



Rolling Hills

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Ida * Sac

Governance Board

September 23, 2015 - 2:00 pm

Sac County Support Services, Sac City

Meeting Minutes

1. Call to Order – Chair, Rick Hecht

2. Roll Call of Counties – Introductions

Buena Vista County: Paul Merten

Calhoun County: Scott Jacobs

Carroll County: Neil Bock

Cherokee County: Dennis Busch

Crawford County: Cecil Blum

Ida County:

Sac County: Rick Hecht

Advisory Board Representatives: Pat Laursen

Regional Staff: Dawn Mentzer, Leisa Mayer, Lisa Bringle, Louise Galbraith, Rosie Stotts

Guests: Patrick Schmitz, Melissa Drey, Cindy Wiemold, Ashley Miller, Kari Musselman, Angela Chandler, Kristen Nehring, Jim Coats, Janice Wieland

3. Minutes of Previous Meeting

Motion to approve the minutes of the previous meeting by Dennis Bush. Second by Cecil Blum.

Discussion: none. Motion carried

4. Approval of Agenda

Motion to approve the agenda, amended to include Spencer Hospital bill under new business, by Neil Bock. Second by Scott Jacobs. Discussion: none. Motion carried

5. Old Business

a. Regional Block Grant Funding

Dawn Mentzer requested block grant information from the other regions, and received three responses. The responses were emailed with the agenda.

1. Southwest Iowa – Suzanne Watson: All but one provider in their region were transitioned to fee for service prior to the region. Some of the services are fee for service, and other (such as 24 hour crisis calls) are block granted or funded on a monthly basis.
2. Decatur County - Kathy Lerma: transitioned 2 providers to fee for service. They transitioned over a period of 6 months, and filled in the lost income for 6 months during the adjustments. They have saved money.
3. Heart of Iowa – Darci Alt: In 2007 they transitioned an RCF and a mental health center to fee for service, both went out of business.

Neil Bock thanked Dawn for the research. The information is all over the board, good outcomes and bad. Neil would like to keep fee for service in mind for transition down the road. Once the organizations /providers get going (start-up fees are taken care of) fee for service is fairer. Neil understands that not all services can be fee for service.

Cecil Blum asked if the appropriate time to explore fee for service would be during budget time. Also, we would have to pick and choose as not all services are appropriate for fee for service payments.

Dawn Mentzer reminded the board that fee for service could affect other services provided such as funding to Counseling Services, school based therapy, jail diversion and so forth. We do not have a lot of options, if we lose our mental health center and we wouldn't have a lot of other providers wanting to move into the region to provide those services.

b. Crisis Contract

Dawn Mentzer and Rick Hecht met with Kevin Murray (an attorney in Sac City) about the contract for the Crisis Home. Mr. Murray drafted language that was reviewed by PAMHC attorney and both are advocating the deed be reverted back to the Region and the Region be the property owner. Mr. Murray also recommended working out a triple net lease to cover the Region and PAMHC. He also looked over the 28e and 28E rules to verify that the Region could be the deed holder. Mr. Murray is not wanting to charge for his services, however, Dawn and Rick believe the Region should pay him.

Discussion: Neil Bock agrees with the process. The home should be tax exempt once it is owned by the Region. Rick Hecht will work with the Sac County assessor on tax exemption. Cecil Blum believes Roger Sailer would agree with Mr. Murray's recommendation and processes.

Dawn Mentzer and Rick Hecht will proceed with the attorneys to draft the documents and have the board discuss and approve next month.

c. Crisis Stabilization Services Update – Plains Area Mental Health Center

Ashely Miller has been hired as the Crisis Home Program Director. Ashley comes with nursing home and inpatient acute care facility background and has completed her master's degree. She started about two weeks ago and is working on policies and procedures and will be touring other programs and gaining information.

The home is coming along nicely, finalizing the furnishings, dishes, linens and so forth. They will be working with a dietitian to develop healthy meal plans. The back deck and porch/laundry room project should start next week. Looking at a November 1st start date or if it takes longer for staff to be hired and trained possibly December 1st. Ashley will start to meet with providers and stakeholders about admissions procedures, transportation and so forth. There will be informational meetings and tours of the home before it opens.

