

Community Services Region

Buena Vista * Calhoun * Carroll * Cherokee * Crawford * Ida *Sac

January 29, 2015 3:00 pm Sac County West Annex

Advisory Board Minutes

- 1. Call to Order Patrick Schmitz, Chair
- Introductions Those in attendance: Pam Haberl, parent; Rosie Stotts, County Social Worker; Melissa Drey, Plains Area Mental Health Center; Belinda Mikkelson, DHS; Patrick Schmitz, Plains Area Mental Health Center; Lisa Bringle/Louise Galbraith/Leisa Mayer/Dawn Mentzer, RHCS Region; Paul Merten, Governance Board; Maggie Johnson, Ida Services; Pat Laursen, Howard Center; Rhonda Mart, New Hope Village; Sandy Pingel, Genesis Development
- 3. Advisory Board Membership Sac County Representative/Two Cherokee County Representatives Dawn Mentzer is contacting a family member from Sac County that may be interested to serve from Sac. Lisa Bringle has Cindy Lauritsen, a consumer, and Calvin Carver as a provider representative. The Governance Board will appoint the new representatives at their next meeting.

4. Regional Updates – Dawn Mentzer, CEO

a. Cherokee County

Cherokee County came into the Region effective January 1, 2015. The plans and budgets have been updated and are posted on the Buena Vista County website.

b. ID Waiver Waiting List

Due to the deficit in Medicaid, there was a hold on waiver slots, which has now turned into a waiting list effective January 1, 2015. Dawn Mentzer provided history and information. The expectation is that the Regions will fund services that are on the core service list, at 100% cost while the person is on the waiting list. Dawn has requested that TCM's look at needs vs. wants as it will make a large impact on the Regional budget, and could hinder the development of new services.

Dawn asked the Advisory Board what direction the Board would like to take. Iowa Code 331.379 outlines the process of funding if a person is placed on a waiting list for ID Waiver. It implies that Regions have to fund services if funds are available, unless the person is placed on a waiting list for funding. *We need an opinion if the waiting list for funding is referring to a Regional waiting list. Dawn Mentzer will seek an opinion for an attorney.*

DHS is requiring Regions to use the SIS evaluation process that will not be ready to be implemented soon enough. Leisa Mayer suggested a workgroup be established to create an evaluation/assessment to help determine services for those on the ID Waiver waiting list. This would help to avoid making arbitrary decisions on who is appropriate for what services and funding from the Region.

Dawn Mentzer will send an email to the Advisory Board members asking for volunteers to serve on the workgroup to draft an assessment. The group would be open to input from more than just Advisory Board members. Dawn will suggest date and time to meet. Rosie Stotts and Maggie Johnson volunteered at the meeting.

Paul Merten would like a recommendation from the Advisory Board to the Governance Board concerning the budget impact, to assist the board in making decisions to go forward with new services or not. Dawn – recommendation on funding for next year and service development, before the next Governance Board meeting on February 26, 2015.

Dawn suggested a workgroup to work draft a recommendation to the Governance Board. Rhonda Mart and Patrick Schmitz volunteered for the recommendation workgroup and Dawn will contact others not at the meeting. Dawn will also provide funding and budget information along with any historical information the workgroup may need. The workgroup will meet on February 24, 2015 at 10:00 am.

5. Task Force Updates

a. Calhoun County

Patrick Schmitz updated the board on the progress of the task force. Counseling Services is now in Calhoun County and providing services one day per week and willing to add additional time as needed. PAMHC is working on having an ARNP on site 2 times per month and an ARNP via tele-health by March 2015.

Leisa Mayer present the NAMI peer education program for family members of adults living with mental illness training that will be provided. Training starts March 5, 2015 and will last 12 weeks. They hope to have 6-15 people attend the training. They are open to holding trainings in other areas.

b. Peer/Family Support – Karen Whiteing, Kim Keleher

PAMHC opened a drop in center in Denison. It will be a peer run clubhouse and two peers have been hired. PAMHC has a peer support specialist that is seeking certification to provide training.

c. Jail Diversion -

Meeting on monthly basis. Sac County Sheriff, Ken McClure has been an integral part of the group. The Dallas County program has been visited by the Region. The task force identified post-booking as the way to start. Crawford County is willing to start as a pilot program. We will be setting up a meeting with the Crawford County Attorney for his consultation.

d. Crisis Stabilization

Provide a centrally located home in the region. Providers have been requested to provide a letter or proposal to the Region of what the service would look like, potential cost and so forth.

i. Waterloo 10 Bed Facility – Patrick Schmitz/Melissa Drey

ii. Appanoose County Tour – Leisa Mayer/Louise Galbraith

Region staff toured the Appanoose County program. It is a 4 bed home in the community and it has been very successful. Person receive support services for 3-5 days in a home setting

Date and time of next meeting:

April 9th at 3:00 pm at the Sac County Annex Minutes recorded by Louise Galbraith