



# Rolling Hills

## Community Services Region

Buena Vista \* Calhoun \* Carroll \* Cherokee \* Crawford \* Ida \* Sac

### Governance Board

August 26, 2015 - 2:00 pm

Sac County Support Services, Sac City

### Meeting Minutes

**1. Call to Order – Chair, Rick Hecht**

**2. Roll Call of Counties – Introductions**

Buena Vista: Paul Merten

Calhoun: Scott Jacobs

Carroll: Neil Bock

Cherokee: Dennis Bush

Crawford: Cecil Blum

Ida:

Sac: Rick Hecht

Advisory Board Members: Pam Haberl, Pat Laursen

Regional Staff: Dawn Mentzer, Leisa Mayer, Lisa Bringle, Louise Galbraith, Rosie Stotts

Guests: Patrick Schmitz, Melissa Drey, Clay Adams, Maggie Johnson, Kelsey Hood, Morgan Stoddard, Angela Chandler, Karla Manternach, Joleen Schmit, Nancy Seavert

**3. Minutes of Previous Meeting**

*Motion to approve the minutes of the previous meeting by Dennis Bush. Second by Cecil Blum.*

*Discussion: none. Motion carried.*

**4. Approval of Agenda**

Motion to approve the agenda as presented by Neil Bock. Second by Scott Jacobs.

Additions/changes to agenda: Neil Bock would like to discuss Case Management under item 5 (b)

Motion carried.

**5. Old Business**

**a. FY'15 Financials**

Dawn Mentzer provided a financial spreadsheet with the following data for FY15:

FY'15 Per Capita:	\$4,370,116
Misc. County Rev.:	<u>\$20,818</u>
Total County Revenue	\$4,390,934
Equalization	\$376,192
SSBG(SPP)	<u>\$95,348</u>
<b>Total funds Available</b>	<b>\$4,862,474</b>
Actual Expenditures prior to accrual:	<u>\$2,362,065</u>
<b>FY'15 Fund Balance</b>	<b>\$2,500,409</b>

The spread sheet is based on a \$35.00 per capita contribution from the counties, and projects out to FY2021.

Dawn also provided an expenditure report from 7/1/14 thru 6/30/15.

Neil Bock asked what changes may come this year as far as increases or decreases in expenditures. Dawn stated that it provider rate increases were granted (3% for all but PAMCH) and crisis services would be small increase, however, no other major changes are anticipated unless they come forth later in the form of provider requests.

**b. DHS recommendation regarding staff salary Chart of Account code**

Dawn Mentzer reminded the Board that coordinator salaries are expensed under 21375, which is a service management item, not administrative. DHS has changed opinions as to this procedure, first saying it was permissible and then recommending that it be an administrative number. Changing the coordinators to administrative fund codes would greatly increase the administrative budget. Dawn recommends keeping the coordinator salaries under 21375 and that it needs to be reflected in the minutes.

Paul Merten asked if there are any consequence to paying it this way. Dawn stated there is not an official notice from DHS and there should not be any penalty.

*Paul Merten made a motion to continue to fund the coordinator salaries under COA Code 21375 as it is currently. Second by Cecil Blum. Motion carried.*

**c. Regional Block Grant Funding**

Dawn Mentzer presented a list of block grants by regions. Some block grants are for ongoing services while others are for startup costs of new services. Not all regions responded to Dawn's request.

Neil Bock clarified that he was interested in knowing who was using fee for services, for what services, at what cost, and how it was going. Neil would like to move to fee for services once programs are going, but understands that not all services would be appropriate for this. Dawn will request this information from the other regions and will

compile a new listing. Cecil Blum commented that it would be a tool to judge the costs of our services.

**d. Crisis Contract**

Roger Sailer provided opinions concerning purchase of the Crisis Home, which opened a discussion concerning the Region being the mortgage holder of the property versus a contract/agreement with Plains Area Mental Health Center. Patrick Schmitz drafted a contract/agreement that he forwarded to PAMHC's attorney. The agreement would address the potential proceeds of the home if it is ever sold, and/or the transfer to another agency if PAMHC no longer provides the service. Cecil Blum is concerned that a contract may not protect all the interests of the Region as a mortgage would. Cecil Blum would like the Region to consult with an attorney that deals with real estate, and would like this resolved prior to the start of the service. Neil Bock recommended that Patrick Schmitz send their attorney a note concerning a mortgage vs. contract. Rick Hecht noted that the proposed language in Patrick Schmitz's contract appears to clearly identify how the property should be handled and that it should be sent to an attorney for the Region for review/consideration.

