also looking for someone from the Extension Office but responses indicated Jeff again. Rick thought it was important to have someone who understands the system but could remain neutral with Regional needs. Terry suggested that whoever comes in to facilitate has some background on the system and what’s happening. The recommendation is to have someone facilitate the strategic planning process and have the Rolling Hills staff find someone to do that. If there are any suggestions, please get them to the staff.

5. 5 Star Training Results – We had quite a lengthy discussion regarding the 5 Star Training held January 14th and 15th with Derrick Dufresne.

- Ben thought it was too long and not enough meat to it
- Sandy said it was excellent training for direct care staff as management has been telling them the same things for a long time. Pat and Diana also agreed it was good training for Direct Care Staff.
- Many people who attended needed to understand the philosophy
- Howard Center staff were already discussing a “dream board” on what makes a difference for people.
- Philosophy was really good and staff bought into it but what do we do now?
- Diana said they are looking at it as a stepping stone in understanding the philosophy to prepare them for reporting outcomes.
- Pat suggested having agencies come together in 6 months to discuss what is being done in their agencies to enhance 5 Star Quality Outcomes. Terry agreed but suggested 6 months might be a little too long to wait.

We discussed how the MCO’s are going to want Outcomes. Terry said he believes United will have their own set of outcomes. Lisa B reported the Outcomes Work Group is trying to make it so there is one set of Outcomes for MCO’s and Regions that are agreed upon so it’s easier on Providers. There was some hesitancy in whether that would happen.

Rick spoke on behalf of the Governance Board and wanted to know if the money spent for the 2 days was worth it. Everyone thought it was worth the training however Ben didn’t think they got out of the training what they needed. Lisa B went over some of the comments and ratings from the training evaluations. By far the responses were very positive. Some of the negative comments included the sound system, the bathrooms, the room temperature and a few said they would have liked to have more hands on with the actual 5 Star Quality.

Questions included whether or not we can take this training further and get more hands on with it? Would there be someone else who could come to do the training? Are we truly focusing on 5 Star Quality as a Region? Could there be more training for direct staff at least annually if not twice a year? Terry suggested any ideas should be shared with Regional staff.

6. Annual Report

Leisa M reviewed the goals in the Annual Report. Leisa reviewed the outcomes of services in all counties, jail diversion, and family to family support development. We have not accomplished 23 hour observation but Patrick said we need to look at if it's something we really need. You need to have an RN 24/7. Another vision is Permanent Supportive Housing/Transitional Living. Patrick clarified the transitional component is available at the Crisis Home but how that will look right now is not defined. This could be an important discussion with the facilitator. Rick discussed the creation of the letter to legislators to discuss focusing on the levies. Additional outcomes reported included moving individuals out of RCF's beginning with over 20 and now down to approximately 4. None of those individuals re-entered RCF's. Supported Employment grant was a wonderful addition to the FY15 year.

- 7. Date, Time, Location of Next Meeting** – March 24 at 1:30 PM at Sheriff's Office. This could change depending on Strategic Planning and when we could get a facilitator.

Minutes recorded by Lisa Bringle, Coordinator of Disability Services