6. New Business

a. Medicaid Managed Care Organizations

Dawn Mentzer reported on information that has been shared with the CEO's of the regions as well as her involvement with the sub-committee that is working with the MCO's. At this point, she is unsure what direction it will take. Regional staff and several area Case Managers attended a meeting with DHS concerning the transition into managed care. Each of the four MCO's had representatives there. It was very unclear what the future of Targeted Case Management will be. Staff visited with two of the MCO's and neither was able to say if case management will be contracted out or be provided "in house", they were both very vague in their responses. There will be a cost settlement for 2016 and then for FY'17, there will be a fee set at a floor level, and TCM agencies will have to negotiate a higher rate if the MCO's continue to contract for the service.

Kari Musselman has received one contract, one MCO should be sending a contract and the other two have not responded to her inquiries.

Providers reported that wrong contracts have been sent, no rates are set, and all providers are in the same situation.

DHS will establish a new department for oversight and another company has been hired to provide independent oversight.

The RFP rates as of December 31st will be the floor, and providers could negotiate a higher rate.

Lisa Bringle is worried about the requirements that have to be met especially credentialing. Another large concern is working with 4 MCO's who will each have their own requirements for paper work and billing processes, small agencies may not be able to manage them.

b. Kristin Nehring, Home Care Options –Supported Employment Update

Kristin Nehring provided an update to the Board on the progress of the supported job development program and how the Regional dollars have been spent. Home Care Options began the application process for Medicaid reimbursement of Supported Employment in January 2015 and IME has not approved them yet. HCO has hired a job development coordinator who has worked in the industry and has a business and marketing background. Kristen told of two placements that have been made (without funding). First, a person is now working over 30 hours per week with an hourly salary over \$9 per hour. This business in Carroll has decided to do their own coaching and is coordinating with HCO. The employee is doing very well and is successful. The second person has been hired by Iowa DOT, working part time at over \$8 per hour. The employee is doing cleaning and the DOT is pleased as well. HCO is working with other clients who want to find jobs and they are starting on the applications. HCO has received a lot of interest from case managers who have clients in mind for the program.

c. HIPAA policies

The Region needs to draft HIPAA policies. Leisa Mayer has been designated to attend HIPAA trainings, but the rest of the staff will also attend. Regional staff met last week and went over the Calhoun policies. It is important to have HIPAA in place to protect the Region. The Region needs a privacy officer, a security officer, a compliance officer or committee. Dawn could be the privacy officer and suggested Buena Vista County IT personnel for the security officer. Dawn Mentzer and Paul Merten will visit with the Buena Vista County IT department. Once the policy and all other needed documents are in place they will be sent to the board and placed on the agenda for approval.

7. Spencer Hospital Bill

An individual from Buena Vista County was committed and sent to the Spencer Hospital behavioral care unit. The person should have been presumed eligible for Medicaid, however Spencer Hospital did not complete the process. Spencer Hospital has billed for the full cost of services and will not allow other our region to piggyback onto the host county/region contract. Spencer Hospital does not want to contract with regions outside of their area. The only mandate we have to pay for inpatient hospitalizations is at the MHI's, there is no legal basis for payment to Spencer Hospital without a contract in place.

Dawn Mentzer emailed all the information to Roger Sailer and is awaiting a response.

Discussion: Rick Hecht believes if they didn't fulfil their obligation they should not expect payment. Neil Bock is interested in Roger Sailer's opinion.

Dawn would like to make an appointment with Roger Sailer to go over the documentation and talk through the situation, and then Roger can respond to Spencer Hospital.

Scott Jacobs believes the Region should not pay unless Roger says to, then see if we can contract for the future.

Paul Merten responded that the Region should not pay the full amount, willing to wait for Roger.

Dennis Bush concurs with everyone else.

Cecil Blum stated that if it is a one-time deal the Region should pay a reduced rate out of courtesy.

Neil Bock made a motion for the CEO to seek further advisement concerning the Spencer Hospital bill with Roger Sailer, and deny payment if recommended. Second by Paul Merten. Discussion: none. Motion carried.

8. Schedule next meeting – October 28, 2015 at 2:00p.m.

Motion to adjourn meeting at 3:19 pm by Cecil Blum. Second by Dennis Bush. Motion carried.