*Neil Bock made a motion to authorize the Chair and CEO to move forward with hiring an attorney to draw the appropriate document. Second by Cecil Blum. Discussion: none. Motion carried.*

Rick Hecht suggested Sac area attorney, Kevin Murray as he specializes in real estate transactions. Rick and Dawn will try and set an appointment with Kevin Murray or another qualified attorney.

**e. Crisis Stabilization Services Update – Plains Area Mental Health Center**

Patrick Schmitz provided an update on the progress at the crisis home. The house has been purchased, and the inside is being painted, decorated and furnished. Obtaining a contractor for outside work, painting and moving the laundry room, creating a downstairs bedroom, and work on the back deck, has been difficult. A contractor has been secured, as of yesterday, and can start on October 1, 2015 if not before and finish by the end of that month. Patrick has invited the Board members, Regional staff and guests for a tour of the home following the meeting today. Electrical work has been done, waiting for a water heater. PAMHC has hired Ashley Miller as the Program Director of the home, and will start September 8<sup>th</sup>. Once she is through training, additional staff will be hired. Melissa Drey will be working with Ashley and she will be getting out to referral/access points in the region (hospitals, law enforcement and so forth) to market the service on a wide basis.

## 6. New Business

### a. Wesco contract

Clay Adams requested the following increases for services we fund as well as services provided to those outside of our region: Supported Employment and Supported Community Living: 3%, Work Services : 10%, Adult Day Care: 5%, Day Habilitation: 8%, RCF-ID: 5% All requests are under the actual costs of services.

*Motion to approve and for the chair to sign the Wesco Contract by Cecil Blum effective August 1, 2015. Second by Neil Bock. Aye: Cecil Blum, Neil Bock, Rick Hecht, Scott Jacobs, Dennis Bush. Nay: Paul Merten. Motion carried 5-1. Motion carried.*

### b. Medicaid Managed Care Organizations

DHS awarded the RFP's for managed care to Amerigroup, AmeriHealth Caritas Iowa, UnitedHealth Care, and WellCare. Dawn Mentzer provided a handout highlighting the areas of the 4 proposals pertaining to case management services. It appears that the providers will be providing case management services internally.

Rick Hecht – how do we know which company will work with our individuals?

Individuals will assigned to a managed care company. Dawn believes we will see a TCM case-loads starting to diminish in January 2016. Dawn is participating in a sub-committee of Regional CEO's that will be meeting with the MCO's concerning services that regions fund, and to ensure that there is open communication between the regions/MCO's and a smooth transition for individuals to the MCO's Targeted Case Management. We want to make sure that case managers are considered for employment with the agencies.

Neil Bock questioned if DHS TCM is affected by this and Dawn confirmed that all case management agencies are affected. Neil has read a report that an estimated 4,000 individuals in Carroll county receive Medicaid services in some form. This will have a large impact on agencies and individuals.

Patrick Schmitz stated that the MCO's have to contract with Medicaid providers, and there may be an open enrollment period so people can change MCO's if needed. Also, contracts between the State of Iowa and the MCO's are to be completed by September 11, 2015. Pat Laursen asked what happens if TCM's leave their jobs prior to transition, who will take care of the individuals. Pat also pointed out that rates are supposed to be gaurenteed for 2 years if in place prior to December 31, 2015, so providers may come to the Region for increases.

Angela Chandler is concerned that letters will be sent to individuals concerning the changes and they may not have people to help them understand what it is about.

### c. Family to Family Education – Calhoun County Public Health

Dawn Mentzer invited Joleen Schmit and Nancy Seavert who are our Regional Family to Family coordinators to present an update to the Board. Joleen and Nancy are staff of Calhoun County Public Health. Calhoun County Public Health funded their training and

the first 12 week class in Calhoun County. As of July 1, 2015 the region will be taking this cost over as it is a core service. Joleen and Nancy gave an overview of the 12 week class/training for lay support for families/care givers of individuals with mental illness. The classes teaches participants how to support the person with mental illness, advocate when needed, basic medication overview, treatment options, setting boundaries, as well as caregiver support. The first training was in Calhoun County, in which 7 people participated and completed the course. The participants bonded and encouraged each other and have now formed an informal support group. Participants also can become members of NAMI and have access of their website for additional support. It is a large commitment, 12 weeks of 2 hour classes. Next class starts in September and will run through November. Paul Merten asked if Joleen and Nancy can train others to teach the classes? Hopefully in the future train the trainer classes will take place.

**7. Schedule next meeting – September 23, 2015 at 2:00p.m.**

*Motion to adjourn at 3:36 pm by Dennis Bush, second by Cecil Blum. Carried*